New case haven't noticed Continuing Medical Education is changing rapidly and radically. The ACME (Accreditation Council on Continuing Medical Education) has mandated that accredited CME Providers must produce programs that demonstrate and document they have produced changes in physicians practices, physicians competence, and/or patient outcomes! The Texas Society of Psychiatrists Physicians has demonstrated our ability to do this and we have been re-accredited for another 4 years to provide our own brand of practical clinical information to Texas psychiatrists. This year’s Annual Scientific Program “Clinical Updates for Implementing Change in Your Practice”, November 14-15, at Moody Gardens Hotel, Galveston, is designed to address the professional practice gaps and advance the physicians’ competence and effective use of targeted skills. Updates on the Diagnosis and Treatment of Bipolar Disorder in Adults, and Adolescents, will be presented by Robert M.A. Hirschfeld, MD, Professor and Chair of the Department of Psychiatry and Behavioral Sciences at the University of Texas Medical Branch, and Karen Dinen Wagner, MD, PhD, Vice Chair of the Department of Psychiatry and Behavioral Sciences and Director of the Division of Child and Adolescent Psychiatry at the University of Texas Medical Branch. Both Drs. Hirschfeld and Wagner are internationally known for their work in mood disorders and their presentations will clarify the diagnostic and treatment questions in current clinical practice. In Bipolar Disorder over-diagnosed or under-diagnosed? Which mood stabilizer is best for which patient? Should you use antidepressants when treating Bipolar Depression? What is the evidence for change in your practice in these situations? The TSPP CME Sub-Committee awarded Elena Ivleva, MD, PhD, the 2009 TSPP Resident Paper Competition Winner, for her paper “Gray and White Brain Matter Volumetric Intermediate Phenotypes Across the Psychosis Spectrum”. Dr. Ivleva is a PGY II Psychiatry Resident at the University of Texas Southwestern Medical Center in Dallas. Her presentation of the winning paper will present a brief overview of the research and enable participants to have an improved understanding regarding the categorization of psychotic illnesses into schizophrenic and affective psychoses and the growing body of research that does not support this dichotomous conceptualization of psychosis and suggests that psychosis spectrum disorders present a continuum with at least partially overlapping neuropsychological mechanisms and genetics. Dr. Philip Becker from Dallas, President of Sleep Medicine Associates of Texas, PA, Director and Medical Director of Sleep Medicine Institute, Presbyterian Hospital of Dallas and Program Director for the Sleep Medicine Fellowship at UT Southwestern will present the program on Sleep and Psychiatry Associates of Texas, PA, Director and Medical Director of Sleep Medicine Institute, Presbyterian Hospital of Dallas and Program Director for the Sleep Medicine Fellowship at UT Southwestern will present the program on Sleep and Psychiatry Medicine, at least some of the key points. Randall Urban, MD, Professor and Chair of the Department of Medicine at the University of Texas Medical Branch, and his associate, Manisha Chandalia, MD will present Essentials of the Evaluation and Treatment of Thyroid Disorders and Diabetes: What Every Psychiatrist Should Know and Use in Practice. How often should the psychiatrist check thyroid function, fasting glucose, HBAc1 in their patients on psychotropic meds? When is it appropriate for the psychiatrist to prescribe T3 or T4? When is an endocrinology referral essential? Our patients need us to understand these problems; we often see them much more frequently than any other physician; when will our monitoring these parameters improve our patients health? Clinical decisions must be made with less than clear evidence at times. How can we discern the best course of action based on limited evidence in the medical literature? Pedro L. Delgado, MD, Professor and Chair of the Department of Psychiatry, Associate Dean for Faculty Development and Professionalism at the University of Texas Health Science Center, San Antonio, and his colleague Mauricio Tohen, MD, DrPh, MBA, Professor, Department of Psychiatry at UT Southwestern will address these issues. Their presentation: Effective Appraisal of the Medical Literature-Using understanding of study design, levels of evidence, and conflicts of interest in clinical decision-making, will attempt to answer these questions, improve physicians choices of treatment options, and advance their competence and effective use of targeted skills, thus improving outcomes for patients. TSPP has designated this presentation for two (2) hours of education in medical ethics and/or professional responsibility. We hope you will attend this exciting program, participate actively, and help us contribute to improving psychiatric care for all our patients. The TSPP 53rd Annual Convention and Scientific Program and Registration is available online at www.txpsych.org complete and mail or fax your registration and payment to 512-478-5223, or telephone your registration in by calling 512-478-9065.
A Chorus on Conflicts

George D. Santos, MD, President, Texas Society of Psychiatric Physicians

Lately, it is hard not to join the growing chorus of concern over potential physician conflicts of interest. Although not inherently uncomfortable to think we have to openly deal with these issues as an organization, obviously, there are many perspectives and the concept of a conflict when a physician serves a dual role, patient advocate versus another possibly financial interest, may present themselves in a variety of settings. The financial relationship between a physician or physician organization and the pharmaceutical industry has garnered the most attention lately.

Sensational investigations of iconic names such as Dr. Nemeroff and Dr. Biederman have led to a spotlight on how physicians interact with the pharmaceutical industry. Honestly, these are reasonable questions to consider as we practice medicine and interact with our partners in the pharmaceutical industry, but their contributions should not be overlooked. Their work in developing life-changing medications cannot be overstated as one of the most critical developments in psychiatric treatment. These medications have given hope to their patients who decades ago had none and has made possible the ability of so many patients to live full and productive lives in settings. The financial relationship between a physician or physician organization and the pharmaceutical company has been influenced by some financial benefit received from a pharmaceutical company. This question ranges from concerns over a promotional pen, a meal delivered to an office, a meal given in a restaurant, speaking honoraria for talks given on behalf of a company, to the potential impact of industry dollars on the direction and nature of research. Physician organizations have tended to respond by restricting any and all such interactions. That appears to me to be overly broad and restrictive. I do believe, however, we have to be willing to consider the nature of these interactions and honestly assess any impact they may have on our clinical work. The fact is even the appearance of undue influence may have to be considered as we proceed as individuals and as an organization of physicians. This is true not only when we interact with authorities, such as the Legislature, but more importantly as we treat our patients. There are so many settings in which we interact with the pharmaceutical industry. Sales representatives visit our offices, and they have very clear data on our individual prescribing practices. Honestly, they are there to sell their product. In truth, the invitations to industry-sponsored “educational” dinners have decreased, but they are still frequent. Many physicians are appalled at the income working on a pharmaceutical company’s “speakers bureau.” Different companies have different policies regarding whose information slides get presented. Some companies provide all of the slides and others allow the physicians to give a more independent presentation. You decide which is the more common setting. The fact is for some physicians these physician-led presentations can serve a real educational role. There are physicians who give only the occasional presentation, but there are a few who give many more and earn substantial income from these activities. Can we really make the case these interactions have no impact on prescribing practices? Many are very skeptical. A more basic question is “Do our patients have the right to know if their physician is a paid spokesman for a particular medication or medical device?”

This is an uncomfortable subject for many. I suggest that as an organization we should open a dialogue to explore these issues and consider adopting “best practice” guidelines for interactions with pharmaceutical and medical device companies which complement those from other organizations. As an example, AACAP has posted information on this issue. They suggest four A’s: Awareness of conflicts of interest; Assessment of the conflict of interest; Acknowledgement of the conflict of interest; Actions to manage or eliminate the conflict. I suggest it is time for us to come to consensus on guiding principles, with patient interest as the paramount principle, on this topic.

I hope you will come to this year’s fall TSPP meeting to join in the conversation.

MEMBERSHIP CHANGES

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

The following membership applications have been approved by the TSPP Executive Committee and have been transmitted to the ACP.

Member in Training Status:

Dhoke, Sheetal, MD, Lubbock
Idom, Sadaf, MD, Houston
Lynch, Mechibelle, MD, Friendswood
Michaud, Christine, MD, Houston

TEXAS ACADEMY OF PSYCHIATRY

The following membership applications have been approved for enrollment in the Academy.

New Members

Cohen, Melvin L, MD, San Antonio
Goffin, Saundra, DO, Houston
Hernandez, Jose M, MD, Kerrville
Koller, Robert L, MD, San Antonio
Lutfjohn, Jr., Lake, MD, Marshall
Reading, William, MD, Stafford

Medical Malpractice Insurance

Are you paying too much?

The Federation of Texas Psychiatry in cooperation with Cunningham Group is offering Texas psychiatrists free premium indications. Prices have come down during the past year — one insurance company dropped 15 percent.

Let Cunningham Group shop the market for you and reduce your premium.

Go to the Cunningham website (www.cg-ins.com) and complete the Medical Malpractice Premium Indication Short Form to receive your premium indication.

Cunningham Group

Professional Liability Insurance Services
Phone 512-336-5336 • Fax 512-336-7121

UTMB Correctional Managed Care

WANTED: HIGH QUALITY PSYCHIATRISTS

UTMB-CMC employs Psychiatrists at multiple adult and juvenile facilities all over Texas. We are heavy utilizers of telepsychiatry using state of the art technology and on electronic medical record.

We are a correctional healthcare system that is setting the standard for others. Correctional Managed Care is among the world’s leaders in telemedicine and electronic medical record applications. Innovative programs, creative solutions and participation in Baldrige/Texas Quality Foundation efforts further define our organization and help us toward performance excellence.

Current Opportunities Available

DALLAS: Staff Psychiatrist • Telemedicine Center (Haltomdale Jail)
AUSTIN: Staff Psychiatrist-Telmedicine Center
BROWNSVILLE: Staff Psychiatrist • Texas Youth Commission
CORRIGANCA: Staff Psychiatrist • Texas Youth Commission
Positions also available for psychiatric PA and Nurse Practitioners:
TYLER: Psychiatric Outpatient (Huntingdon Unit)
DALLAS: Telemedicine Center (Haltomdale Jail)
AUSTIN: Telemedicine Center

Compare our Benefits with other Organizations

- Education allowance
- Life and medical insurance
- Annual CME conferences
- Health club
- Professional liability coverage
- Paid vacation, holidays and sick leave
- Retirement plan plus IRS 401K or IRS 403B with State contributions

Correctional practice eliminates many of the “roadblocks” of community practice such as dealing with insurance companies including Medicare and Medicaid, malpractice insurance problems.

To learn more about our organization visit: www.utmb-cmc.com
To Apply contact Deb Danube 281-569-6700 or 844-950-2622 or email resume: ddanube@utmb.edu

UTMB is an EOE/A Employer M/F/D/V

October/November 2009
For TSCAP members in Texas, this obligation is fulfilled by active participation in annual dues payments to both associations. It is moving to note that a good number of Texas child and adolescent psychiatrists who joined prior to the 1990s stay active in both organizations. As a more junior physician, I would like to express heartfelt respect and gratitude for this. We value your ongoing dedication and contribution to TSCAP. Your involvement is crucial in maintaining a healthy regional organization and providing peer support for developing colleagues in Texas.

Otherwise, I hope it is evident that this responsibility is a necessity for all of us. We practice in a state that historically ranks 46-49th in the nation among mental health care spending. There also appears to be ongoing interest in proposing legislation which impacts the well-being of our patients and how we deliver care. The future is uncertain but most likely involves increasing demands (both in volume and acuity) of care with dwindling resources. Consequently, it is important that we work together to maintain a strong state professional organization focused on advocating for our patients, improving the quality of care, and advancing our field in Texas. Joining TSCAP pays dues, and attending our annual meeting are great places to start. Please consider doing more than this as well.

Next year’s annual meeting and scientific program entitled “Addressing Substance Abuse in Child and Adolescent Psychiatry: Prevention, Diagnosis and Treatment” will take place at Moody Garden Hotel, in Galveston, Texas from July 24 to July 25, 2010. The TSCAP executive committee has initiated development of this meeting early to ensure that this is an exceptional scientific program and an enjoyable opportunity to connect with colleagues throughout Texas. Our keynote speaker, Oscar Bukstein MD MPH from the University of Pittsburgh Medical Center will present “Best Practices for the Assessment and Treatment of Adolescents with Substance Use Disorders.” Continuing with the theme of the scientific program, other speakers will include Steven Pliszka MD from the University of Texas Health Science Center at San Antonio who will discuss the treatment of ADHD in the context of substance abuse and Christopher Thomas MD from the University of Texas Medical Branch Galveston who will discuss the legal and ethical challenges involved in treating substance use disorders in children and adolescents. Moody Gardens has been a favorite destination for our membership in the past and provides a splendid environment for recreation and family time. Make plans now to attend this exciting conference next summer.

On that note, we all have two opportunities to enjoy Galveston and Moody Gardens this year. TSP will host its Scientific Program on November 14 and 15, 2009 in the same location. This conference is another valuable CME opportunity and will include a lecture from Karen Dinnek Waggoner, MD, PhD “Update on the Diagnosis and Treatment of Bipolar Disorder in Adolescents.” Moreover, please join me in congratulating R. Andrew Harper MD (TSCAP’s immediate past president) who will receive the Psychiatric Excellence Award at the November TSPF Awards Reception and Banquet.

As always, please stay in touch with your concerns and ideas regarding TSCAP and our upcoming annual meeting.

The Value of TSCAP and AACAP Dual Membership
Paul Croarkin, DO, President, Texas Society of Child and Adolescent Psychiatry

“Never doubt that a small group of committed people can change the world. Indeed it is the only thing that ever has.”

- Margaret Mead

Health Care Reform continues to be the focus of the Federal Legislative process and continues to command the attention of the American tax payer. As one might expect, the financial requirements of the House of Representatives’ concept of health reform, House Bill 2180, is an increase in excess of 1.2 trillion dollars over ten years to the 2.4 trillion already spent on health care each year. A trillion is a compact word that doesn’t sound peculiar or special the more it is used. Before long it is easy to think it is only a trillion. However, trillion takes on new emotions and meaning when the word is played with a little different format. The dictionary says that a trillion is a cardinal number followed by twelve zeros. Can that be correct, twelve zeros? Let’s count three zeros for the hundreds, three zeros for the thousands, three zeros for the millions, and three zeros for the billions. Yes indeed there are twelve zeros following the one. Now that is spread over ten years which would make a new number one hundred billion which doesn’t roll off the tongue quite so smoothly. It is again one followed by eleven zeros. The financing of health care appears to be a major factor that defines what health care will be as soon as we put our tax payer hat on. The enormity of the cost and the enormity of the revenue the economy must generate pulls and demands our attention. Anxiety takes center stage as health care continues to consume ever increasing amounts of the gross domestic product. It does not require a degree in finance to realize that along with other areas of national importance; the supply of ones followed by twelve zeros is not limitless. The anxiety of the tax payer is dramatically expressed in the town hall meetings held by members of Congress in their districts. As gross domestic product changes from an abstract concept to how many dollars will come out of my take home pay and limit what can be purchased, it is clear that each health care dollar must be used with care. As technology evolves and is readily available, the cost of tests and instrumentation should decrease but not to the degree hoped by our legislators. Although the health care reform debate has been anxiety provoking to all, it has caused us to address many issues previously ignored. The strategic planning must give preventive medicine and public health issues a longer prospective of ten to twenty years before benefits will be realized from current implementation and dollars spent. It is obvious that the health care work force needed in the future will require a longer prospective of ten to twenty years of preventive medicine and public health issues. As healthcare funding is readily available, the cost of tests and instrumentation should decrease but not to the degree hoped by our legislators.

The training started now will need ten to fifteen years before the wisdom and efficiency of the trainees will be appreciated. End of life issues are starting to be understood by larger segments of the population as there are indications that individuals are starting to consider the end of life issues as they age. Although the political process believes that speed and urgency is the only way legislation can be passed, it is clear that the direction and the goals required in health care reform will require structural changes to the delivery system and those changes move at a different, slower rate. As the health care debate continues to evolve, the political process would appear to have begun to engage the election cycle. The importance of the election cycle may be taking on such major significance that what is in the best interest of the Nation’s health system and the individual citizen may appear to take a secondary position that is ever shadowed by the election process. Could Congress be losing its focus on its job, passing timely and effective legislation? How well a legislator accomplishes this goal and communicates effectively the majority opinion or the minority opinion will ultimately be reflected in the election process. Health Care Reform legislation continues to evolve. It is important that each of us communicates to our legislator in the House or the Senate our concerns and suggest solutions.

Our Legislators need to hear from us as there is no stronger voice than the physician, patient, tax payer, and voter expressing his or her thoughts. All Legislators think about the physicians in their district when a physician takes time to speak. If individual psychiatrists in a district are silent, your Legislator is in the dark. Health care reform is a complex issue and your Legislator is not necessarily aware of the issues as they arise. If health care reform becomes a political issue, it is important to have your Legislator take notice and act. It is critical that we work together to maintain a strong state professional organization focused on advocating for our patients, improving the quality of care, and advancing our field in Texas. Joining TSCAP pays dues, and attending our annual meeting are great places to start. Please consider doing more than this as well. Next year’s annual meeting and scientific program entitled “Addressing Substance Abuse in Child and Adolescent Psychiatry: Prevention, Diagnosis and Treatment” will take place at Moody Garden Hotel, in Galveston, TX from July 24 to July 25, 2010. The TSCAP executive committee has initiated development of this meeting early to ensure that this is an exceptional scientific program and an enjoyable opportunity to connect with colleagues throughout Texas. Our keynote speaker, Oscar Bukstein MD MPH from the University of Pittsburgh Medical Center will present “Best Practices for the Assessment and Treatment of Adolescents with Substance Use Disorders.” Continuing with the theme of the scientific program, other speakers will include Steven Pliszka MD from the University of Texas Health Science Center at San Antonio who will discuss the treatment of ADHD in the context of substance abuse and Christopher Thomas MD from the University of Texas Medical Branch Galveston who will discuss the legal and ethical challenges involved in treating substance use disorders in children and adolescents. Moody Gardens has been a favorite destination for our membership in the past and provides a splendid environment for recreation and family time. Make plans now to attend this exciting conference next summer.

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As always, please stay in touch with your concerns and ideas regarding TSCAP and our upcoming annual meeting. ■
TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

53rd Annual Convention & Scientific Program
“Clinical Updates For Implementing Change In Your Practice”

Moody Gardens Hotel • Galveston, Texas • November 13-15, 2009

MEETING REGISTRATION

See Registration Form or visit the website www.tsp.psych.org for TSPP / TSP’s Special Discounted Meeting Registration Fees for this year’s convention. The earlier you register, the greater the savings!

THURSDAY GOLF OUTING

Polish up on your golf game! For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf section of the TSPP registration form.

HOTEL RESERVATIONS

ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US! TSPP’s 53rd Annual Convention and Scientific Program will be held at the Moody Gardens Resort and Spa, Seven Hope Blvd., Galveston, 1-800-582-4673. A special TSPP discounted room rate of $142 is available to TSPP program registrants before October 21, 2009 or upon sell-out whichever occurs first. Make your hotel reservation today by calling 1-888-388-8484.

Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island’s premier meeting destination. Moody Gardens features:

- Full Service Spa and Fitness Center, complete with indoor lap pool
- Rain Forest Pyramid—a ten story pyramid featuring primitive rainforests with plants and exotic fish and animals.
- Discovery Pyramid – Juxtapose mysteries of science with traveling and interactive exhibits.
- Aquarium Pyramid – Oceans of the world are represented in a 1.5 million gallon aquarium teeming with creatures from penguins to stingrays, sharks and more.
- IMAX 3D Theater – Be a part of the action at the IMAX 3D Theater featuring amazing 3D and IMAX films on a giant earth Kaslity screen.
- IMAX RodeoLIne Theater – Strap yourself in, dive, twist and turn as your seat mirrors every movement on a giant wrap-around screen with six-channel surround sound.
- AND, special activities for you during Convention time! Festival of Lights – One of the Gulf Coast’s largest holiday lighting events at Moody Gardens!

TITUS HARRIS SOCIETY

All members of the Titus Harris Society are invited to a special Reunion Reception to be held in conjunction with the TSPP Welcome Reception, Friday, 6:30 – 8:00 pm at the Moody Gardens Hotel. In addition, TSPP extends a special invitation to the Titus Harris Society members to extend their weekend stay and attend the CME program and other social activities. Titus Harris Society members will be identified by special ribbons on their convention name badges. (See program registration form for additional information)

AWARDS RECEPTION/BANQUET

Saturday evening’s festivities begin with a complimentary wine and cheese reception before the Awards Banquet honoring the 2009 TSPP Award Recipients for their outstanding contributions to Psychiatry. Register early to reserve a table for your organization and friends at this memorable and entertaining evening! This year’s honorees include:

- Distinguished Service Award
- Psychiatric Excellence Award

Reserve Your Room

Moody Gardens Resort and Spa, Galveston
Hotel Reservations – 1-888-388-8484

Moody Gardens
Fun, Fun, Fun!

October/November 2009
SCIENTIFIC PROGRAM

“Clinical Updates For Implementing Change In Your Practice”

SCIENTIFIC PROGRAM SCHEDULE

**Saturday, November 14**
8:15 am
Welcome and Introductions
8:45 am - 10:15 am
Update on the Diagnosis and Treatment of Bipolar Disorder in Adults
Robert Yatham, M.D.
Objective: Upon completion of this presentation, participants will be able to demonstrate improved competence in the diagnosis of bipolar disorder in adults
10:15 am - 10:30 am
Refreshment Break with Exhibitors / Door Prize Drawings
10:30 am - 12:00 pm
Update on the Diagnosis and Treatment of Bipolar Disorder in Adolescents
Karen Doran Wagner, M.D., P.H.D.
Objective: Upon completion of this presentation, participants will be able to demonstrate improved competence in the diagnosis of bipolar in adolescents
1:30 pm - 1:45 pm
Annual Business Meeting Lunch
1:45 pm - 2:30 pm
Resident Paper Competition Winning Paper – Brief Overview

**Sunday, November 15**
8:15 am
Welcome and Introductions
8:30 am - 9:30 am
Essentials of the Evaluation and Treatment of Thyroid Disorders: What Every Psychiatrist Should Know and Use in Practice
Randall J. Urban, M.D.
Objective: Upon completion of this presentation, participants will be able to demonstrate improved competence in appropriate screening and referral of psychiatric patients with suspected diabetes, hypothyroidism and hyperthyroidism.
9:30 am - 10:30 am
Essentials of the Evaluation and Treatment of Diabetes
What Every Psychiatrist Should Know and Use in Practice
Manisha S. Chandalia, M.D.
Objective: Upon completion of this presentation, participants will be able to demonstrate improved competence in appropriate screening and referral of psychiatric patients with suspected diabetes, hypothyroidism and hyperthyroidism.
10:30 am - 10:45 am
Break
10:45 am - 12:45 pm
Effective Appraisal of the Medical Literature – Using understanding of study design, levels of evidence, and conflicts of interest in clinical decision-making.
Panel: Pedro Delgado, M.D.; Mauricio Toren, M.D., Ph.D.
Objective: Upon completion of this presentation, participants will be able to make appropriate decisions to make use of the medical literature to make appropriate decisions to optimize patient outcomes.

**About the Speakers**

Phillip M. Becker, M.D.
President, Sleep Medicine Associates of Texas, P.A.
Director and Medical Director, Sleep Medicine Institute
Providence Hospital of Dallas
Clinical Professor
Department of Psychiatry
University of Texas Southwestern Medical Center
Program Director
Sleep Medicine Fellowship
Department of Psychiatry
University of Texas Southwestern Medical Center
Dallas, Texas

Manisha S. Chandalia, M.B.B.S., M.D.
Associate Professor
Internal Medicine Division of Endocrinology and Metabolism
University of Texas Medical Branch, Galveston, Texas

Pedro L. Delgado, M.D., J.D.
Director of Psychiatry
St. Joseph’s Hospital
Medical College of Georgia

Robert M. A. Hirschfeld, M.D.
Director, The Hirschfeld Center
University of Texas Southwestern Medical Center
Dallas, Texas

Elena Ivleva, M.D., M.P.H.
Resident Competition Winner
University of Texas Southwestern Medical Center
Dallas, Texas

Mauricio Toren, M.D., Ph.D.
Enrolled Kruschi Professor
Department of Psychiatry
University of Texas Health Science Center at San Antonio
San Antonio, Texas

Randall J. Urban, M.D.
Director and Medical Director
Sleep Medicine Institute
Providence Hospital of Dallas
Clinical Professor
Department of Psychiatry
University of Texas Southwestern Medical Center
Dallas, Texas

Karen Dineen Wagner, M.D., Ph.D.
Professor and Vice Chair
Department of Psychiatry and Behavioral Sciences
Director, Division of Child and Adolescent Psychiatry
University of Texas Southwestern Medical Center
Galveston, Texas

Astrazeneca
Bristol-Myers Squibb

EDUCATIONAL GRANTS

TSSP expresses appreciation to the following organizations for providing an independent educational grant in support of the scientific educational program.
APA Honors Texas Congressman with Highest Award in Advocacy

On September 30th, 2009, the American Psychiatric Association presented Lloyd Doggett, U.S. Representative from the 25th district of Texas, the Jacob K. Javits Award for Public Service to honor his achievements for Americans suffering from mental illness and their access to appropriate psychiatric medication.

Representative Doggett used his coveted seat on the House Committee on Ways and Means, which has jurisdiction over Medicare Part D, to introduce and shepherd into law two measures related to coverage of psychiatric medications. These include the long sought Part D coverage of benzodiazepines, contained in his Prescription Drug Savings for our Seniors Act, and a requirement that Part D cover all or substantially all medications of antipsychotic antidepressant classes, embodied in his Medicare Part D Drug Class Protection Act.

"Medicare patients need these critical protections in coverage to avoid interruption in care and to remain functional," according to past APA President Carolyn Robinowitz, M.D., who presented the award. "Disruptions in psychiatric medication coverage may lead to job loss or reduced productivity, hospitalization, and other costly and avoidable consequences."

Representative Doggett was also a strong supporter of mental health parity legislation during the 110th Congress, a struggle that eventually led to passage of the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act. He has recently urged the Obama Administration to issue regulations implementing parity before the statutory deadline.

Multiple successes on behalf of the mentally ill and on substance abuse issues. The Javits Award is given annually, alternately to a state public servant and a federal public servant. Members of the APA Council on Advocacy and Government Relations and staff from APA Advocacy nominate officials to be discussed at the APA September Components Meeting. A recommendation for the Javits award is then made and passed on to the APA Board of Trustees for their approval. Presenting the Javits Award gives APA the opportunity to showcase the work honorees provide on behalf of consumers and psychiatric physicians.

Notable past recipients of the Jacob K. Javits Public Service Award include:

- California Assemblyman Jim Beall
- U.S. Representative Lloyd Doggett (D-TX)
- NJ State Senate President Richard J. Codey
- U.S. Senator Gordon Smith (R-OR)
- New York Attorney General Eliot Spitzer
- U.S. Senator Harry Reid (D-NV)
- Connecticut Attorney General Richard Blumenthal
- U.S. Representative Charles Norwood (R-GA)
- California Assembly Member Helen Thomson
- U.S. Representative Benjamin Cardin (D-MD)
- Texas Representative Garnet Coleman
- U.S. Senator Paul Wellstone (D-MN)
- New York Senator Nicholas Spano
- U.S. Representative Marge Roukema (R-NJ)
- Louisiana Representative Jerry Thomas
- U.S. Representative Mike Kepetis (D-OR)
- Minnesota Representative Gloria Segal
- U.S. Senator Pete Domenici (R-NM)
- North Carolina Senator Kenneth Royal
- U.S. Representative Silvio Conte (R-MA)
- California Assemblyman Bruce Bronzan

Thank you TSPP Members!

TSPP expresses sincere appreciation to all of the members who have signed up to participate on TSPP’s 14 active committees and are devoting their time and energy to TSPP’s activities! TSPP is YOUR organization and needs your expertise and involvement!

As a reminder, TSPP’s committees will be meeting in conjunction with the TSPP 53rd Annual Convention on Friday, November 13 from 9:00 am - 5:00 pm at Moody Gardens Hotel, Galveston. Haven’t registered? It’s not too late! Please register today and plan to attend the committee meetings of interest to you on Friday, and stay for the Annual Convention’s activities and Scientific Program on the weekend! Committees will be meeting in an interactive format in the ballroom to enable members to ‘float’ from one committee to another and learn more about TSPP’s numerous activities and business. Following the committee meetings the official kick-off welcome reception for TSPP: TAP and Titus Harris Society members (Reception is complimentary for scientific program registrants). Annual Convention Program is available online at www.tspych.org or email tpsppconf@aol.com or call 512-478-0605.

Not a Member of TSP and APA? Join Today!

Membership applications are available online at www.psych.org

Senior PsychCare

Immediate openings for full or part time psychiatrists to provide direct patient care, leadership, consultation and supervision to NPs, PAs and PhDs. Flexible hours, sign-on bonus if immediately available and willing to travel. Part time is $75,000-$250,000 plus benefits.

Forward your vitae, references and salary expectations to hrspp@seniordrpsych.com and then call Dr. Borrell at 832-265-2882 for more information.

APA Honors Texas Congressman with Highest Award in Advocacy
Nominations for TSPP elective offices will be finalized at the Annual Business Meeting on November 14, 2009 in Galveston at the Moody Gardens Hotel during the TSPP 53rd Annual Convention and Scientific Program.

The Nominating Committee, composed of Martha Leatherman, MD, Bill Reid, MD and Leslie Secret, MD submit the following slate of candidates for consideration:

President-Elect, 2010-2011
Patrick Hold, MD (San Antonio)

Secretary-Treasurer, 2010-2011
Debra A. Kowalski, MD (Fort Worth)

APA Representative, 2010-2013
Re-appointment of A. David Axel, MD (Houston)

Councilor-at-Large, 2010-2013
Edward S. Furber, MD (Fort Worth)

Following the finalization of the slate of candidates during the TSPP Annual Business Meeting on November 14, 2009, elections will be governed by the TSPP Bylaws, Chapter Nine, as follows:

Section II. At the annual business meeting, the nominees for office recommended by the Nominating committee, the nominees for office submitted by the Chapters, and the nominees submitted by written petition signed by at least 20 voting members, shall be presented to the entire voting membership present. Additional nominations may be made from the floor by any voting member.

Section III. The election of officers shall be conducted by mail ballot whenever more than one slate of officers is nominated. The ballot shall be in alphabetical order, as candidates for office are listed in accordance with the Constitution and Bylaws. The ballot shall not be in any way indicate the particular process by which the candidate was nominated. If no nominations are made by the Chapters, by petition, or from the floor, the slate submitted by the Nominating Committee will be considered to be elected by acclamation by those members at the annual business meeting.

Section IV. In contested elections, the ballots shall be mailed to all voting members within seven (7) days after the Annual Business Meeting. The ballots must be returned within thirty (30) days following the Annual Business Meeting.

As stipulated in Section V-VIII, the ballots will be tallied and reported as a regularly scheduled meeting of the Executive Council and the certificate election results announced by mail to the entire membership following the Executive Council meeting.

The Nominating Committee of the Texas Foundation for Psychiatric Education and Research, composed of Clay Sawyer, MD, Gary Etter, MD and Art Farley, MD, will submit the following slate of candidates for positions on the Foundation’s Board of Directors at the Foundation’s Annual Membership Meeting on November 14 in Galveston during the TSPP Annual Meeting and Scientific Program:

Three Year Terms (May 2010-May 2013)
Re-appointment of Paul Wick, MD (Tyler)

Re-appointment of Larry Tripp, MD (Dallas)

Re-appointment of Harry K. Davis, MD (Galveston)

Re-appointment of Linda Rhodes, MD (San Antonio)

Appointment of Gail Eisenhauer, MD (Temple)

Elections for these positions will be conducted at the Foundation Annual Membership Meeting at the Moody Gardens Hotel in Galveston on November 14, 2009 during the TSPP/Foundation Annual Business Meeting. Foundation members, which include all TSPP members in good standing, may submit names of candidates for the position of Foundation Director by submitting a petition signed by at least 20 members. Nominations may also be entertained from the floor during the Annual Membership Meeting. If there is a contested election, the ballot will be conducted by mail ballot in accordance with the Bylaws of the Foundation. Otherwise, the elections will be conducted at the Annual Membership Meeting.

The Foundation’s Board of Directors are charged with supervising, managing and controlling all of the policies, activities and affairs of the Foundation. There may be as many as 25 individuals holding a position of Director. There are three classes of Directors.

Designated Directors are persons serving on the Board by virtue of positions they may hold in organized medicine or among mental health advocacy organizations (i.e. President-Elect of TSPP; Secretary-Treasurer of TSPP; Immediate Past President of TSPP; President of the NAMI Texas, Chairman of the Mental Health America in Texas, and President of the Depression and Bipolar Support Alliance - Texas). There are currently 6 Designated Directors: Connie Wilson, PhD (MHAT), Patti Haynes (NAMI), Marilyn Nolan (DSAS); Martha Leatherman, MD (TSPP); Bill Reid, MD (TSPP) and Richard Noel, MD (TSPP).

Honorary Directors are elected by the Board and are individuals who have demonstrated sustained support of the Foundation's mission. Honorary Directors include Hal Harlison (Austin), Alex Munson, MD (Georgetown), Grace Jameson, MD (Galveston) and Edward Reilly, MD (Houston).

The Board may be composed of not less than 12 Elected Directors. Elected Directors are elected by the membership of the Foundation to serve three year terms on the Board. At least 3 Elected Directors must be Past Presidents of TSPP. Current Elected Directors include David Briones, MD, Jacques Collier, Harry Davis, MD, Gary Etter, MD, Arthur Farley, MD (Treasurer), Miriam Feaster (Secretary), Charles Gaitz, MD, Shirley F. Marks, MD, Convery L. McDonald, MD, Michael Milad, MD, Edrice Nace, MD, Jefferson Nelson, MD, Linda Rhodes, MD, Clay Sawyer, MD, Larry Tripp, MD, and Paul Wick, MD.

The Texas Foundation for Psychiatric Education and Research is launching its sixteenth Annual Campaign conducted each fall to encourage charitable contributions to support the Foundation’s goals: fighting stigma and discrimination; ensuring that patients have access to quality psychiatric treatment; and improving treatment through innovative research.

The Foundation’s Annual Campaign Goals

- A major focus of the Foundation is to educate the public and policymakers about mental illness with the goal of ending stigma and eradicating discriminatory practices that impose unnecessary barriers to accessing and receiving quality psychiatric care.
- The Annual Campaign encourages unrestricted charitable contributions to be allocated by the Foundation to programs in Texas that address the Foundation’s goals of fighting stigma and discrimination against persons diagnosed with psychiatric disorders; ensuring that patients have access to quality psychiatric care; and improving treatment through innovative research.

Elections to be Conducted at Annual Meeting

TSPP Elections 2009

The Texas Foundation for Psychiatric Education and Research, 401 West 15th Street, Suite 675, Austin, Texas 78701

Candidates for Foundation Board Announced

Elections to be Conducted at Annual Meeting

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The Foundation’s Grants

The Foundation during its 18 years of operation has awarded 162 grants amounting to $17,446 to support programs addressing its goals by various Texas organizations.

Historically, about 90% of funds contributed to the Foundation have been available to directly support programs in Texas, as the Foundation’s administrative costs consist of only about 10% of expenditures.

The Foundation’s Annual Campaign 2009 offers a unique opportunity for psychiatrists and others to allocate their charitable contributions to an organization led by psychiatrists and mental health advocates who make decisions regarding the funding of programs that address the Foundation’s goals.

Will you participate in this opportunity to help people diagnosed with psychiatric illnesses? Send your charitable donation today to: Texas Foundation for Psychiatric Education and Research, 401 West 15th Street, Suite 675, Austin, Texas 78701.

Your contribution is deductible to the full extent of the law. Thank you for your support!
TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

Annual Convention
November 13-15, 2009 • Moody Gardens Hotel • Galveston, Texas

Special thanks to the following Sponsors and Exhibitors of the TSPP Annual Convention

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Spirit Lodge, Spicewood
Texas Foundation for Psychiatric Education and Research
The University of North Texas Health Science Center, Fort Worth
UTMB Correctional Managed Care

CALENDAR OF MEETINGS

NOVEMBER 2009

13-15 Texas Society of Psychiatric Physicians 53rd Annual Convention & Scientific Program - Galveston's Back and Better Than Ever - Lots of Fun Activities Planned - Register Early!!
Moody Gardens Hotel, Galveston, Texas
TSPP Discounted Room Rate $142 / Hotel Reservations Until October 8 or Upon Sell-Out, whichever occurs first / 1-888-388-8484
For Additional Program Information / Registration 1-512-478-0605 or email tsppofc@aol.com

APRIL 2010

17-18 Texas Society of Psychiatric Physicians
Spring Meeting and CME Program
Westin Austin at the Domain (NEW!)
TSPP Discounted Room Rate $145
For additional information 512-478-0605 or email tsppofc@aol.com

JULY 2010

23-25 Texas Society of Child and Adolescent Psychiatry
Annual Meeting and Scientific Program
"Addressing Substance Abuse in Child and Adolescent Psychiatry: Prevention, Diagnosis and Treatment"
Moody Gardens Hotel, Galveston, Texas

NOVEMBER 2010

12-14 Texas Society of Psychiatric Physicians
54th Annual Convention & Scientific Program
Westin La Cantera Hotel, San Antonio, Texas

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation’s JOB BANK on its website at www.txpsych.org.
The Federation’s JOB BANK could be just what you have been looking for.

The TEXAS PSYCHIATRIST is published 6 times a year in February, April, June, August, October and December.
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