Texas Psychiatry

They’re Back!!!
John R. Bush, Executive Director, Federation of Texas Psychiatry

A Warning Sign
On October 20, three representatives of the Texas Psychological Association provided testimony to the County Affairs Committee in McAllen promoting their desire to have the Texas Legislature grant prescribing privileges to psychologists in our State. The House Committee was conducting a hearing on their interim charge to study urban and rural county-level health care delivery models for indigent health care that emphasize community-based care to improve the continuity and quality of care.

The psychologists who testified, among the same small but vocal group of psychologists who led efforts in 2001 and 2003 to parapsychology prescribing legislation in Texas, claimed that having psychologists prescribe medications would solve problems with access to mental health care in rural areas. They failed to point out however, that physicians and psychiatrists are much better represented in rural areas than psychologists.

This testimony represents an early warning signal for what can be expected in the next session of the Texas Legislature, which convenes January 11 for 140 days.

Texas Psychiatry Has Met the Challenge
Psychiatry has been here before. In 2001, following successful efforts in Louisiana and New Mexico to gain prescribing privileges by legislative fiat, the Texas Psychiatric Association had their prescribing bill filed by Senator Ken Armbrister, D-Victoria (SB 818). In 2003, the psychologists’ prescribing bill was filed by Rep. Rick Noriega, D-Houston (HB 3451). In both instances, these legislative initiatives failed because of very active involvement and participation by psychiatrists in Texas. Will Texas Psychiatry rise to the challenge again in 2011?

The Upcoming Legislative Session
The 2011 Texas Legislature faces daunting challenges. The largest will be developing a state budget to overcome a massive projected deficit of about $16 billion. All agencies are facing potential budget cuts. Texas Psychiatry will be working hard to preserve and enhance funding for public mental health services and residency training.

A Call to Action
Between now and January 11, involvement in the political process by Texas Psychologists is essential to assure legislative victories in May 2011. Following the General Election and prior to the start of the Legislative Session in January, call on your legislator, form a relationship and become his/her medical resource in his/her district. During the next 60 days, legislators will have time to visit with you and give you their attention. After January 11, with thousands of bills circulating in the Capitol, legislators will rely on information provided by trusted constituents from their district that have formed relationships prior to the session. Please accept this challenge and advocate for quality psychiatric care for citizens in Texas diagnosed with psychiatric illnesses.

Capitol Day
After you have renewed or formed your relationship with your legislator during the next two months, plan to come to Austin on February 17 and participate in the Federation’s Capitol Day. The Federation, joined by its advocacy partners, NAMI Texas, DBIA Texas and MHA Texas, will once again sponsor a day for mental health advocates to advocate in Austin. Learn about key issues, be coached on communicating effectively with legislators, attend a rally on the Capitol steps and making calls on legislators to advocate for quality patient care. Place the date on your calendar and plan to attend and participate!

Why should I be active in the political process?
Twelve reasons, just to mention a few. . . .

1. (On the New Mexico victory by psychologists) To me, the bottom line is we developed relationships with legislators. We educated them about psychology and we made friends with them in some cases. – Mario Marquez, PhD, New Mexico Psychological Association
2. Just because you do not take an interest in politics doesn’t mean politics won’t take an interest in you. – Pericles
3. One of the penalties for refusing to participate in politics is that you end up being governed by your inferiors. – Plato
4. Those who do not do politics will be done in by politics. – French Proverb
5. All politics are based on the indifference of the majority. – James Reston
6. I believe there’s something out there watching over us. Unfortunately, it’s the government. – Woody Allen
7. If I seem to take part in politics, it is only because politics encircles us today like the coil of a snake from which one cannot get out, no matter how many times. I wish therefore to wendle with the snake. – Mahatma Gandhi
8. In politics, stupidity is not a handicap. – Napoleon
9. No man’s life, liberty or property are safe while the legislature is in session. – Judge Gideon J. Tucker
10. In politics, familiarity doesn’t breed contempt. It breeds vices. – Paul Lazarsfeld
11. In politics, an organized minority is a political majority. – Jesse Jackson
12. All politics is local. – Tip O’Neill

Become an advocate. Get involved. And, participate as a member of Texas Psychiatry (Texas Society of Psychiatric Physicians, Texas Academy of Psychiatry and Texas Society of Child and Adolescent Psychiatry). Your voice is needed!
Candidates for Foundation Board Announced

Elections to be Conducted at Annual Meeting

The Nominating Committee of the Texas Foundation for Psychiatric Education and Research, composed of Clay Sawyer, MD, Gary Etter, MD and Miriam Feaster will submit the following slate of candidates for positions on the Foundation's Board of Directors at the Foundation's Annual Membership Meeting on November 12 in San Antonio during the TSPP Annual Business Meeting and Scientific Program:

Three Year Terms (May 2011-May 2014)

• Re-appointment of Arthur Farley, MD (Houston/Austin)
• Re-appointment of Miriam Feaster (Friendswood)

TSPP Elections 2010

Nominees for TSPP elective offices will be finalized at the Annual Business Meeting on November 14, 2010 in San Antonio at the Westin La Cantera Resort during the TSPP Annual Convention and Scientific Program. The Nominating Committee, composed of George Santos, MD, Bill Reid, MD and Leslie Secrest submit the following slate of candidates for consideration:

President-Elect, 2011-2012
Debra Kowalski, MD (Fort Worth)

Secretary-Treasurer, 2010-2011
Andrew Harper, MD (Houston)

APA Representative, 2011-2014
Re-appointment of Clay Sawyer, MD (Waco)

Councilor-at-Large, 2011-2014
Edgar Nace, MD (Dallas)

Following the finalization of the slate of candidates during the TSPP Annual Business Meeting on November 14, elections will be governed by the TSPP Bylaws, Chapter Nine, as follows:

Section II. At the annual business meeting, the nominees for office recommended by the Nominating Committee, the nominees for office submitted by the Chapters, and the nominees submitted by written petition signed by at least 20 voting members, shall be presented to the entire voting membership present. Additional nominations may be made from the floor by any voting members.

Section III. The election of officers shall be conducted by mail ballot whenever more than one slate of officers is nominated. The ballot shall list in alphabetical order, as candidates for office all members nominated in accordance with the Constitution and Bylaws. The ball shall not in any way indicate the particular process by which the candidate was nominated. If no nominations are made by the Chapters, by petition, or from the floor, the slate submitted by the Nominating Committee will be considered to be elected by acclamation by those members at the annual business meeting.

Section IV. In contested elections, the ballots shall be mailed to all voting members within seven (7) days after the Annual Business Meeting. The ballots must be returned within thirty (30) days following the Annual Business Meeting.

As stipulated in Section V-VIII, the ballots will be tallied and reported at a regularly scheduled meeting of the Executive Council and the certified election results announced by mail to the entire membership following the Executive Council meeting. Effective positions are currently held by the following members:

Officers 2010-2011:
President
Richard Noel, MD (Houston)
President-Elect
Patrick Holden, MD (San Antonio)
Secretary-Treasurer
Debra Kowalski, MD (Fort Worth)
Immediate Past President
George Santos, MD (Houston)

APA Representatives:
A. David Axelrod, MD, Houston (2010-2013)
Priscilla Bay, MD, Houston (2009-2012)
J. Clay Sawyer, MD, Waco (2008-2011)

Counselors:
Edward Furstor, MD, Dallas (2010-2013)
Lynda Parker, MD, Georgetown (2008-2011)
Franklin D. Redmond, MD, San Antonio (2009-2012)
William H. Reid, MD, Horseshoe Bay (2008-2011)
George D. Santos, MD, Houston (2010-2011)
Leslie H. Secrest, MD, Dallas (2009-2012)

Representative to the APA Division of Government Relations:
Leslie H. Secrest, MD, Dallas (2009-2012)

Representative to the APA Division of Public Affairs:
Debra Kowalski, MD, Fort Worth (2009-2012)

Eric Woomer Retained as Lobbyist

After a comprehensive selection process involving 6 highly qualified candidates, the Federation has selected Eric Woomer to serve as its public policy consultant. Eric will represent the Federation and its members, the Texas Society of Psychiatric Physicians, the Texas Academy of Psychiatry and the Texas Society of Child and Adolescent Psychiatry, at all levels of state government, advise the Federation on legislative tactics and strategies, and help implement grass roots activities to supplement the Federation’s efforts.

Eric Woomer has more than two decades of experience in Texas state government. As a legislative staffer, Eric has worked with leaders of both political parties, offering counsel and guiding legislative activities for three state senators. He has served as press secretary to a senior member of Congress and has considerable experience writing newsletters, speeches, and testimony and coordinating media strategies. As a lobbyist, he has provided political strategies for Fortune 500 companies and led efforts to enact legislative and regulatory changes benefiting his clients. His knowledge and know how has allowed him to shepherd legislative efforts large and small, simple and complex, on matters as diverse as the state budget, energy, natural resources, taxation and healthcare. Eric was born in Malawi, Africa, while his parents served in the Peace Corp. A 1988 National Merit Scholar, Eric received his BA degree in Government from the University of Texas in 1993. In 2002, he obtained his masters Degree in Public Affairs from the University of Texas’ Lyndon Baines Johnson School of Public Affairs and received the LEF Award for Academic Excellence, presented annually by former First Lady, Lady Bird Johnson.
TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

54th Annual Convention & Scientific Program

“Advances in Clinical Psychiatry: Schizophrenia, Dementia, Bipolar Depression, PTSD, Borderline Personality and Ethics”

November 12-14, 2010 • Westin La Cantera Resort • San Antonio, Texas

MEETING REGISTRATION

See Registration Form or visit the website www.txpsych.org

HOTEL RESERVATIONS

TSPP’s 54th Annual Convention and Scientific Program will be held at the Westin La Cantera Hotel, 16641 La Cantera Parkway, San Antonio, Texas. For room reservations at the Westin La Cantera Hotel, call 1-800-937-8461 (UNTIL TSPP ROOM BLOCK SELL-OUT) and ask for the TSPP DISCOUNTED RATE OF $165.00 AND WAIVED RESORT FEE.

GOLF OUTING

TSPP Members and Guests interested in playing a ‘relaxing’ game of golf on Thursday, November 11, at the beautiful Westin La Cantera golf course, please check the box on the registration form and additional information will be sent to you as the plans are finalized.

SPECIAL INCENTIVE OFFER FOR TSPP MEMBERS-IN-TRAINING AND TRAINING DIRECTORS

TSPP will waive/refund the Members-in-Training member’s Scientific Program registration fee IF the member’s Training Director registers for the Scientific Program. So Residents, encourage your Training Director to register and then send us your registration form, with the name of your program director noted, and then plan on attending the Scientific Program FREE!

WELCOME RECEPTION WITH EXHIBITORS

All TSPP Annual Convention Registrants are invited to attend the complimentary Welcome Reception on Friday evening and encouraged to participate in the free drawings to be held throughout the weekend for several great prizes to be awarded through the weekend!

RESERVE YOUR ROOM

Westin La Cantera Hotel
1-800-937-8461
Ask for the TSPP DISCOUNTED RATE OF $165.00 AND WAIVED RESORT FEE
**SCIENTIFIC PROGRAM**

"Advances in Clinical Psychiatry: Schizophrenia, Dementia, Bipolar Depression, PTSD, Borderline Personality and Ethics"

**SCIENTIFIC PROGRAM SCHEDULE**

**SATURDAY, NOVEMBER 13**

8:00 AM - 8:15 AM  
Welcome & Introductions

8:15 AM - 10:15 AM  
The Psychiatrist's Role in the Health of the Pregnant Mother and the Risk for Schizophrenia in her Offspring  
Robert Freedman, MD

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in counseling pregnant women regarding treatment options for psychiatric disorders with risks and benefits.

10:15 AM - 10:35 AM  
Refreshment Break with Exhibitors

10:35 AM - 12:35 PM  
Case Conference: Diagnostic Issues of Major Types of Dementia, Clinical Implications; Treatment Planning and Advice for Families  
Kevin E. Gray, MD; Donald R. Royall, MD; Paul E. Schultz, MD

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of dementia and related disorders.

12:35 PM - 12:45 PM  
Break

12:45 PM - 2:15 PM  
Annual Business Meeting Lunch

2:15 PM - 4:15 PM  
PTSD: A Clinical Diagnosis in Need of Revision  
Carol S. North, MD, MPE

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of Post Traumatic Stress Disorder in adults and adolescents.

**SATURDAY, NOVEMBER 13 CONT.**

4:15 PM - 4:35 PM  
Refreshment Break

4:35 PM - 5:35 PM  
Clinical Implications of Recent Research in Bipolar Depression  
Vivek N. Singh, MD

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of bipolar depression.

5:35 PM - 5:50 PM  
Closing Remarks

**SUNDAY, NOVEMBER 14**

8:00 AM - 8:15 AM  
Welcome And Introductions

8:15AM - 10:15 AM  
Personality Disorders: Preserving the Past and Charting the Future  
John M. Oldham, MD, MS

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of borderline personality disorder.

10:15 AM - 10:30 AM  
Refreshment Break

10:30 AM - 12:30 PM  
Ethics Topic: Informed Consent in Psychiatry, Focus on Medication Management  
Michael R. Arambula, MD, Pharm.D.

Objectives: At the conclusion of the program participants will be able to demonstrate ability to effectively provide informed consent to patients concerning psychiatric treatment options.

12:30 PM - 1:45 PM  
Closing Remarks

**TARGET AUDIENCE / PROGRAM OBJECTIVES**

This CME program is designed with didactic lectures, panel discussions and case study presentations in multiple educational sessions. The program is designed to provide its primary target audience of Adult and Adolescent Psychiatrists, including the Child and Adolescent and Geriatric Psychiatrists that specialize in these areas, as well as other specialties of medicine, with high-quality, evidence-based, clinically-relevant information regarding ethics, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills, thereby improving their diagnostic acumen; their ability to interpret medical information and treatment options to patients and their abilities to use evidence based medicine, so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

**ACCREDITATION**

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of eleven (11) AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians. The presentation entitled “Informed Consent in Psychiatry, Focus on Medication Management” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

**ABOUT THE SPEAKERS**

*Michael R. Arambula, M.D., Pharm.D.*  
Private Practice, General and Forensic Psychiatry, Clinical Pharmacology  
San Antonio, Texas  
Clinical Associate Professor of Psychiatry and Interim Director  
Forensic Psychiatry Fellowship Program  
Department of Psychiatry  
University of Texas Health Science Center at San Antonio  
San Antonio, Texas  
Consultant, Texas Department of Criminal Justice  
Public Service, Texas Medical Board

*Robert Freedman, M.D.*  
Editor, *American Journal of Psychiatry*  
Professor, Department of Psychiatry and Pharmacology  
Director, Schizophrenia Research Center  
Chair, Department of Psychiatry  
University of Colorado Health Sciences Center  
Denver VA Medical Center  
Denver, Colorado

*Kevin Gray, M.D.*  
Private Practice, Geriatric Psychiatry and Psychiatry  
Dallas, Texas  
VA Medical Center Mental Health – Dallas, Texas  
Assistant Professor  
Department of Neurology  
UT Southwestern Medical Center  
Dallas, Texas

*Carol S. North, M.D., MPE*  
Director of the Program in Trauma and Disaster  
VA North Texas Health Care System  
Dallas, Texas  
The Nancy and Ray L. Hunt Chair in Crisis Psychiatry and Professor, Departments of Psychiatry and Surgery  
Division of Emergency Medicine  
Section on Homeland Security  
The University of Texas Southwestern Medical Center  
Dallas, Texas

*John M. Oldham, M.D., MS*  
Senior Vice President and Chief of Staff  
The Menninger Clinic  
Houston, Texas  
Professor and Executive Vice Chair  
Menninger Department of Psychiatry and Behavioral Sciences  
Baylor College of Medicine  
President  
American College of Psychiatrists  
President-Elect  
American Psychiatric Association

*Donald R. Royall, M.D.*  
Professor, Department of Psychiatry  
Professor, Department of Family & Community Medicine  
Professor, Department of Clinical Pharmacology  
Professor, Department of Medicine  
Chief, Division of Aging & Geriatrics  
University of Texas Health Science Center  
San Antonio, Texas  
Director of Research  
Freedom House Foundation  
San Antonio, Texas

*Paul E. Schulz, M.D.*  
Associate Professor, Department of Neurology  
Director, Dementia and Memory Disorders Program  
The University of Texas Medical School of Houston  
Houston, Texas

*Vivek N. Singh, M.D.*  
Assistant Professor of Psychiatry and  
Director of the Psychiatric Consultation Liaison Service  
and Chairman of the Institutional Review Board  
University of Texas Health Science Center  
San Antonio, Texas
TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS
54th Annual Convention and Scientific Program
November 12-14, 2010 • Westin La Cantera Resort • San Antonio, Texas

Special thanks to the following Sponsors and Exhibitors of the TSPP Annual Convention

DIAMOND
Texas Foundation for Psychiatric Education and Research

GOLD
Clarity Child Guidance Center, San Antonio
(Child & Adolescent Psychiatric Care, Acute, Residential, Partial, Outpatient and MD Group)
Neuronetics, Inc.
(NumoStar TMS Therapy)
Saxom Pharmaceuticals

EXHIBITORS
American Professional Agency, Inc.
(Liability Insurance)
Chickasaw Nation Industries, Inc.
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Clarity Child Guidance Center, San Antonio
(Child & Adolescent Psychiatric Care, Acute, Residential, Partial, Outpatient and MD Group)
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Neuronetics, Inc.
(NumoStar TMS Therapy)
Novartis Pharmaceuticals
San Marcos Treatment Center, San Marcos
(Psychiatric Residential Treatment Center for Adolescents)
Sanofi-Aventis
Saxom Pharmaceuticals
Sunovion Pharmaceuticals, Inc.
Texas Health Presbyterian Hospital, Dallas
(General Inpatient Psychiatry)
UNT Health Science Center at Fort Worth
(Psychiatry Positions Available)
US Army Medicine Civilian Corps
(Civilian Medical Job Opportunities)
UTMB-CMC, Galveston
(Recruitment)

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS
2010 ANNUAL CONVENTION & SCIENTIFIC PROGRAM
November 12-14, 2010 • Westin La Cantera Resort • San Antonio, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 12 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512-478-5223.

NAME (GUEST ATTENDING for name badge)
ADDRESS                                                                  CITY                                       STATE                 ZIP                        PHONE

NAME                                                                  E-MAIL

REGISTRATION FEES
Indicate the number of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are PER PERSON and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT

GOLF OUTING - Thursday
☐ Please Send Me Additional Information.

LUNCH PROGRAM - Friday
☐ Lunch Program
☐ MIT/ECF Program
☐ MIT/ECF Program
☐ WELCOME RECEPTION - Friday
☐ NOT Registered or Scientific Program
☐ Registered for Scientific Program

BUSINESS MEETING LUNCH - Saturday
☐ TSPP/Academy Member
☐ Mit/TSPP/Academy
☐ Guest

AWARDS BANQUET - Saturday
☐ Awards Banquet
☐ Reserved Table for 10
☐ Reserved Table for 10

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

PAYMENT INFORMATION
☐ Check
☐ Credit Card:
☐ American Express
☐ MasterCard
☐ Visa
☐ Check 
☐ Credit Card
☐ Exp. Date:
☐ Security Code

TOTAL REGISTRATION FEE

SAVE THE DATE
Next Year’s Scientific Program & 55th Annual Convention
Westin Galleria Hotel
Dallas, Texas
November 10-13, 2011

Are You Worried About RAC Audits?
Is Your Malpractice Insurance Too Expensive?
CUNNINGHAM GROUP HAS THE SOLUTION!

MediKey: This program offers Billing Errors & Omissions Insurance for allegations of Medicare/Medicaid Fraud and Abuse which includes the liability that arises from RAC Audits and goes beyond just defending you to include Informed Consent Coverage.

Malpractice Insurance: As the endorsed Agent of the Federation of Texas Psychiatry: we work with many Insurers to get you the lowest price for your malpractice insurance. Cunningham Group is a leading “independent” agent specializing in malpractice insurance for over thirty (30) years.

CUNNINGHAM GROUP
Contact us toll free at 1-866-536-2884, or by email at cdetrich@cunningham.com
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Are You Worried About RAC Audits?
Is Your Malpractice Insurance Too Expensive?
CUNNINGHAM GROUP HAS THE SOLUTION!
The Texas Foundation for Psychiatric Education and Research is launching its nineteenth Annual Campaign conducted each Fall to encourage charitable contributions to support the Foundation’s goals: fighting stigma and discrimination; ensuring that patients have access to quality psychiatric treatment; and improving treatment through innovative research.

The Foundation’s Annual Campaign Goals

- A major focus of the Foundation is to educate the public and policymakers about mental illnesses with the goal of ending stigma and eradicating discriminatory practices that impose unnecessary barriers to accessing and receiving quality psychiatric care.
- The Annual Campaign encourages unrestricted charitable contributions to be allocated by the Foundation to programs in Texas that address the Foundation’s goals of fighting stigma and discrimination against persons diagnosed with psychiatric disorders; ensuring that patients have access to quality psychiatric care; and improving treatment through innovative research.
- The Foundation during its 18 years of operation has awarded 116 grants amounting to $204,471 to support programs addressing its goals by various Texas organizations, as follows:
  - Public Education/Advocacy – $102,471 (50%)
  - Professional Education – $95,000 (47%)
  - Research – $7,000 (3%)

Historically, about 90% of funds contributed to the Foundation have been available to directly support programs in Texas, as the Foundation’s administrative costs consist of only about 10% of expenditures. The Foundation’s Annual Campaign 2010 offers a unique opportunity for psychiatrists and others to allocate their charitable contributions to an organization led by psychiatrists and mental health advocates who make decisions regarding the funding of programs that address the Foundation’s goals.

Will you participate in this opportunity to help people diagnosed with psychiatric illnesses? Send your charitable donation today to: Texas Foundation for Psychiatric Education and Research, 401 West 15th Street, Suite 675, Austin, Texas 78701.

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**TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH**

**I am pleased to support the Foundation with a contribution of:**

- $50
- $100
- $250
- $500
- $1000
- $ 

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