Foster Care Agency Reorganization Drives Mental Health Dialogue

As usual, there continues to be significant activity surrounding mental health issues at the Texas Legislature. Here is a brief list of noteworthy topics that the Federation of Texas Psychiatry is tracking on behalf of the state's psychiatrists.

Last December, a federal judge found Texas' long-term foster care system unconstitutional and ordered a series of reforms. In March, two special masters were appointed to oversee the state's progress in implementing ordered changes. Also in March, the Department of Family & Protective Services Commissioner John Specia announced he would retire from the agency on May 31.

Specia, who has led the agency since late 2012, is a former family law judge and attorney who worked in cases related to foster care. In April, Gov. Greg Abbott appointed Hank Whitman, a former chief of the Texas Rangers, a state law enforcement agency, to replace Specia as the DFPS's new commissioner. The move suggests that Gov. Abbott sees a greater role for a law-enforcement perspective in managing the Texas foster care system and the other functions of DFPS.

News outlets reported that Texas foster care youth stayed an extra 768 days in psychiatric facilities partly because of the state's lack of placement homes for children. In 2009, the number of extra days spent was 10. A lack of capacity is "part of the problem," said a DFPS spokeswoman, saying that a child having mental health issues may go "into a psychiatric hospital and get the help the child needs and it's for the child to be released, and then we have no placement to place that child. The bottom line is we need more foster homes."

DFPS also issued the 2016 iteration of Psychotropic Medication Utilization Parameters for Children and Youth in Foster Care. These parameters are designed to provide physicians with the simplicity and flexibility needed in the pre-authorization approval process for treating young people in foster care with psychiatric issues.

A chart prepared by DFPS demonstrated continued declines in the percentage of children in Texas foster care taking psychotropic medications for more than 60 days, class polypharmacy or taking five or more medications. Since 2004, these categories have seen reductions of 48%, 74% and 74%, respectively.

In April, members of the Texas Health and Human Services Transition Oversight Committee met to hear invited testimony and monitor progress of the state's health agency overhaul, approved by the Legislature in 2015. Key lawmakers pushed back on agency reorganization plans proposed by HHSC Commissioner Chris Taylor. Particularly, legislators were concerned about a potential division between Medicaid/CHIP eligibility and community services and the need for an integrated, one-stop entry point for clients.

Members of the Federation expressed apprehension about the proposed organizational charts that separate in-patient and community-based mental health services into separate silos, as well as had undefined roles for the medical directors of the various health care entities. HHSC was asked about workforce shortfalls and access issues, insurance parity, treatment of the veteran and homeless populations, and how the Texas public school systems recognize and address mental health issues.

Dr. Bill Streusand testified before the Select Committee in March about mental healthcare access, observing that with "eight thousand child psychiatrists but 15 million children who need us - the math will never work out." Dr. Streusand discussed the difficulties in treating mental illness outside of an integrated care setting because mental health was intrinsically related to physical health and development, adding, "it's like a symphony orchestra is substituting different instruments and different players while performing at the same time - that's how complex the brain is."

Discussing his frustration with insurance companies and bureaucratic red tape as the main reasons he stopped taking private insurance, Dr. Streusand said that "wrestling with an insurance company for compensation" was a waste of time that could be spent on treatment and also avoided compelled prescriptions as well as treatment schedules which may not meet patient needs.

In 2016, changes to gun statutes have diminished the ability for state mental health hospitals to prohibit guns on their premises. The Federation has engaged more than a dozen key lawmakers and stakeholders, including statewide legislative leadership and gun rights advocates, to find a method to restore the ability of state hospitals to prohibit gun possession in restricted areas through signage and other means. Those discussions have been largely positive, and the Federation is committed to working with interested parties to pass needed legislation in 2017.

For a full list of election information, as well as a summary of recent committee hearings and calendar of upcoming legislative events, please visit my website, www.eric-woomer.com. As always, it is my pleasure to serve the Federation of Texas Psychiatry as your legislative consultant. Feel free to contact the Federation with any questions or concerns you may have about our legislative activities on your behalf.
Membership is available to physicians with a current medical license without restrictions and who have a residency training certificate from an approved psychiatric residency program. Classes of membership include: Member-in-Training, General Member, Fellow (8 years of membership and/or recognized by APA as a Fellow or Distinguished Fellow), Retired Member, and Associate Member (a member in good standing with TSPP). All classes of members shall have voting privileges.

DUES
The Board of Directors establishes annual dues for its members. Current dues structure is as follows:
- Member in Training: $50.00
- General Member: $395.00
- Fellow: $395.00
- Retired Member: $150.00
- Associate Member / TSPP / APA Member in Good Standing: $25.00

The Academy is governed by a Board of Trustees. The Board for FY 2015-16 includes:
- President: Gary Eitter, MD, Fort Worth
- President-Elect: Lynda Parker, MD, Georgetown
- Secretary-Treasurer: Debra Atkinson, MD, Fort Worth
- Immediate Past President (14-15): Conway McDonald, MD, Dallas
- Past President (12-13): Martha Leatherman, MD, San Antonio
- Past President (11-12): T. Clay Sawyer, Waco
- Past President (08-09): Stuart D. Canes, MD, Alpine
- Past President (07-08): Lauren D. Parsons, MD, Wichita Falls
- Past President (05-07): R. Sanford Kiser, MD, Fruitland, CO

Spring Recruitment Drive
Advocates for Patients and Quality Psychiatric Care
Help Strengthen the Voice of Psychiatry in Texas!

Complete and return your membership application with your membership dues during the months of April/May and you will receive special Member Discounted rates for registration at the Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Joint Providership Continuing Medical Education Program May 7, 2016 at the Renaissance Austin Hotel in the Arboretum and the Texas Society of Psychiatric Physicians 60th Annual Convention November 11-13, 2016 at the Marriott Dallas/Addison Marriott Quorum by the Galleria. In addition, TAP members will receive FREE registration at the special Texas Academy of Psychiatry Workshop scheduled for November 11 in Dallas.

Texas Academy of Psychiatry
The Texas Academy of Psychiatry was established in 2004 to provide psychiatrists with a choice of membership in organized psychiatry without a requirement of a dual membership in a national organization.

The purposes and objectives of the Academy are:
A. to promote the common professional interests of its members;
B. to improve the treatment, rehabilitation, and care of the mentally ill, the mentally retarded, and the emotionally disturbed;
C. to advance the standards of all psychiatric services and facilities;
D. to promote research, professional education in psychiatry and allied fields, and the prevention of psychiatric disabilities;
E. to foster the cooperation of all who are concerned with the medical, psychological, social and legal aspects of mental health and illness;
F. to make psychiatric knowledge available to other practitioners of medicine, to scientists, and to the public;
G. to promote the best interests of patients and those actually or potentially making use of mental health services;
H. to coordinate and work in concert with other state professional psychiatric associations on joint public and professional education projects and public policy advocacy; and,
I. to advocate for its members.

TECHAS ACADEMY OF PSYCHIATRY
401 West 15th Street, Suite 675, Austin, Texas 78701
Tel: 512/478-0605; Fax: 512/478-5223; Email: TXPsychiatry@aol.com

MEMBERSHIP APPLICATION
I am applying for membership in the Texas Academy of Psychiatry (Academy), as follows:
- Member-in-Training: I am a physician in a psychiatric residency training program approved by the Residency Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education, the Royal College of Physicians and Surgeons of Canada or the American Osteopathic Association. Annual Dues: $30 first year, $50.00 thereafter.
- General Membership: I am a physician who has completed acceptable psychiatry training (as approved by the Residency Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education or the American Osteopathic Association) and I have a valid license to practice medicine or I have an academic, research or governmental position that does not require licensure. Annual Dues: $250 first year, $395.00 thereafter.
- Fellow: I am a physician who has received the designation of Fellow or Distinguished Fellow from the American Psychiatric Association (APA). Year __________. Annual Dues: $250 first year, $395.00 thereafter.
- Retired: I am a physician who has fully retired from the practice of medicine. Year __________. Annual Dues: $95 first year, $150.00 thereafter.
- Associate Membership: I am a physician who is currently a member in good standing with the Texas Society of Psychiatric Physicians (TSPP), a Branch of the American Psychiatric Association. Annual Dues: $25.00.

1. CONTACT INFORMATION
   Last Name  First Name  Middle Initial  Suffix  Degree
   Mailing Address  City  State  Zip
   Telephone  Fax  Email

2. DEMOGRAPHIC DATA
   The following categories are for statistical purposes only.
   Birthdate  / /  Gender  Female  Male

3. LICENSURE and TRAINING
   Are you licensed to practice medicine in Texas by the Texas Medical Board?  Yes  No Other
   I completed a residency training program in Psychiatry on ________ at ________

Signature  Date

Please return this application along with your dues payment to: TAP, 401 West 15th Street, Suite 675, Austin, TX 78701
Organized Psychiatry In Texas
Description Of Organizations

TEXAS SOCIETY OF CHILD AND ADOLESCENT PSYCHIATRY (TSCAP)
A Texas non-profit corporation established in October 1966 and incorporated in 1967. It is a professional membership organization for physicians who practice psychiatry in the State of Texas and who are dedicated to the care and treatment of mental illnesses in children and adolescents. TSCAP is a Regional Council of the American Academy of Child and Adolescent Psychiatry, a national professional membership organization. TSCAP is independently governed by an Executive Committee elected by members of the organization. TSCAP has approximately 500 members and receives its association management services from the Federation. TSCAP is recognized by the Internal Revenue Service as a 501 (c)(6) organization.

Officers FY 2015-2016:
Chairman – Jodie Trello-Rishell, MD, Dallas
President-Elect – T. Clay Sawyer, MD, Waco
Secretary-Treasurer – Lynda M. Parker, MD, Georgetown
Immediate Past President – Regina K. Cavanaugh, MD, Belton

TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH (Foundation)
Texas non-profit corporation incorporated on December 10, 1991. The Foundation was organized exclusively for charitable, educational and research purposes and is recognized by the Internal Revenue Service as a 501 (c)(3) organization. The Foundation is independently governed by a Board of Directors and has approximately 5,300 members and receives its association management services from the Federation. The Foundation is organized exclusively for charitable, educational and research purposes and is recognized by the Internal Revenue Service as a 501 (c)(3) organization.

Officers FY 2015-2016:
President – Debra Atkinson, MD, Fort Worth
Vice Chair for Education – Bridgette Bailey, MD, San Antonio
Vice Chair for Public Policy – J. Clay Sawyer, MD, Waco
Secretary-Treasurer – Lynda M. Parker, MD, Georgetown
Immediate Past Chair – Regina K. Cavanaugh, MD, Belton

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS (TSPP)
A Texas non-profit corporation established in May 1956 and incorporated on March 18, 1963. It is a professional membership organization for physicians who practice psychiatry in the State of Texas. TSPP is a D istrict B ranch of the American Psychiatric Association, a national professional membership organization. TSPP is independently governed by an Executive Council composed of members of the organization. TSPP has approximately 1,200 members and receives its association management services from the Federation. TSPP is recognized by the Internal Revenue Service as a 501 (c)(6) organization.

Officers FY 2015-2016:
President – Daniel B. Pearson, III, MD, Dallas
President-Elect – Daryl K. Knox, MD, Houston
Secretary-Treasurer – Terry C. McMahon, MD, Lubbock
Immediate Past President – Mark S. Jacobs, MD, Houston

Not A Member Of Your State Medical Specialty Professional Society?
JOIN YOUR COLLEAGUES TODAY!

For membership in the Texas Society of Psychiatric Physicians and American Psychiatric Association
Visit www.psych.org to download a dual membership application or Contact: www.tsspofc@aol.com

For membership in the Texas Society of Child and Adolescent Psychiatry and American Academy of Child and Adolescent Psychiatry
Visit www.aacap.org to download a dual membership application or Contact: www.tscapofc@aol.com

DEDICATED TO PSYCHIATRY

Your consent to settle is required with no arbitration clause.

Our knowledgeable in-house risk managers have handled over 57,000 issues since 1997 on our helpline.

We have managed over 22,000 psychiatric claims – more than any other company in the United States.

PRMS has been dedicated to psychiatry for almost three decades. As a trusted partner to the profession, we are the largest provider of psychiatric professional liability insurance in the U.S. with an impressive 95% client retention rate.

WE PROTECT YOU

WE SUPPORT YOU

WE DEFEND YOU

800.245.3333
TheProgram@prms.com
PsychProgram.com/Dedicated

800.245.3333
TheProgram@prms.com
PsychProgram.com/Dedicated

In California, PRMS is the trade name for Transatlantic Professional Risk Management and Insurance Services, Inc. Transatlantic Professional Risk Management and Insurance Services, Inc. is a licensed entity. In California, PRMS is the trade name for Transatlantic Professional Risk Management and Insurance Services, Inc. Transatlantic Professional Risk Management and Insurance Services, Inc. is a licensed entity.
Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry
Spring Committee Meetings, Continuing Medical Education Program
“The Epidemic of Opioid and Alcohol Use Disorders in America Today: What You Need to Know to Understand, Identify, Assess and Treat (or Refer for Treatment) These Problems in Your Patients”
May 6-8, 2016 • Renaissance Austin Hotel at the Arboretum • Austin, Texas

FRIDAY, MAY 6
5:00 pm - 9:00 pm Registration, Lobby Registration
5:00 pm - 7:00 pm TSACP Executive Committee & Guest Speaker
6:00 pm - 8:00 pm TSPP/TSACP Executive Committee Meeting
7:30 pm - 10:30 pm Resident-Fellow Member in Training Meeting – TBD

SATURDAY, MAY 7
7:00 am - 9:00 am Breakfast Meeting – Room B
7:00 am - 9:30 am Foundation Board of Directors Meeting
7:30 am - 8:45 am Council on Leadership Meetings – Room B
8:00 am - 9:00 am Continental Breakfast – Baloon Room
8:30 am - 9:30 am Retirement Break / Visit with Exhibitors and Door Prize Drawings
9:45 am - 12:45 pm - Overview on Meetings, Meeting Space Contingency for Overflow – Concho
10:00 am - 12:00 pm Professional Practice Management Committee – Frigo
10:10 am - 11:35 am Council on Service Meetings – Baloon Room
10:15 am - 12:30 pm Retirement Break / Visit with Exhibitors and Door Prize Drawings
11:40 am - 12:10 pm Professional Practice Management Committee – Baloon Room
12:10 pm - 1:10 pm Council on Advocacy/Lunch Program – Wooddoo – Baloon Room
1:10 pm - 2:10 pm Council on Education Meetings – Baloon Room

SUNDAY, MAY 8
9:00 am - 11:00 am Executive Council Meeting – Wooddoo – Continental Breakfast and Installation of Officers for 2016-17

Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry
Spring Committee Meetings, Continuing Medical Education Program
May 6-8, 2016 • Renaissance Austin Hotel at the Arboretum • Austin, Texas

REGISTRATION
Please check if you are: APA Fellow, APA Distinguished Fellow, APA Distinguished Life Fellow, APA Life Member, APA Life Fellow

NAME _______________________________ E-MAIL ADDRESS FOR MEETING CONFIRMATION _______________________________

Please check if you are a:        APA Fellow        APA Distinguished Fellow        APA Distinguished Life Fellow        APA Life Member        APA Life Fellow

ONLINE
http://www.txpsych.org

REGISTRATION FEE SCHEDULE – MAY 7, 2016

Before April 18 After April 18
LUNCH $25.00 $25.00
CME PROGRAM, AND DINNER To register by telephone there will be a $7.50 convenience fee charged. To avoid this charge, you may go to the Federation of Psychiatric Physicians and Texas Academy of Psychiatry website at http://www.txpsych.org

TSPP/TSACP Member $125.00 $125.00
MS or Resident-Fellow in Training, TSPP/TSACP Member $55.00 $55.00
Non-Member Physician $150.00 $150.00
Non-Member Resident-Fellow Physician $50.00 $50.00
Allied Health Professional $100.00 $125.00

Total Registration Fees

METHOD OF PAYMENT:
Check, Money Order, Mail Check payable to Texas Society of Psychiatric Physicians
7 Poster Sessions, 7-10 pm, in the Exhibit Hall

CANCELLATION POLICY: In the event of a cancellation, a full refund will be made if written notice is received in the TSPP office by April 18, 2016, less a 25% processing charge. NO REFUNDS will be given after April 18, 2016.

Hotel Reservations:
TSPP has reserved a small block of rooms with a discounted room rate of $119. To take advantage of this rate, visit the Federation of Psychiatric Physicians’ website at www.txpsych.org and click on the URL link included in the announcement/information for the TSPP/TSACP meetings. See the note from the Renaissance Austin Hotel at the bottom of the page.

Hotel Reservations:
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Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry
Spring Committee Meetings and Joint Provider Scientific Program

“The Epidemic of Opioid and Alcohol Use Disorders in America Today: What You Need to Know to Understand, Identify, Assess and Treat (or Refer for Treatment) These Problems in Your Patients”

**SCIENTIFIC PROGRAM SCHEDULE**

**Saturday, May 7 (5 Hours Category 1 Credit)**

<table>
<thead>
<tr>
<th>2:30 pm - 3:30 pm</th>
<th>ETHICS: Risk Management Considerations When Treating Opioid and Alcohol Use Disorders in Your Patients</th>
<th>Ballroom B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Murra Wertheimer, ESQ., RN, CPHRM</td>
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<tr>
<td>Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to:</td>
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<tr>
<td>• Recognize ethical, policy and legal considerations when treating patients with opioid abuse and alcohol use disorders.</td>
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<tr>
<td>• Explore risk management and liability exposures when treating this patient population and identify risk mitigation strategies.</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>3:35 pm - 3:55 pm</th>
<th>Refreshment Break / Visit with Exhibitors and Door Prize Drawings</th>
<th>Ballroom B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carson Tirado, MD, MPH, FABAM, Moderator and Panelist</td>
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<tr>
<td>Byron Adinoff, MD, Panelist</td>
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<tr>
<td>Allison R. Jones, MD, Panelist</td>
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<tr>
<td>William M. Loving, MD, Panelist</td>
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<tr>
<td>Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to:</td>
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<tr>
<td>• Identify patients with opioid abuse / dependence.</td>
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<tr>
<td>• Identify patients at risk for opioid overdose.</td>
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<tr>
<td>• Identify medications useful in the treatment of addiction and demonstrate knowledge of potential improved outcomes of using these medications for addictions.</td>
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<tr>
<td>• Appropriately prescribe antidotes for opioid overdose for use at home, or other non-medical settings, if necessary.</td>
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<tr>
<td>• Appropriately refer patients for needed treatment of opioid abuse / dependence and alcohol use disorders.</td>
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</table>

**CMC PROGRAM GOAL/TARGET AUDIENCE**

This live activity has been designed in a lecture format with case examples and panel format followed by an interactive audience question and answer period to provide its’ primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

The information and data presented will address the professional practice gaps of the learners and advance the physicians’ competence and improve their knowledge of potential pharmacotherapies for the treatment of addictions, recognize ethical, policy and legal considerations in their practice, explore risk management and liability exposures with patients and identify risk mitigation strategies in order to promote the best interests of their patients, and foster cooperation of all who are concerned with mental health and treatment so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

**NEEDS ASSESSMENT**

TSPP identified professional practice gaps in medical literature and incorporated this into the CME activity to address the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

**ACCREDITATION STATEMENT**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

**CREDIT STATEMENT**

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of five (5) AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**ETHICS DESIGNATION STATEMENT**

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did [or did not] have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

**ABOUT THE SPEAKERS**

**BRYON ADINOFF, MD**

Professor and Distinguished Professorship in Drug and Alcohol Abuse Research
Department of Psychiatry
University of Texas Southwestern Medical Center
Dallas, Texas
Chief of the Division on Addictions
University of Texas Southwestern Medical Center
Dallas, Texas
Staff Psychiatrist
VA North Texas Health Care System
Dallas, Texas

**ALISON R. JONES, MD**

Staff Psychiatrist
Substance Abuse Treatment Program
Central Texas Veterans Health Care System
Austin, Texas
Founding Board Member and Current Presiding Officer
Texas Physician Health Program

**WILLIAM M. LOVING, MD**

Medical Director
Texas Star Recovery Program
Private Practice, Psychiatry
Austin, Texas
Professor
Texas A&M Health Science Center College of Medicine
Bryan, Texas

**CARLOS TIRADO, MD, MPH, FABAM**

Consultant in Pharmaceutical Medicine
US World Meds
Medical Director and Director of Clinical Innovation,
"The Right Step - Hill Country"
Board Member and Chair of Clinical Advisory Panel
SIMS Foundation
Advisory Board Member
CareFlash
Assistant Professor
University of Texas Southwestern Medical Center
Austin, Texas
Program Consulting
The Betty Ford Foundation, Seton Family of Hospitals,
Behavioral Health Group, Austin Community Care Collaborative
and Travis County
Austin, Texas

**MOIRA WERTHEIMER, ESQ., RN, CPHRM**

Assistant Vice President
Psychiatric Risk Management Group
AVAC Services Company
Member Company of Allied World
Farmington, Connecticut
President
Connecticut Society of Healthcare Risk Managers
TSCAP Annual Convention & Scientific Program
“Navigating the Perils of Childhood”
July 22-24, 2016 • Westin Riverwalk Hotel • San Antonio, Texas

**MEETING LOCATION**
TSCAP’s Annual Convention and Scientific Program will be held at the Westin Riverwalk Hotel, recently honored as one of the World’s Best Places to Stay by Conde Nast Traveler’s acclaimed Gold List. Located at 420 W. Market Street, the banks of the Mission Reach of the West Riverwalk, San Antonio Hotel features an on-site restaurant, bar, coffee shop, Woodhouse Spa services, WestinWORKOUT® fitness center, and a full-service business center, as well as Westin’s staff’s dedicated and enthusiastic amenities in all of the luxurious guest rooms.

The Westin Riverwalk offers guests direct access to one of the most charming and beloved Texas destinations, the San Antonio Riverwalk. Whether you set out on foot or, by the water taxi that picks up right outside the hotel, the hotel’s location overlooking the River Walk invites you to explore the myriad restaurants, shops and entertainment venues that line the banks of the San Antonio River as it winds through the city.

Wander a bit further and you’ll discover rich sites of culture and the arts. Breathe in some Texas history at The Alamo and the Spanish Governor’s Palace, stroll through Market Square and La Villita, San Antonio’s historic arts village, or sip a cold microwine at the Historic Pearl Brewery. The hotel is also within easy reach of the cutting-edge Blue Star Arts Complex. Great family attractions, including the San Antonio Zoo and Six Flags Fiesta Texas, are just short trips from the hotel.

**HOTEL RESERVATIONS**
Special TSCAP discounted room rates are available to program registrants **BEFORE JUNE 14**. Make your hotel reservation today by calling Central Reservations at 1-888-627-8996 or visit [www.txspsych.org](http://www.txspsych.org) and click on the following link in the TSCAP Program Information: [https://www.starwoodmeeting.com/StarGroups/Web/resize=160145389&key=DA905CE](https://www.starwoodmeeting.com/StarGroups/Web/resize=160145389&key=DA905CE)

TSCAP discounted rates: $199 Traditional King City Side / $199 Traditional Double-Double City Side $210 King Deluxe Riverside / $224 Deluxe Double-Double Riverside Discounted valet parking available for TSCAP meeting registrants and guests July 20-24 at the rate of $25.00, or a self-parking lot is available across from the hotel.

**OPENING WELCOME RECEPTION WITH EXHIBITORS**
Make plans to attend the complimentary festive Fiesta Welcome Reception with Exhibitors on Friday evening, 6:30 pm – 8:30 pm, Navarro B Room, Ballroom Level. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

**EXHIBITS**
TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks will be held in the Navarro B Room, Ballroom Level of the Westin Riverwalk Hotel. Exhibits will be open throughout the evening, Friday and all day Saturday. Provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

Welcome Reception Friday – 6:30 – 8:30 pm Continental Breakfast Saturday - 7:30 am – 8:30 am Refreshment Break and Door Prize Drawings Saturday - 10:30 am – 10:50 am Refreshment Break and Door Prize Drawings Saturday - 11:50 am – 12:10 pm Refreshment Break with Exhibitors and Door Prize Drawings Saturday - 1:50 pm – 2:30 pm Exhibitors Tear Down and Depart Saturday - 3:00 pm – 4:00 pm

**ANNUAL MEETING BREAKFAST**
The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am – 8:45 am in the Navarro B Room, Ballroom Level.

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**SCIENTIFIC PROGRAM REGISTRATION**
(Includes Scientific Program, B/W Slideshows, Saturday Lunch-During Resident Case Presentation, Saturday & Sunday Refreshments, Exhibits)

- **TSCAP Member** $195 $215
- **Non-Member** $250 $270
- **Non-Member/Guest** $200 $225
- **TSCAP Member Trainee** $15 $30
- **Non-Member Trainee** $25 $50
- **Medical Student** $5 $15
- **Non-Members/Guests/Spouse/Child** $20 $25

**SOCIAL EVENTS**
- **Friday Welcome Reception**
- **Sunday Membership Business Breakfast**

**MEETING SYLLABUS ORDER**
- **Color Printed Copy** $75 $100
- **Black & White Copy** FREE FREE

**Vegetarian Plate Requested. No additional fee if requested prior to June 15, otherwise there will be an additional fee of $15.00.**

If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail at info@texaspsych.org.

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**PAYMENT INFORMATION**
Check or the Amount of $ .

Make Checks Payable to Texas Society of Child and Adolescent Psychiatry

[Check 1] ____________

To: [VISA] [MasterCard] [American Express]

Card: ____________ Exp: ____________

3 Digit Code on Back of Card: ____________

Signature: ____________

If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail at info@texaspsych.org.

**TOTAL REGISTRATION**

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**CANCELLATIONS**

Deadline for cancellations is June 14, 2016. In the event of cancellation, a full refund of the monies received will be issued by the TSCAP office by June 14, 2016, less a 25% handling charge. No Refunds will be given after June 14, 2016.

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**GENERAL INFORMATION**

**PROGRAM AT A GLANCE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday, July 22</td>
<td>12:00 pm - 8:30 pm</td>
<td>Registration</td>
<td>(Friday Only) Hotel Lobby</td>
</tr>
<tr>
<td>Sunday, July 23</td>
<td>7:00 am - 4:30 pm</td>
<td>Registration</td>
<td>(New Location) Navarro Pre-Function</td>
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<td></td>
<td>7:15 am - 8:00 am</td>
<td>Continental Breakfast</td>
<td>Navarro B, Ballroom Level</td>
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<tr>
<td></td>
<td>8:00 am - 2:45 pm</td>
<td>Scientific Program</td>
<td>Navarro A, Ballroom Level</td>
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<tr>
<td></td>
<td>10:30 am - 10:50 am</td>
<td>Refreshment Break and Door Prize Drawings</td>
<td>Navarro B, Ballroom Level</td>
</tr>
<tr>
<td></td>
<td>11:50 am - 12:10 pm</td>
<td>Refreshment Break and Door Prize Drawings</td>
<td>Navarro B, Ballroom Level</td>
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<td></td>
<td>1:10 am - 1:30 pm</td>
<td>Refreshment Break and Door Prize Drawings</td>
<td>Navarro B, Ballroom Level</td>
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<td></td>
<td>3:00 pm - 4:00 pm</td>
<td>Exhibits Tear Down and Depart</td>
<td>Navarro A, Ballroom Level</td>
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<tr>
<td>Sunday, July 24</td>
<td>7:00 am - 1:00 pm</td>
<td>Registration</td>
<td>Navarro Pre-Function</td>
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<tr>
<td></td>
<td>7:45 am - 8:45 am</td>
<td>TSCAP Annual Meeting Business and Breakfast</td>
<td>Navarro B, Ballroom Level</td>
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<td>8:45 am - 12:30 pm</td>
<td>Scientific Program</td>
<td>Navarro A, Ballroom Level</td>
</tr>
<tr>
<td></td>
<td>10:15 am - 10:30 am</td>
<td>Refreshment Break</td>
<td>Navarro A, Ballroom Level</td>
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TSCAP Annual Convention & Scientific Program
“Navigating the Perils of Childhood”
July 22-24, 2016 • Westin Riverwalk Hotel • San Antonio, Texas

SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 23 (3 Hours Category I CME Credit Hours)
8:00 - 8:30 am Welcome & Opening Remarks
8:30 - 9:30 am KEYNOTE: Sexting, Cyberbullying and Adolescent Health Jeff R. Temple, Ph.D.
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Describe current practice pharmacologic recommendations for child and adolescents with autism.
9:30 - 10:30 am Psychopharmacology’s Role in the Management of Autism Melissa S. DeNoyers, M.D.
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Assess the impact and need for treatment of minors exposed to sex trafficking.
10:30 - 10:45 am Refreshment Break
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Explore risk management and liability exposures when using telepsychiatry with patients.
11:50 - 12:10 am Refreshment Break
12:10 - 1:10 pm Resident Case Presentation and Faculty Discussant: Co-therapy with a Complex Adoptive Family Adina Campbell, M.D.
Faculty: Brigitte Bailey, M.D.
1:30 - 1:50 pm Refreshment Break
1:30 - 2:30 pm Sex Trafficking of Domestic Minors Brigitte Bailey, M.D.
Connie Zajicek, M.D.
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Identify ways to utilize psychotherapy during medication appointments.
2:30 - 2:45 pm Closing Remarks

Sunday, July 24 (3 Hours Category I CME Credit Hours)
8:45 - 9:15 am Welcome & Opening Remarks
9:15 - 10:15 am ETHICS: Overcoming Barriers to Implementation in Telepsychiatry Mona Werthermeier, Esq., RN, CPHRM
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Describe current practice pharmacologic recommendations for child and adolescents with autism.
10:15 - 10:30 am Refreshment Break
10:30 - 11:30 pm ETHICS: Providing Quality of Care to Children: Meeting Your Professional Responsibilities in the Face of Pre-Authorizations and Formulary Changes Emilee Atwell Becker, M.D.
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Meet the professional responsibilities in the face of pre-authorizations and Formulary Changes and establish ways to provide the best care for their patients despite insurance limitations.
11:30 - 12:30 pm Making Add-On Psychotherapy Really Mean Something Joseph Blader, Ph.D.
Meadows Foundation & Semp Russ Professor of Child Psychiatry Departments of Psychiatry and Pediatrics University of Texas Health Science Center at San Antonio San Antonio, Texas
William Lee, M.D.
Child and Adolescent Psychiatry Resident - 2nd Year UTHSCSA Galveston, Texas
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Explore professional, boundary and safety and security considerations as well as general standard of care issues when using telepsychiatry.
• Explore risk management and liability exposures when using telepsychiatry and identify risk mitigation strategies.
3:00 - 4:00 pm Panel Discussion

ABOUT THE SPEAKERS

David L. Atkinson, M.D.
Assistant Professor
Department of Psychiatry
UT Southwestern Medical Center
Dallas, Texas

Brigitte Bailey, M.D.
Program Director Child and Adolescent Psychiatry
Associate Professor
UTHSCSA Department of Psychiatry
Child and Adolescent Division
Medical Director
KCI Childrens Shelter Residential Treatment Center, SAT
Co-Director of Psychiatric Services, Texas Youth Commission, SAT
Medical Staff, The University Hospital Systems
Faculty Physician, The Child Guidance Center
San Antonio, Texas

Emilee Atwell Becker, M.D.
Mental Health Medical Director
Texas Medicaid and CHIP Program
Austin, Texas

Joseph Blader, Ph.D.
Meadows Foundation & Semp Russ Professor of Child Psychiatry
Departments of Psychiatry and Pediatrics
University of Texas Health Science Center at San Antonio San Antonio, Texas

Adina Campbell, M.D.
Child and Adolescent Psychiatry Resident - 2nd Year
UTHSCSA San Antonio, Texas

Melissa S. DeFilippis, M.D.
Assistant Professor
Department of Psychiatry
Director, Child and Adolescent Division
UTHSCSA Galveston, Texas

William Lee, M.D.
Child and Adolescent Psychiatry Resident - 2nd Year
UTHSCSA San Antonio, Texas

Jeff R. Temple, Ph.D.
Associate Professor and Psychologist
Director, Behavioral Health and Research Department of OB/Gyn
UTHSCSA Galveston, Texas

Moirra Werthermeier, Esq., RN, CPHRM
Assistant Vice President
Psychiatric Risk Management Group
AHC Services Company
Member Company of Allied World
President
Connecticut Society of Healthcare Risk Management
Farmington, Connecticut

Connie Zajicek, M.D.
Assistant Professor of Psychiatry
Department of Psychiatry and Behavioral Sciences
UTHSCSA Child and Adolescent Division
Medical Staff, Harris County Psychiatric Center
Houston, Texas

ACCREDITATION STATEMENT
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

CREDIT STATEMENT
The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT
The presentation “ETHICS: Overcoming Barriers to Implementation in Telepsychiatry” and the presentation “ETHICS: Providing Quality of Care to Children: Meeting Your Professional Responsibilities in the Face of Pre-Authorizations and Formulary Changes” have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/PROGRAM OBJECTIVES
This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions. The program is designed to provide its’ target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT
TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

FACULTY AND PLANNERS DISCLOSURE POLICY
In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity. TSP will disclose to learners the existence (or non-existence) of all relevant financial relationships that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

APRIL/MAY 2016
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Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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Federation Executive Committee

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TxsPsychiatry@aol.com (E-mail)
http://www.txpsych.org (website)

CALENDAR OF MEETINGS

MAY

6-8 Texas Society of Psychiatric Physicians
and Texas Academy of Psychiatry
Spring Meeting and CME Program
Renaissance Austin Hotel, 9721 Arboretum Blvd., Austin
Reservations: 800-468-3571 Prior to April 18
Room Rate $159
For Additional Information: www.txpsych.org
or email tsppofc@aol.com

JULY

22-24 Texas Society of Child and Adolescent Psychiatry
Annual Convention and CME Program
Westin Riverwalk Hotel, 420 West Market Street, San Antonio
Reservations: 888-627-8396 Prior to June 14
Room Rate: $185 Traditional King City Side / $199 Traditional Double Double City Side
$270 King Deluxe Riverside / $224 Deluxe Double Double Riverside
For Additional Information: www.txpsych.org
or email tscapofc@aol.com

NOVEMBER

11-13 Texas Society of Psychiatric Physicians
60th Annual Convention and CME Program
Dallas/Addison Marriott Quorum by the Galleria Hotel,
14901 Dallas Parkway, Dallas
Reservations: 800-228-9290 or 972-661-2800 Prior to October 26
Room Rate $119
For Additional Information: www.txpsych.org
or email tsspofc@aol.com

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation’s JOB BANK on its website at www.txpsych.org. The Federation’s JOB BANK could be just what you have been looking for.