In 1987 I started on a journey with my son and at the time had no idea what the importance or duration of this journey might be. In fact, I am sure I assumed that this was a three-year obligation to participate in the local YMCA Indian Guides/Indian Princes Program that would pass very quickly. The initial meeting brought together a diverse group of fathers and sons with no one clearly being in charge. Our kids had no difficulty in defining their mission and were quickly racing around the yard and 2 future guides finding their way to the roof of the house. The owner of the house was somewhat dismayed and quickly asked the question, “is this what this program is going to be all about?” There was a pause then a majority response of “yes we think so” quickly terminating any opportunity for thoughtful discussion. Although haphazard, we all took the first step.

This is just one example where the first step in a journey provided no insight as to where the next many steps would lead. The following years happened so quickly I hardly realized that a very important and entertaining journey had begun. Coordinating and correlating 28 guides and fathers with different interests, backgrounds, ideas of parental roles and levels of participation was not the level of business structure that this membership classification is not for everyone. Recognizing the importance of organization in organized medicine an alternative membership category is available. The Texas Academy of Psychiatry provides many of the same opportunities of a TSPP membership. An Academy member may attend and participate in TSPP meetings as well as attend CME functions. Although one cannot be a committee chair or a TSPP officer all benefits of organized medicine are available to members of the Texas Academy of Psychiatry, which does not require mandatory joint national membership. Without your membership participation at some level the voice of medicine is not as strong as it could or needs to be. Please evaluate where you are in the organized medicine journey. It can and needs to be a long-term commitment in order to best represent our patients and our profession. If you have not started or perhaps have left the journey please reevaluate the importance of your personal participation. Join us in our journey!

John Bush provides an extremely detailed story setting up his story. Just like, it is a common interest that holds us together with no end in sight. The only thing that can stop this journey is ourselves. Each psychiatrist can choose their own level of involvement. All levels are important.

The river house just above Gruene, Texas. The level of participation is remarkable, with many young men flying in from New York, Los Angeles or San Francisco not wanting to interrupt what is a wonderful journey. The torch is clearly being passed to the next generation.

So what does this have to do with organized medicine. Although extremely different, I find many commonalities. My first memory is of the Texas Psychiatric Association meeting I attended when I was a third-year resident at the University of Washington hoping to make meaningful contacts in the state of Texas. My goal was to establish a practice somewhere in Texas. What a wonderful experience. That one meeting resulted in the opportunity to visit seven different locations around the state being exposed to many styles and opportunities for setting up my clinical practice. What a gracious and generous group of psychiatrists. Ultimately, I settled in Dallas at Timberlawn Hospital and only later did I appreciate what that first step in organized medicine had led to.

I quickly joined the Texas Psychiatric Association which ultimately became Texas Society of Psychiatric Physicians (TSPP). In those days there was great socialization, camaraderie, continuing education, but certainly not the level of business structure organization or mission we see today. I will provide one example to help our younger members appreciate the contrast. Today, John Bush provides an extremely detailed financial plan with easily understood cost centers as well as accurate financial projections with outside party verification. It was in my first or second year as a member in the mid-1980s that I was belatedly handed a shoebox full of receipts, 15 minutes prior to the annual business meeting. I was asked to review the receipts and verify that everything was in proper financial order. I reluctantly did so being assured that this business model has been used for many, many years. Talk about children on the roof, but it worked at that stage of the organization.

It is easy to see that TSPP has continued to evolve and define itself over the past 25 years. Like raising children, TSPP has faced many developmental challenges in addition to a variety of external challenges. Who can forget the onset of managed care, the private psychiatric hospital crisis of the 1990s, recurring scope of practice issues and external organizations such as the Scientists challenging our autonomy in the areas of medication management or providing ECT. These challenges go on and on requiring constant vigilance.

Does anyone think we could have survived these challenges alone as individual practitioners? For me, the answer is obvious. Organization and particularly TSPP has provided and continues to provide the collective voice for our patients as well as for our individual goals and interests. Every time that TSPP meets there is a gathering of very unique individuals and practitioners coming together for a common goal and good. Very much like the Indian guides where no two parents or children who were just like, it is a common interest that holds us together with no end in sight. The only thing that can stop this journey is ourselves.

Each psychiatrist can choose their own level of involvement. All levels are important. TSPP strongly supports joint membership of the APA and TSPP recognizes however, that this membership classification is not for everyone. Recognizing the importance of participation in organized medicine an alternative membership category is available. The Texas Academy of Psychiatry provides many of the same opportunities of a TSPP membership. An Academy member may attend and participate in TSPP meetings as well as attend CME functions. Although one cannot be a committee chair or a TSPP officer all benefits of organized medicine are available to members of the Texas Academy of Psychiatry, which does not require mandatory joint national membership. Without your membership participation at some level the voice of medicine is not as strong as it could or needs to be. Please evaluate where you are in the organized medicine journey. It can and needs to be a long-term commitment in order to best represent our patients and our profession. If you have not started or perhaps have left the journey please reevaluate the importance of your personal participation. Join us in our journey!
The State of Texas Never Sleeps...

Eric Woomer, Public Policy Consultant, Federation of Texas Psychiatry

As usual, there is plenty of activity related to psychiatry occurring at the state level. The Federation is pleased to provide this update of our recent government affairs activities.

The Texas Sunset Commission has begun its usual review of the Department of State Health Services (DSHS) and other Health and Human Services Commission (HHSC) enterprise agencies. The Sunset commission staff has now released reports evaluating each agency. The staff report on DSHS was particularly caustic. Staff declared that there is an existing crisis in the state mental health system, and that DSHS has struggled to deliver integrated care to people in need. However, the report was not critical of the Department of Family and Protective Services (DFPS), which has had its own well-documented problems.

The Sunset commission staff recognized that the agency has been on a downward spiral for some time, and that it continues to struggle to reform the state’s foster care system. Both DSHS and DFPS were criticized for a lack of a stakeholder-driven approach to their work.

In June, the Sunset commission released a report on the Sunset commission’s work on mental health and substance abuse services. The report highlighted the need for more effective coordination of services and the importance of involving stakeholders in the decision-making process.

In other news, the Federation has been active in promoting legislation to expand access to mental health care. The Federation has been working with other mental health organizations to advocate for changes to health insurance policies and to increase funding for mental health services.

Everywhere you may have heard about the Tea Party’s electoral power waxing nationally does NOT apply in Texas, where the conservative insurgent group again flexed its muscles in several key races.

Last session, as a part of adopting the state budget, the Legislature approved Budget Rider 83, which requires DSHS to develop a 10-year plan for the provision of psychiatric inpatient hospitalization within the state psychiatric hospital system. The Federation has been working to ensure that this plan is implemented effectively.

Politically, the primary runoffs came and went in May. Everything you may have heard about the Tea Party’s electoral power waxing nationally does NOT apply in Texas, where the conservative insurgent group again flexed its muscles in several key races.

Building a coalition for healthy minds – and are working on a website and a logo. Where suitable, the Federation will support other mental health groups to offer public comments, write letters to policymakers, and prepare public testimony.
Support for Windows XP Users. What does 2014 *Microsoft* will no longer provide security patches. They have already had their final public release of security patches. 

*Source: Texas Medical Licensing Law Blog, Leichter Law Firm, August 2, 2013*

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**The Ryan Haight Act and the Changing Face of Telemedicine**

The advent of telemedicine has made it possible to provide high-quality medical care for underserved areas of Texas. Patients in rural areas now have the opportunity to receive care from the state’s best physicians when before travel costs would have made it impossible. Because of the new nature of telemedicine, state and federal laws and regulations have remained in flux. It is important for any telemedicine provider to be aware of these changes to ensure they remain compliant.

One of the most significant changes to telemedicine was the passage of the Ryan Haight Act in 2008. The Act places a number of restrictions on the practice of online pharmacies and the ability of practitioners to prescribe medications through the internet. It was named after Ryan Haight, a teenager who died of a drug overdose in 2001 from controlled substances he bought online. M. Hisgha was able to procure a prescription for Vicodin without ever meeting a doctor. The Act regulates anyone who delivers, distributes, or dispenses medication by means of the internet. The Drug Enforcement Agency treats a practitioner who prescribes medication following a telemedicine evaluation as covered under the Act. Generally, a practitioner is in violation of the Act if he or she does not perform at least one in-person assessment of the patient before prescribing medication.

The Act does exempt practitioners from this requirement as long as a practitioner meets the federal definition of practicing telemedicine. A physician practicing telemedicine may prescribe controlled substances without an in-person evaluation if: (1) the patient is treated, and physically located in a hospital or clinic which has a valid DEA registration; and (2) the telemedicine practitioner is treating the patient in the usual course of professional practice, in accordance with state law, and with a valid DEA registration. 21 USC 802(54)(A). The most important thing to note for a practitioner is that the location where the patient is being treated must be a hospital or clinic that is itself registered with the DEA.

The requirement that the patient be in a hospital or clinic with a DEA registration is more stringent than Texas Medical Board requirements. Under Board rules, a physical, in-person evaluation is not necessarily required to prescribe medication and there is no requirement that the hospital or clinic have a DEA registration. A physician may treat a patient solely through telemedicine as long as the physician creates a physician-patient relationship, the patient is being treated at an "established medical site," e.g., a clinic or hospital, and all additional requirements are met, including the use of a qualified presenter to examine the patient.

Texas law also mandates that a telemedicine provider create and maintain detailed written protocols aimed at preventing fraud and abuse as well as separate policies covering the protection of patient privacy.

There are a number of other special types of telemedicine that under federal law allow a practitioner to prescribe medication without an in-person visit, such as practicing telemedicine while working for the Veterans Administration, or receiving a special exemption from the Attorney General. The interaction between federal law and state law in this field is complicated and changing, and

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**An Important Alert from PRMS Regarding Windows XP Users**

Donna Vanderpool, MBA, JD, Vice President, Risk Management, PRMS

Please be advised that *Microsoft* will no longer maintain Windows XP as of April 8, 2014.* Microsoft* will no longer provide security updates, fix bugs, or offer call center support for Windows XP users. What does this mean for you? If you are still using Windows XP in your practice — 28% of all computer users continue to do so — the security of your Protected Health Information (PHI) may be in danger, potentially resulting in liability. In order to secure your PHI, minimize your risk, remain HIPAA-compliant, and meet your professional obligation to keep patient information secure, we suggest you do the following:

1. Review HIPAA! It is important to understand what capabilities are required of your operating system by law. For more information on HIPAA requirements, contact your risk managers.
2. Do the research. Before utilizing any new program that will manage PHI, assess its strengths, weaknesses, and whether it will be the right fit for your practice.
3. Upgrade your operating systems to ensure that they are up to date and compliant with HIPAA. Windows XP is now being phased out. If you continue to use this operating system, you will open yourself up to elevated risk and exposure over the coming months.
4. For those devices that have yet to be updated, create an implementation schedule and stick to it! It has been reported that Microsoft will continue to maintain the XP malware engine for at least one year until July 14, 2015. However, they have already had their final public release of security patches.

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**Call me for a quote.**

Richard Stagnato
Account Manager

[Call us at (800) 742-3333]
[ThePrgm@prms.com]
[www.PsychoPro.com]

Medical professional liability policies can vary widely from one company to the next. It is important for psychiatrists to know the full — and accurate — story on a policy. Whether it is reviewing the difference between occurrence and claims-made policies or explaining how another policy might leave the doctor with an uninsured risk, I have done my job when I help psychiatrists evaluate their options to make the right choice.

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**BIPOLAR DISORDER?**

If no, you and your child may be eligible to participate in a Pediatric Bipolar Research Registry.

If your child is:
- Between the ages of 6-17.
- Experiencing mood swings or depression.

Click here for more details and information on how to enroll.

Jair C. Soares, MD
713-486-2627 utmooddisorders@uth.tmc.edu

*Source: Texas Medical Licensing Law Blog, Leichter Law Firm, August 2, 2013*
TSCAP Annual Convention & Scientific Program
“Management of the Child and Adolescent with Severe Comorbidity and Impairments”
July 18-20, 2014 • La Cantera Hill Country Resort • San Antonio, TX

Friday, July 18
2:00 pm - 5:30 pm  Exhibit Set-Up ......................................................... San Antonio Ballroom F&B (2nd Fl)
2:00 pm - 7:00 pm  Registration ............................................................... San Antonio Ballroom Foyer
4:00 pm - 5:30 pm  TSCAP Executive Cmte Mtg .................................. San Jacinto Boardroom (3rd Fl)
6:30 pm - 8:30 pm  Welcome Reception w/Exhibitors ................................. San Antonio Blm F&B (2nd Fl)

Saturday, July 19
7:30 am - 8:15 am  Continental Breakfast w/Exhibitors ................. San Antonio Ballroom F&B (2nd Fl)
7:30 am - 3:00 pm  Registration ............................................................... San Antonio Ballroom Foyer
8:00 am - 2:45 am  Scientific Program ......................................................... San Antonio Ballroom G&H (2nd Fl)
10:30 am - 10:50 am Refreshment Break ........................................ San Antonio Ballroom F&B (2nd Fl)
11:50 am - 12:10 pm Refreshment Break ........................................ San Antonio Ballroom F&B (2nd Fl)
1:10 pm - 1:30 pm  Refreshment Break & Final Visit with Exhibitors .......... San Antonio Ballroom F&B (2nd Fl)
2:00 pm - 3:00 pm  Exhibitors Tear Down ................................................. San Antonio Ballroom F&B (2nd Fl)

Sunday, July 20
7:30 am - 12:30 pm  Registration ............................................................... San Antonio Ballroom Foyer
7:45 am - 8:45 am  Scientific Program ......................................................... San Antonio Ballroom F&B (2nd Fl)
8:45 am - 12:45 pm  Refreshment Break ................................................. San Antonio Ballroom F&B (2nd Fl)
10:15 am - 10:30 am  Welcome Reception ................................................. San Antonio Blm F&B (2nd Fl)

PROGRAM AT A GLANCE

GENERAL INFORMATION
MEETING LOCATION / HOTEL RESERVATIONS
TSCAP’s Annual Convention and Scientific Program will be held at the La Cantera Hill Country Resort (formerly Westin La Cantera Resort), 16641 La Cantera Parkway, San Antonio, TX 78258. A special TSCAP discounted room rate of $190 is available to program registrants until JUNE 1 or upon sellout, whichever occurs first! Make your hotel reservation today by calling T-855-499-2960.

LA CANTERA HILL COUNTRY RESORT AMENITIES
With activities and amenities for everyone, and located close to Six Flags Texas themepark, it’s no wonder why La Cantera Hill Country is the ideal family resort in San Antonio, Texas and the perfect location for TSCAP’s 2014 Annual Meeting!

MEETING REGISTRATION
The earlier you register, the greater the savings on meeting registration AND hotel reservations! To take advantage of the Special Discounted Registration Fees, please remit your meeting registration prior to JUNE 16. If paying by credit card you may fax your meeting registration form to 512-478-5223. A confirmation of your registration will be sent if you include your email address.

OPENING WELCOME RECEPTION WITH EXHIBITORS
Check in early and join your friends and colleagues at the complimentary Welcome Reception for all TSCAP attendees! The welcome reception will be held Friday evening, July 18. Visit throughout the evening with your friends, colleagues and exhibitors in a relaxing atmosphere and become eligible for special door prize drawings to be awarded on Saturday!

MEETING SYLLABUS IN COLOR
All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers’ presentation (if color copy is submitted by speaker). Due to the higher cost of color copying, if you wish to receive the syllabus in color you may purchase a color copy of the speakers’ syllabus by checking the box on the Registration Form and including the additional charge. The color copy will be provided to you upon check-in the day of the program.

EXHIBITORS
American Professional Agency, Inc.
Clarity Child Guidance Center
Merridell Achievement Center
Professional Risk Management Services, Inc.
San Marcos Treatment Center
Texas Medicaid Wellness Program
The Menninger Clinic
UTMB CMC

EXHIBITS
TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in San Antonio Ballroom F&B, 2nd Floor, La Cantera Resort. Please make plans to visit with the Exhibitors during the Friday Welcome Reception AND enter to win the drawings for door prizes to be awarded throughout the day on Saturday. Exhibit hours:
Welcome Reception: Friday - 6:00 pm - 8:30 pm
Continental Breakfast: Saturday - 7:30 am - 8:10 am
Break: Saturday - 10:30 am - 10:50 am
Refreshment Break: Saturday - 11:50 am - 12:10 pm
Thursday - 1:10 pm - 1:30 pm
Exhibitors Tear Down & Depart: Saturday - 2:00 pm - 3:00 pm

ANNUAL MEETING BREAKFAST
The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the San Antonio Ballroom 1, 2nd Floor. Open to all attendees.

Register early and plan to attend!

REGISTRATION
NAME .......................................................... DEGREE ..........................................................
MAILING ADDRESS ........................................... CITY ...................................................... STATE .............................................. ZIP ..........................................................
Telephone Number ........................................... Tax Number ............................................. E-MAIL ..........................................................
Name(s) of Guest(s) Attending ________________________________   ________________________________
MAILING ADDRESS ........................................... CITY ...................................................... STATE .............................................. ZIP ..........................................................
Name(s) Attending Dissussion:
Name(s) Attending Reception:
Non-Member Physician $250 $270 _______________________
TSCAP Member Physician $195 $215 _______________________
Non-Member Physician $250 $270 _______________________
Exhibit hours:
Welcome Reception: Friday - 6:00 pm - 8:30 pm
Continental Breakfast: Saturday - 7:30 am - 8:10 am
Break: Saturday - 10:30 am - 10:50 am
Refreshment Break: Saturday - 11:50 am - 12:10 pm
Refreshment Break: Saturday - 1:10 pm - 1:30 pm
Exhibitors Tear Down & Depart: Saturday - 2:00 pm - 3:00 pm

Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the San Antonio Ballroom 1, 2nd Floor. Open to all attendees.

PAYMENT INFORMATION
If you require any special assistance to fully participate in this conference, please contact TSCAP via email tscapofc@aol.com or 512-478-0605.

CANCELLATIONS – Deadline for cancellation is June 16, 2014. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 16, 2014, less a 25% handling charge.

RETURN TO: Texas Society of Child and Adolescent Psychiatry,
401 West 15th Street, Suite 675, Austin, TX 78701; Phone (512) 478-0605 • Fax (512) 478-5223

TXPSYCHARTIST JUNE/JULY 2014

Texas Society of Child and Adolescent Psychiatry
Annual Convention & Scientific Program
“Management of the Child and Adolescent with Severe Comorbidity and Impairments”
July 18-20, 2014 • La Cantera Hill Country Resort • San Antonio, TX

REGISTRATION
NAME .......................................................... DEGREE ..........................................................
MAILING ADDRESS ........................................... CITY ...................................................... STATE .............................................. ZIP ..........................................................
Telephone Number ........................................... Tax Number ............................................. E-MAIL ..........................................................
Name(s) of Guest(s) Attending ________________________________   ________________________________
MAILING ADDRESS ........................................... CITY ...................................................... STATE .............................................. ZIP ..........................................................

TREATMENT OF FOSTER CHILDREN OPEN DISCUSSION REGISTRATION
□ Any(s) Attending Discussion: ____________________________   ____________________________
□ Sunday Membership Business Breakfast ____________________________   ____________________________
Non-Member Guests/Spouse/CH4 ____________________________   ____________________________

MEETING SYLLABUS ORDER
□ Color Printed Copy $75 $100 _______________________
□ Black & White Copy FREE FREE _______________________
□ Vegetarian Plate Requested. _______________________

If you require any special assistance to fully participate in this conference, please contact TSCAP via email tscapofc@aol.com or 512-478-0605.

TOTAL REGISTRATION
“Management of the Child and Adolescent with Severe Comorbidity and Impairments”

SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 19 (5 Hours Category 1 Credit)

8:00-8:30 AM Welcome & Opening Remarks
8:30-10:30 AM Pediatric Bipolar Disorder and Disorders of Mood Dysregulation
KEYNOTE SPEAKER: Kenneth E. Toobin, MD
OBJECTIVES: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants will be able to:
• Describe how recent research has led to a reevaluation of diagnostic criteria for bipolar disorder.
• Understand the changes that have occurred in DSM-5 and DSM-IV.
• Discuss how the stress response can lead to dissociation.
• Understand the differences in family history, course, outcome, and possible pathophysiologic links.
• Address the risk factors associated with bipolar disorder.
• Attendees will learn that they will assist the practitioner in distinguishing between DSM bipolar disorder, SAD, and MDD.
10:30-10:50 AM Refreshment Break with Exhibitors / Door Prize Drawings
10:50-11:50 AM The Evolving Role of Acute Inpatient Care in Child and Adolescent Psychiatry
R. Andrew Harper, MD
OBJECTIVES: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants will be able to:
• Describe the current role of acute inpatient hospitalization in the treatment of child and adolescent psychiatric disorders.
• Identify the challenges in providing care in the inpatient setting.
• Discuss the current role of safety and quality monitoring in psychiatric inpatient care.
11:50-12:10 PM Refreshment Break with Exhibitors / Door Prize Drawings
12:10-1:10 PM Resident Case Presentation: Autism, Hyperactivity and Mood Swings Jessica Sandoval, MD, Presenter Renee L. Olivera, MD, MPH, Discussant
OBJECTIVES: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants will be able to:
• Discuss the role of the thyroid in pediatric psychiatric disorders.
• Examine how a multiply impaired child impacts a wide variety of health care systems.
• Develop better means of collaboration between health care professionals when a child’s disorder crosses diagnostic categories.
1:10-1:30 PM Refreshment Break with Exhibitors / Door Prize Drawings
1:30-2:30 PM (ETHICS) Too Much or Not Enough? Use of Multiple Psychotropics in Patients with Severe Psychiatric Impairments Steven R. Pliszka, MD
OBJECTIVES: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants will be able to:
• Describe how polypharmacy impacts the use of psychotropic medications.
• Discuss the risks and benefits of polypharmacy with more than three psychotropics.
2:30-2:45 PM Closing Remarks

Sunday, July 20 (3 Hours Category 1 Credit)

8:45-9:15 AM Welcome & Opening Remarks
9:15-10:15 AM Genetics and Neurobehavioral Disorders: Recent Advances
Elizabeth Roeder, MD
OBJECTIVES: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants will be able to:
• Describe several advances in genetic testing relevant to neurobehavioral disorders.
• Identify the key features and pathophysiology of common genetic disorders with neuronal and behavioral sequelae.
• Determine when to refer a child with developmental or autistic spectrum disorder for genetic testing.
10:15-10:30 AM Refreshment Break
10:30-11:30 AM Reducing Use of Restraints in Inpatient and Residential Care Settings
Christopher Castillo, MA, LPC
OBJECTIVES: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants will be able to:
• Assess the impact of restraint use on healthcare systems and people.
• Recognize the wide variety of restraint types used in modern inpatient and residential programs.
• Discuss the psychological impact of restraints on patients and staff.
11:30-12:30 PM (ETHICS) Psychiatrists, Caseworkers and the Courts: How Can We Work Together?
Richard Coocke
William D. Holmes, MD
Steven R. Pliszka, MD
The Honorable Angela E. Ellis
OBJECTIVES: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants will be able to:
• Discuss how restraint use in Texas regarding foster care children impacts the doctor-patient relationship.
• Understand the process of consent for medical care when a child is in foster care.
• Develop strategies to apply the knowledge, skills and judgment of the psychiatrist and the multiple stakeholders in the foster care system.
12:30-1:45 PM Closing Remarks

FOLLOWING THE CONCLUSION OF THE TSCAP ANNUAL MEETING – SPECIAL NON-CME PRESENTATION

1:45 - 2:45 PM OPEN DISCUSSION: Controversies and Issues in the Treatment of Foster Children with Psychotropic Medication

SCIENTIFIC PROGRAM SPEAKERS

Christopher Castillo, MA, LPC
Clinical Director
Meadowlands Residential Treatment Center
San Antonio, TX

Renee L. Olivera, MD, MPH
Associate Professor
Division of Child and Adolescent Psychiatry
The Neuropsychiatric Research Laboratory and Clinic
Department of Psychiatry
Regional Academic Health Center Psychiatry Clerkship Director
The University of Texas Health Science Center at San Antonio
San Antonio, TX

R. Andrew Harper, MD
Professor of Psychiatry and Behavioral Sciences
University of Texas Health Science Center at Houston (UT Health)
Medical Director, University of Texas Harris County Psychiatric Center
Assistant Dean for Educational Programs, Medical School
Vice Chair of Education, Department of Psychiatry
Distinguished Teaching Professor
University of Texas System Psychiatry and Behavioral Sciences
University of Texas Houston Medical School
Houston, TX

Renee L. Olivera, MD, MPH
Associate Professor
Child Advocates San Antonio (CASAA)
San Antonio, TX

The Honorable Angela E. Ellis
Associate Judge / Juvenile Law Master
315th District Court
Houston, TX

Steven R. Pliszka, MD
Professor and Interim Vice Chair
Chief, Division of Child and Adolescent Psychiatry
Department of Psychiatry
The University of Texas Health Science Center at San Antonio
San Antonio, TX

Elizabeth Roeder, MD
Associate Professor of Pediatrics and Molecular and Human Genetics
Baylor College of Medicine
Chief Section of Genetics
Children’s Hospital of San Antonio
San Antonio, TX

Jessica Sandoval, MD
Child and Adolescent Psychiatry Fellow
The University of Texas Health Science Center
San Antonio, TX

Kenneth E. Toobin, MD
Clinical Professor, Psychiatry and Behavioral Sciences
The George Washington University
Washington, DC

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians. The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) AMA PRA Category 1 Credit(s)™. Participants should claim only the credit commensurate with the extent of their participation in the activity. The presentations entitled “Too Much or Not Enough? Use of Multiple Psychotropics in Patients with Severe Psychiatric Impairments” and the panel presentation “Psychiatrists, Caseworkers and the Courts: How Can We Work Together?” have each been designated by the Texas Society of Psychiatric Physicians for one (1) hour of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE / PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentation, direct discussion, panel discussion and a case study presentation in multiple educational sessions. The program is designed to provide its’ primary target audience of Child and Adolescent Psychiatrists, General Psychiatrists and other specialists of medicine in the State of Texas, with clinically-relevant information to advance the physician’s competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

FACULTY AND STAFF DISCLOSURE POLICY

The Texas Society of Child and Adolescent Psychiatry will disclose to participants the existence of any relevant financial relationships between faculty members, TSSP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interests discussed in this educational activity. Disclosure will occur prior to the presentations through written communication in the syllabus or handout material and through oral communication to the audience by the moderator or chair.

JUNE/JULY 2014

TExAS PsYCHIATRIST
The posters need not be especially made for this meeting. Posters presented at the APA or at other scientific meetings within the last year would be appropriate. TSPP’s goal is to support collaborative interaction among the Texas researchers and also to familiarize the general membership about new advances made in the state. The deadline for poster applications is October 20, 2014. For a copy of the Poster Application Form, please visit www.txpsych.org or contact tsppofc@aol.com.

THURSDAY GOLF OUTING – Polish up on your golf game in an exciting location! For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSPP Registration Form and additional information will be emailed to you.

FRIDAY – ACADEMIC PSYCHIATRY PROGRAM – The Academic Psychiatrists will be having a program tailored for the specific interests of this group. On the agenda for this meeting will be a getting-to-know-you exercise and then, an updated look at the Milestones Project® at the various represented psychiatry residency programs in the state of Texas. Residency program directors, other academicians, and any TSPP members who are interested will look at what has worked so far and what areas have been more problematic. Dr. Timothy Wolff will lead this program and vows to make it interesting, relevant, and most importantly, fun. To register for this complimentary program and reserve your seat, to be held Friday, 2:00-3:30 pm, please complete the attached registration form.

* Milestones are knowledge, skills, attitudes, and other attributes for each of the Accreditation Council for Graduate Medical Education (ACGME) competencies organized in a developmental framework from less to more advanced.

AWARDS RECEPTION/BANQUET
Saturday evening’s festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2014 TSPP Award Recipients for their outstanding contribution to Psychiatry. Register early to reserve a table for your friends at this memorable evening! This year’s honorees include:

- DISTINGUISHED SERVICE AWARD
  - Emillie Well Becker, MD, Austin
  - Leslie H. Secrest, MD, Dallas

- PSYCHIATRIC EXCELLENCE AWARD
  - Benigno J. Fernandez, MD, San Antonio
  - Marie T. Kelly, MD, Fort Worth

- SPECIAL SERVICE AWARD
  - Susan Stone, MD, Rosanky (posthumous)

DR. SPENCER BAYLES OUTSTANDING TSPP MEMBER AWARD
This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP’s Annual Business Luncheon on Saturday, November 15 so please plan to attend and thank your fellow colleagues for his outstanding volunteer service. This year’s Award Recipients are:

- Ted Krell, MD, Baytown
- Gary Miller, MD, Houston
- Linda Rhodes, MD, San Antonio

COMMUNITY SERVICE AWARD
This award is to recognize legislators or public officials for their support and advocacy for psychiatry and persons with psychiatric illnesses. The award will be presented this year to Senator Joan Huffman from Houston during the CME Scientific program break.

DAVID PHARIS AWARD
The David Pharis Award will be presented by the Department of State Health Services and TSPP to recognize significant contributions to safety and quality inpatient care and outcomes in State Hospitals. This year’s award will be presented during TSPP’s Annual Business Luncheon on Saturday, November 15. Please attend and express your appreciation to the organization selected for this degree of excellence.

Special ‘Free’ Registration Offer for TSPP Medical Students, Resident-Fellow Members and TSCAP Medical Students and Trainee Members
TSPP is pleased to again offer the waiver of the CME Scientific Program registration fee if the resident member’s Training Director registers for the Scientific Program. So all Trainees encourage your Training Director to register and then send in your registration form, with the name of your Training Director noted, and then plan on attending the CME Scientific Program FREE!
SATURDAY, NOVEMBER 15
4 HOURS CATEGORY 1 CREDIT
8:00 - 8:30 am Welcome and Introductions
8:30 - 10:00 am Update on Evidence for Neuer Antipsychotics: Focus on Clinically Relevant Differences
Matthew J. Byerly, MD
Objectives – Following the completion of this activity the attendee will be able to:
• Describe the comparative effectiveness of antipsychotics including the most recently marketed agents.
• Describe the relative side effects of antipsychotics, including the most recently marketed agents.
• Discuss a logical approach for personalizing antipsychotic treatments with currently available medications.
10:30 - 10:50 am Refreshment Break with Exhibitors and Poster Session / Door Prize Drawing
10:50 - 11:00 am Presentation of Community Service Award to Senator Joan Huffman
11:00 - 12:00 pm Healthcare Reform and the Psychiatric Practice
Debra Atkinson, MD, DFAPA
Objectives – Following the completion of this activity the attendee will be able to:
• Discuss the general implications of healthcare reform for psychiatry practice.
• Understand the laws and opportunities for psychiatrists within integrated care delivery models.
• Discuss key practice management issues which are emerging as a result of the changing payment and delivery market, and utilize tools to secure additional materials and/or assistance from APA.
12:00 - 1:30 pm Annual Business Meeting Luncheon
1:30 - 2:30 pm Personality Disorders and DSM-5
John M. Oldham, MD, MS, DFAPA
Objectives – Following the completion of this activity the attendee will be able to:
• Identify current concepts and controversies relevant to personality disorders (PDs).
• Specify the importance of genetic and neurobiological factors in borderline personality disorder (BPD).
• Recognize the proposed new model for personality disorder, located in Section III of DSM-5.
2:30 - 3:30 pm Application of Evidence Based Knowledge in the Treatment of Depressive Disorders
Madhukar H. Trivedi, MD, DFAPA
Objectives – Following the completion of this activity the attendee will be able to:
• Discuss recent developments in pharmacological and non-pharmacological treatment for depression.
• Identify updates in the recent AHA Guidelines for depression.
• Discuss the role of measurement based care for depression.
3:30 - 3:50 pm Refreshment Break with Exhibitors and Poster Session / Door Prize Drawing
3:50 - 4:50 pm Motivational Interviewing: Preparing People for Change
Oscar G. Bukstein, MD
Objectives – Following the completion of this activity the attendee will be able to:
• Describe the importance of the spirit of motivational interviewing* Identify key principles of motivational interviewing.
• Describe the elements of motivational interviewing as a brief intervention.
4:50 - 5:20 pm Closing Remarks

SCIENTIFIC PROGRAM GOALS/TARGET AUDIENCE/LEARNING OBJECTIVES
This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.
Information and data will address, new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.
The learning objectives for this activity have been designed to address clinician competence.

ACCREDITATION
The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.
The presentation entitled "Ethics: Development and Application of Professionalism in Clinical Practice" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

NEEDS ASSESSMENT
TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

FACULTY AND STAFF DISCLOSURE POLICY
The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest disclosed in this educational activity.
Disclosure will occur through written communication in the syllabus / handout material.

SUNDAY, NOVEMBER 16
3 HOURS CATEGORY 1 CREDIT
8:30 - 9:00 am Welcome and Introductions
9:00 - 10:00 am After the Unthinkable: Responding to Terrorism
Carol S. North, MD, DFAPA
Objectives – Following the completion of this activity the attendee will be able to:
• List the types and prevalence of specific psychiatric disorders reported in major studies of survivors of terrorism and disasters.
• Critically examine elements of diagnostic criteria for PTSD and significance of trauma exposure and symptom types in predicting mental health sequelae of terrorism.
• Differentiate symptoms and distress from psychopathology in response to terrorism and discuss the appropriate approach to these very different phenomena in a framework of emergency and medical response.
10:00 - 12:00 pm Ethics: Development and Application of Professionalism in Clinical Practice
Jeffrey P. Spike, PhD
Objectives – Following the completion of this activity the attendee will be able to:
• Discuss the methods of evaluating professionalism in medical practice.
• Identify scenarios that present challenges to professionalism in medical practice, and
• Develop skills to apply professionalism in clinical practice.

ABOUT THE SPEAKERS
Debra Atkinson, MD, DFAPA
Past President, Texas Society of Psychiatric Physicians
TSPP Representative to the American Psychiatric Association
Co-Medical Director, Soteria, LLC
Associate Clinical Faculty, University of North Texas Health Science Center
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VA North Texas Health Care System
The Nancy and Ray L. Hunt Chair in Crisis Psychiatry
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John M. Oldham, MD, MS, DFAPA
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Barbara and Corbin Robertson Jr. Endowed Chair for Personality Disorders,
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California of Meetings

JULY

18-20 Texas Society of Child and Adolescent Psychiatry Annual Convention and Scientific Program Westin La Cantera Hotel, San Antonio Hotel Reservations: 1-855-499-2960 $190 Room Rate Prior to June 16, 2014

NOVEMBER

14-16 Texas Society of Psychiatric Physicians 58th Annual Convention and Scientific Program Westin Park Central Hotel, Dallas Hotel Reservations: 1-888-627-7832 $159 Room Rate Prior to October 17, 2014

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Call for Proposals for CME Activity for the 2015 TSPP Spring or Annual Meeting

TSPP wants your input! The TSPP CME Committee will be selecting topics for the 2015 CME Spring Meeting and Annual Convention. Deadline to submit proposals for the TSPP 2015 CME activities is November 1, 2014. Only proposals that are complete and submitted on the CME Activity Worksheet will be considered by the TSPP CME Committee for presentation. You should have the following information ready before submitting the proposal:

- Topic/Title for Presentation
- Needs Assessment/Gap Analysis
- Proposed Objectives
- Proposed Speakers
- Teaching Method

To download the CME Activity Worksheet, visit www.txpsych.org

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JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation’s JOB BANK on its website at www.txpsych.org. The Federation’s JOB BANK could be just what you have been looking for.