It Takes a Physician

J. Clay Sawyer, MD, President, Texas Academy of Psychiatry

Welcome to my column for this edition. In past columns, I have expounded on the history of the various organizations related to Texas psychiatry, I have illustrated how these organizations work to provide a voice for us in legislative bodies at all levels, and I have stressed not only the vital importance of membership but also how easy it is to join and to become involved. Involvement is of the utmost importance — allow me to explain why.

1) APA elections are currently in full swing. Several good people are running for various offices, but the election process will be over by the time this column appears in print. If you are an APA member, please vote. Vote and let your voice be heard — this is a vital way to ensure that APA to the district branches, and how the general membership will be heard. Both issues for change passed essentially unanimously at the May 2011 meeting of the APA Assembly of Delegates. At the November 2011 meeting (the Assembly meets twice each year), these changes seemed to have been forgotten. While revenue sharing is more vital than ever for district branches to function, and while the referendum process needs to be changed so that APA members can also have direct input on APA policy, the most important underlying factor that must change is the fact that the Board of Trustees can, if it chooses to do so, ignore the will of the Assembly (and, therefore, the will of the general membership) because no system of checks and balances exists to prevent this from happening. How do we solve this problem?

2) Not every organization is perfect. I mentioned this fact in my last column. I have long felt that the APA Assembly of Delegates should be the decision-making body for the APA, with the Board of Trustees carrying out these decisions. This type of structure would truly represent a member-driven organization since elected delegates from each District Branch of which TSPS is the fourth-largest of the seventy-six would govern the APA based upon “marching orders” given from the various DB memberships. Regrettably, the APA is too often a ship-driven organization to which I belong which is not structured in this manner.

3) Change is needed. Two vital issues have been repeatedly in the past — these issues involve revenue sharing from the APA to the district branches, and how the general membership will be heard. Both issues for change passed essentially unanimously at the May 2011 meeting of the APA Assembly of Delegates. At the November 2011 meeting (the Assembly meets twice each year), these changes seemed to have been forgotten. While revenue sharing is more vital than ever for district branches to function, and while the referendum process needs to be changed so that APA members can also have direct input on APA policy, the most important underlying factor that must change is the fact that the Board of Trustees can, if it chooses to do so, ignore the will of the Assembly (and, therefore, the will of the general membership) because no system of checks and balances exists to prevent this from happening. How do we solve this problem?

4) Join and let your voice be heard so that change can occur! It is worth the work involved to make meaningful change, but it takes numbers to do so. The TSPS delegation to the APA Assembly now consists of three representatives, based upon membership numbers. TSPS is within striking distance of returning to a delegation of four representatives, as was the case for many years. While TSPS is already the fourth-largest district branch in the APA, another representative would enhance even more our efforts to bring about meaningful change.

So, why am I spending so much time on issues concerning the APA in this column? It’s simple — the APA is the major voice advocating for psychiatry and for our patients on a national level, just as TSPS and the Academy do here in Texas (both individually and through the Federation). Therefore, actions of the APA affect us all, members or not.

TSPS needs our help in making the APA a better, more member-responsive organization. How can we help? By supporting the Texas Academy of Psychiatry with our membership and our dollars, we make it possible for the Federation of Texas Psychiatry to continue its highly-effective work advocating for psychiatry and for our patients before the Texas legislature. The more effective the Federation is in Texas, the more man-hour resources TSPS can devote to improving the APA and helping that organization to focus on its primary mission of advocacy.

The results of this approach will help us all, and ultimately help our patients. I therefore urge non-members in Texas to join, and to become involved, at whatever level fits best. Remember, the Texas legislature will be in session again next year, so 2012 is the year when we all must redouble our efforts to develop and to maintain our relationships with our representatives and our senators so that psychiatry’s voice will be heard. Help us to do so!

Have a voice in determining your own future! ■

Legislative Update

Eric Woomer, Public Policy Consultant, Federation of Texas Psychiatry

The new year marks a renewed commitment to protect patients and the psychiatric profession. The Texas Federation of Psychiatry is actively monitoring a variety of issues that impact mental health care in this state, and we welcome the opportunity to update you. If you have any questions or concerns about these items, please don’t hesitate to contact the Federation.

Medicare Cuts

One of the negative outcomes of the 82nd Legislature was a mandate to implement “Medicare equalization” rules that eliminate Medicaid payments for the Medicare Part B co-insurance and deductibles for dual-eligible patients, if making the payment would result in the state paying more than the Medicaid allowable for the same service. This may result in a 20% payment reduction on physicians treating our state’s most vulnerable population.

Compounding the problem is the disparate treatment under Medicare for mental health services, meaning these cuts could have a disproportionate impact on patients residing in nursing homes who are dealing with mental disorders. When coupled with cuts to reimbursements for psychotherapy treatment under Medicare since 2006, the most important impact of this policy change could be devastating. The new rules effectively penalize psychiatrists who treat the sickest of Medicare patients, very often in nursing facilities, and many of these doctors would quickly curtail or end their treatment of dual-eligible patients.

The Federation, along with the Texas Medical Association and other medical societies, met with State Medicaid Director Billy Milwee in early January 2012, to investigate ways to minimize the impact of these new rules. While the cuts to Medicare reimbursement are required by state law, the proposed policy change saves millions more in general revenue than the law requires. No immediate relief resulted from our conversations with HHS, but Mr. Milwee was open to exploring ideas to mitigate the negative consequences of the new law by reducing the payment reduction. The Federation pledges to continue working towards an adequate resolution to this critical issue.

Physician Employment / Abuse at State Hospitals

Psychiatrists at two state hospitals have been fired in recent weeks amidst allegations of sexual misconduct and abuse of patients in their care, and newspaper investigations have found other psychiatric physicians and mental health workers who have been hired despite documented history of questionable behavior with patients. In October 2011, state and federal inspectors encamped at the Parkland Hospital Psychiatric Emergency Room to review allegations of improper restraint of a psychiatric patient. A U.S. Justice Department investigation is pending. As a result of these incidents, the House of Representatives’ Public Health Committee held a January hearing to review the Department of State Health Services policies and procedures for hiring personnel and monitoring patient safety at state hospitals. DHS leadership conceded that hiring practices may not have been as stringent as they needed to be, but indicated that the agency was adopting new rules that require a staffer accused of abuse to be moved to another unit, as well as prohibiting after-hours psychiatric consultations without supervision and counseling sessions being held behind locked doors. DHS is also spending more than $100,000 to retrofit more than 300 doors at psychiatric hospitals with windows.

It is likely that additional legislative mandates with regard to hiring in state hospitals will be considered during the next session of the legislature. Historically, DHS has had a difficult time recruiting and retaining psychiatrists as well as State Hospitals, and is not always successful in steering clear of mental health workers with blemished records.

DSHS requires psychiatric candidates to undergo criminal background checks and drug screenings, and officials review records for abuse and neglect allegations, as well as checking a physician’s medical license and disciplinary history nationwide. However, finding doctors remains a challenge, and as many as a fifth of the currently funded psychiatric positions at all ten state hospitals are vacant. Annual salaries at state hospitals typically begin in the $160,000 — well behind the private sector, or even within the Texas prison system, although in 2011 DHSIS (sold and the Federation supported) an additional $5 million in state funding to supplement psychiatric salaries at DSHS.

Mental Health Workforce Shortage

The Texas Tribune has published a series of articles lamenting the severe shortage in mental health workers plaguing the State of Texas. This includes psychiatrists, psychologists, social workers, licensed professional counselors and advanced practice nurses. According to state records, less than one-third of Texas children with severe emotional disturbance thorough community mental health services. Adults with serious and persistent mental illness fare better, but only slightly.

Many factors contribute to the problem, chief among them being inadequate pay and reimbursement in the public mental health.
system, and challenges recruiting psychiatric physicians to underserved communities around the state. Nevertheless, despite these hurdles, psychiatry in Texas continues to grow. According to data obtained from the Texas Medical Board, the number of psychiatric licenses issued has increased 23% since 1996. The growth among child and adolescent psychiatrists is even more pronounced, with psychiatrists who list Child Psychiatry as either a Primary specialty or a Secondary specialty growing 46% over the past 20 years. The growth rate over the past fifteen years has been 208%.

1115 Waiver

In December, the state of Texas received approval from the Centers for Medicare and Medicaid Services in Washington, D.C. for a waiver that allows the state to expand Medicaid managed care across the state. The state legislature directed DSHS to conduct a Behavioral Health System Review with the identification of various issues and the development of recommendations to improve access, service utilization, patient outcomes, and system efficiency. As a result of this activity, a Federal court held from November 28 – December 19, 2012.

Challenging Cases in Challenging Times

Patrick Holden, MD, President, Texas Society of Psychiatric Physicians

Psychiatrists are well equipped to deal with complex patients, in whom there are multiple and inter-related diagnostic issues, confounding diagnostic issues, limited mental health resources, and family denial. Understanding family dynamics are the key to treatment in many cases. Family dynamics are not revealed at the start of treatment. The psychiatrist must be patient and tolerate the family’s defenses during the initial treatment phase. These case studies illustrate the chal- lenges facing the psychiatrist dealing with a complex case. The identity of the patient and family are disguised.

Leo is a 13-year-old youth with a very complicated psychiatric and social history. At the first clinic visit, his mother reported that he was continuing to act out by tearing up things, arguing with her, feeling depressed and saying he was “frustrated” about losing his biological father 11 years ago.

At 2 years of age, his mother married and moved to a different state with him to stop thinking like that. At the end of a demon. She tries to disabuse him of such ideas. He was adopted at age 3 yrs. and continued in between hospitalizations.

On initial MSE, Leo’s speech was of aver- age volume and rate. He related in an immu- nizing, and total intravenous hallucinations. No deli- sions, suicidal ideation or homicidal ideation were present. When he did not want to answer a question about a sensitive topic he detoured the conversation by talking about something else or by deferring to his mother or grandmother.

The relationship between Leo and his mother was striking: they argued and bick- ered like a dysfunctional couple. For example, at one point Leo said “she doesn’t take me anywhere” and his mother responded with “Tell you the truth.” He was able to prove her on a predictable basis, causing her to respond in an impulsive manner. He was able to engage her in long discussions about missing his father even though his father died when he was 2 years old. He made demands for things and got what he thought were small concessions, given exactly what he wanted. He was able to manipulate his mother and she has been unable to set limits on Leo. His stepfather was clearly the disciplinarian in the household. Leo resented his authority and told his mother that she should divorce his husband. He was referred for a CPS in 2 yrs. for one year and was molested while in foster care. His biological father had a severe illness and killed himself when the patient was 2 years old.

The resolution of the problems facing Leo and his family is unclear because treatment is ongoing. However, the direction for treat- ment is becoming more clear as the dynam- ics are unfolding.

In reviewing the difference between the legislative map and the three-judge federal court map, one can observe the following differences:

for statewide and local offices, including the Senate, and Congressional maps drawn by the Texas Legislature, and drew new maps for the 2012 election cycle. The state appealed this decision after ruling that the San Antonio court exceeded its judicial authority and attempted to usurp the duties of the state legislature. In December, the U.S. Supreme Court sided with the State and blocked the use of the maps drawn by the three-judge panel. As of this writing, a series of court hearings are underway, to deter- mine which maps to be enforced.

As a result of this activity, a Federal court in San Antonio has moved the Texas Primary election date from March 6, 2012 to April 3, 2012. However, the new legal developments have put that date in jeopardy – the court directed parties to settle on temporary maps if they want to keep April 3rd as the primary date. If parties cannot reach consensus, the primary will likely be split – an earlier date for statewide and local offices, including the legislative primary; the last day for the congressional primary, and state house and senate contests.

Texas elections are currently in limbo pend- ing a series of upcoming court hearings. Last fall, a panel of three federal judges in San Antonio tossed out the Texas House, Senate, and Congressional maps drawn by the Texas Legislature, and drew new maps for the 2012 election cycle. The state appealed this decision after ruling that the San Antonio court exceeded its judicial authority and attempted to usurp the duties of the state legislature. In December, the U.S. Supreme Court sided with the State and blocked the use of the maps drawn by the three-judge panel. As of this writing, a series of court hearings are underway, to deter- mine which maps to be enforced.

As a result of this activity, a Federal court in San Antonio has moved the Texas Primary election date from March 6, 2012 to April 3, 2012. However, the new legal developments have put that date in jeopardy – the court directed parties to settle on temporary maps if they want to keep April 3rd as the primary date. If parties cannot reach consensus, the primary will likely be split – an earlier date for statewide and local offices, including the legislative primary; the last day for the congressional primary, and state house and senate contests.

Texas elections are currently in limbo pend- ing a series of upcoming court hearings. Last fall, a panel of three federal judges in San Antonio tossed out the Texas House, Senate, and Congressional maps drawn by the Texas Legislature, and drew new maps for the 2012 election cycle. The state appealed this decision after ruling that the San Antonio court exceeded its judicial authority and attempted to usurp the duties of the state legislature. In December, the U.S. Supreme Court sided with the State and blocked the use of the maps drawn by the three-judge panel. As of this writing, a series of court hearings are underway, to deter- mine which maps to be enforced.

As a result of this activity, a Federal court in San Antonio has moved the Texas Primary election date from March 6, 2012 to April 3, 2012. However, the new legal developments have put that date in jeopardy – the court directed parties to settle on temporary maps if they want to keep April 3rd as the primary date. If parties cannot reach consensus, the primary will likely be split – an earlier date for statewide and local offices, including the legislative primary; the last day for the congressional primary, and state house and senate contests.

Texas elections are currently in limbo pend- ing a series of upcoming court hearings. Last fall, a panel of three federal judges in San Antonio tossed out the Texas House, Senate, and Congressional maps drawn by the Texas Legislature, and drew new maps for the 2012 election cycle. The state appealed this decision after ruling that the San Antonio court exceeded its judicial authority and attempted to usurp the duties of the state legislature. In December, the U.S. Supreme Court sided with the State and blocked the use of the maps drawn by the three-judge panel. As of this writing, a series of court hearings are underway, to deter- mine which maps to be enforced.

As a result of this activity, a Federal court in San Antonio has moved the Texas Primary election date from March 6, 2012 to April 3, 2012. However, the new legal developments have put that date in jeopardy – the court directed parties to settle on temporary maps if they want to keep April 3rd as the primary date. If parties cannot reach consensus, the primary will likely be split – an earlier date for statewide and local offices, including the legislative primary; the last day for the congressional primary, and state house and senate contests.

Texas elections are currently in limbo pend- ing a series of upcoming court hearings. Last fall, a panel of three federal judges in San Antonio tossed out the Texas House, Senate, and Congressional maps drawn by the Texas Legislature, and drew new maps for the 2012 election cycle. The state appealed this decision after ruling that the San Antonio court exceeded its judicial authority and attempted to usurp the duties of the state legislature. In December, the U.S. Supreme Court sided with the State and blocked the use of the maps drawn by the three-judge panel. As of this writing, a series of court hearings are underway, to deter- mine which maps to be enforced.

As a result of this activity, a Federal court in San Antonio has moved the Texas Primary election date from March 6, 2012 to April 3, 2012. However, the new legal developments have put that date in jeopardy – the court directed parties to settle on temporary maps if they want to keep April 3rd as the primary date. If parties cannot reach consensus, the primary will likely be split – an earlier date for statewide and local offices, including the legislative primary; the last day for the congressional primary, and state house and senate contests.

Texas elections are currently in limbo pend- ing a series of upcoming court hearings. Last fall, a panel of three federal judges in San Antonio tossed out the Texas House, Senate, and Congressional maps drawn by the Texas Legislature, and drew new maps for the 2012 election cycle. The state appealed this decision after ruling that the San Antonio court exceeded its judicial authority and attempted to usurp the duties of the state legislature. In December, the U.S. Supreme Court sided with the State and blocked the use of the maps drawn by the three-judge panel. As of this writing, a series of court hearings are underway, to deter- mine which maps to be enforced.

As a result of this activity, a Federal court in San Antonio has moved the Texas Primary election date from March 6, 2012 to April 3, 2012. However, the new legal developments have put that date in jeopardy – the court directed parties to settle on temporary maps if they want to keep April 3rd as the primary date. If parties cannot reach consensus, the primary will likely be split – an earlier date for statewide and local offices, including the legislative primary; the last day for the congressional primary, and state house and senate contests.

Texas elections are currently in limbo pend- ing a series of upcoming court hearings. Last fall, a panel of three federal judges in San Antonio tossed out the Texas House, Senate, and Congressional maps drawn by the Texas Legislature, and drew new maps for the 2012 election cycle. The state appealed this decision after ruling that the San Antonio court exceeded its judicial authority and attempted to usurp the duties of the state legislature. In December, the U.S. Supreme Court sided with the State and blocked the use of the maps drawn by the three-judge panel. As of this writing, a series of court hearings are underway, to deter- mine which maps to be enforced.

As a result of this activity, a Federal court in San Antonio has moved the Texas Primary election date from March 6, 2012 to April 3, 2012. However, the new legal developments have put that date in jeopardy – the court directed parties to settle on temporary maps if they want to keep April 3rd as the primary date. If parties cannot reach consensus, the primary will likely be split – an earlier date for statewide and local offices, including the legislative primary; the last day for the congressional primary, and state house and senate contests.

Texas elections are currently in limbo pend- ing a series of upcoming court hearings. Last fall, a panel of three federal judges in San Antonio tossed out the Texas House, Senate, and Congressional maps drawn by the Texas Legislature, and drew new maps for the 2012 election cycle. The state appealed this decision after ruling that the San Antonio court exceeded its judicial authority and attempted to usurp the duties of the state legislature. In December, the U.S. Supreme Court sided with the State and blocked the use of the maps drawn by the three-judge panel. As of this writing, a series of court hearings are underway, to deter- mine which maps to be enforced.
OPPORTUNITIES FOR PSYCHIATRISTS

UTMB-CMC has a few select opportunities in Texas for Psychiatrists to work with adults and/or adolescents.

<table>
<thead>
<tr>
<th>Current Opportunities Available</th>
<th>Compare our Benefits with other Organizations</th>
</tr>
</thead>
<tbody>
<tr>
<td>✓ Staff Psychiatrist - Telemedicine Suites</td>
<td>✓ Relocation allowance</td>
</tr>
<tr>
<td>Houston, Texas</td>
<td>✓ 5 days paid CME leave</td>
</tr>
<tr>
<td>✓ Staff Psychiatrist - Juvenile Justice</td>
<td>✓ Competitive salaries</td>
</tr>
<tr>
<td>Populations, Corsicana, Texas</td>
<td>✓ Flexible schedules</td>
</tr>
<tr>
<td>✓ Staff Psychiatrist - Inpatient Psychiatry</td>
<td>✓ Limited on-call rotation</td>
</tr>
<tr>
<td>Rusk, Texas</td>
<td>✓ Professional liability coverage</td>
</tr>
<tr>
<td>** FULL TEXAS LICENSE REQUIRED**</td>
<td>✓ Comprehensive medical coverage</td>
</tr>
<tr>
<td></td>
<td>✓ Paid vacation, holidays and sick leave</td>
</tr>
<tr>
<td></td>
<td>✓ State retirement plan in ORP or TRS with State contributions</td>
</tr>
</tbody>
</table>

To learn more about our organization visit:  
www.utmb.edu/cmc
To Apply contact Debie Dansbe 281-269-6709  
or email resume:  dsdansbe@utmb.edu or  
Kevin Martin 409-747-2694 or  kelmarti@utmb.edu

UTMB is an EO/AA Employer M/F/D/V
Register early and plan to attend the 2012 Committee Meetings and Joint Sponsored Spring CME Program of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry April 21-22 at the Westin Austin at the Domain Hotel in Austin, Texas, 11301 Domain Drive, Austin.

MEETING LOCATION / INFORMATION
Located within one of Austin’s premier destinations, the Westin Austin at the Domain Hotel is centrally located amongst 1.3 million square feet of high-end shopping and local music, fine dining, an upscale movie theater featuring independent and major films, and jogging paths offering a taste of the calming greenery found nearby. Easy steps from the hotel door, or a complimentary Westin golf cart shuttle away, you will find Spa Reveil, an exclusive spa sanctuary dedicated to creating a memorable experience for every guest (Spa Reservations 1-512-339-7000), outstanding shopping choices including Neiman Marcus, Tiffany & Company, Louis Vitton, Dillard’s and numerous dining options such as Flemings, Jaspers, Kona Grill, Cru Wine and many others.

Or, plan to remain in the hotel and enjoy fine dining in a relaxed atmosphere celebrating premium meat and seafood, great wine, and fresh produce and relax in the warm retreat of the lobby offering live music on most weekday afternoons.

MEETING HIGHLIGHTS
- TSPP & TAP Spring CME Program (4 Hours of Category I CME Credit)
- TSPP Committee Meetings
- Networking with Colleagues from Around the State of Texas
- Exhibits that Offer Business Practice Tools and Employment Opportunities
- TSPP Government Affairs Committee & Luncheon Program
- Complimentary Reception
- TSPP Executive Council Meeting and Installation of Officers for 2012-13

HOTEL RESERVATIONS
TSPP has negotiated a small block of rooms with a discounted room rate of $145.00. To take advantage of this rate, please call 1-800-937-8461 (PRIOR TO MARCH 29) and ask for the group name “Texas Society of Psychiatric Physicians” for reservations at the Westin Austin at the Domain Hotel in Austin. Discounted room rates are available until March 29 or upon sell-out, whichever occurs first so please call and make your reservation early!

EXHIBITS
Complimentary refreshments and snacks will be provided in the Camellia and Primrose Foyer for registered attendees. Exhibits will be open throughout the day Saturday to provide you with information designed to enhance your practice and improve the delivery of medical care to your patients. In addition there will be “job fair” exhibitors who have employment opportunities for Psychiatrists in the State of Texas.
“The Assessment and Treatment of Pain in Adults: Clinical and Ethical Considerations”

Pain continues to be one of the most difficult medical conditions to treat effectively and safely. Use of state of the art knowledge in clinical practice is lacking in some areas and disciplines. Recent reports recommend extensive education or re-education of physicians and other professionals in the treatment of pain (Institute of Medicine Report on Pain, 2011). Chronic pain affects tens of millions of adults in the US and costs billions of dollars in medical costs and lost productivity. According to the Institute of Medicine “Enhanced continuing education and training are needed for healthcare professionals to address gaps in knowledge and knowledge related to pain assessment and management, cultural attitudes about pain, negative and ill-informed attitudes about people with pain, and stereotypes and biases that contribute to disparities in pain care.”

About the Speakers
Howard M. Cohen, MD
Associate Medical Director, PRIDE (Productive Rehabilitation Institute of Dallas for Ergonomics)
ABPN Certified in Pain Medicine, Psychiatry, Psychosomatic Medicine, Addiction Psychiatry & Geriatric Psychiatry
Dallas, TX

Peter B. Polatin, MD, MPH
Senior Health Adviser
International Division
Rehabilitation and Research Center for Torture Victims
Copenhagen, Denmark (based in Washington, DC)

Medical Director
Paradigm Health Services
Staff Outpatient Psychiatry Consultant
Providence Hospital, Washington, DC

METHOD OF PAYMENT:

Check the box for the method of payment:
☐ Check: Make checks payable to Texas Society of Psychiatric Physicians

☐ Charge: To My____________
☐ VISA__________________________
☐ MasterCard____________________
☐ American Express________________

Expiration Date______________

3 Digit Code on Back of Card____

Name of Cardholder (as it appears on card)________________________________________________________________________

Zip Code where you receive your credit card statement:____________________________________________________________________

RETURN TO: TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS, 461 WEST 11TH STREET, SUITE 607, AUSTIN, TX 78701, PHONE (512) 478-8005, FAX (512) 478-5223, EMAIL TSPPInfo@aol.com

FEBRUARY/MARCH 2012
TEXAS PSYCHIATRIST

5
Texas Society of Child and Adolescent Psychiatry

Annual Convention and Scientific Program

Attention Deficit Hyperactivity Disorder: Where Are We Now?

July 20-22, 2012 • Sheraton Arlington Hotel • Arlington, Texas

GENERAL INFORMATION

LOCATION / HOTEL RESERVATIONS
All events will take place at the Sheraton Arlington Hotel (formerly known asSeven Seas Water-Themed Amusement Park) 1500 Convention Center Drive, Arlington, Texas, in the heart of the Arlington entertainment district.

The hotel is located off of I-30 and offers complimentary shuttle service to and from DFW International Airport. Complimentary transportation within 3 mile radius of the hotel to attractions, local shopping and restaurants; complimentary self-parking with valet offered as an option, and Compliments of TSCAP, Complimentary high-speed internet in all guest rooms!

The ‘savings’ are adding up and due to the special, negotiated TSCAP Convention Rate of only $135 (current Corporate Rate is $249), the hotel rooms are guaranteed to sell out quickly! The discounted rate will be available for TSCAP attendees who place their hotel reservation BEFORE June 27, 2012 or open sell-out, whichever occurs first. Hotel rooms will sell out quickly so please make your hotel reservation as early as possible by calling 1-800-443-7275.

The Sheraton Arlington Hotel offers on-site experiences for all ages:
* Rangers Ballpark in Arlington
* The Rangers Hall of Fame Museum
* Cowboy Stadium
* Hurricane Harbor Water Park
* Six Flags Over Texas Amusement Park
* Dive In Movie Nights by the Pool
* Outdoor Pool and Spa with hooked landscaping, lagoons and waterfall
* Fitness Center, Jogging Paths and Trails, The Links at Waterchase Golf Course

MEETING REGISTRATION

The earlier you register, the greater the savings on meeting registration AND hotel reservations! To take advantage of the Special Discounted Rate prior to June 27, 2012, or upon sell-out, whichever occurs first. Hotel rooms will sell out quickly so please make your hotel reservation as early as possible by calling 1-800-443-7275.

The Annual TSCAP Business Meeting will be held Sunday, 4:00 pm - 9:00 pm in the World Series I & II Room. All members are encouraged to register and attend.

EXHIBITS

TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Hall of Fame Ballroom in the Sheraton Arlington Hotel. Please make plans to visit with the Exhibitors during the Friday Welcome Reception and enter to win the drawings for door prizes by registering throughout the day on Saturday.

Exhibit hours:
Welcome Reception — Friday - 6:30 pm - 8:10 pm
Continental Breakfast — Saturday - 7:30 am - 8:10 am
Refreshment Break — Saturday - 10:30 am - 10:50 am
Refreshment Break — Saturday - 11:50 am - 12:10 pm
Refreshment Break — Saturday - 1:10 pm - 1:30 pm
Exhibitors Tear Down and Depart — Saturday - 2:00 pm - 3:00 pm

MEETING BREAKFAST

The Annual TSCAP Business Meeting will be held Sunday, 4:00 pm - 9:00 pm in the World Series I & II Room. All members are encouraged to register and attend.

REGISTRATION

Complete the form below. Signatures are required.

LOCATION / HOTEL RESERVATIONS

Please book your meeting registration PRIOR TO JUNE 20. If paying by credit card, you may fax your meeting registration form to 512-478-5223. A confirmation of your registration will be sent IF you include your email address.

OPENING WELCOME RECEPTION WITH EXHIBITORS

Check in and enjoy your friends and colleagues at the complimentary Welcome Reception for all TSCAP attendees. The welcome reception will be held Friday evening, July 20. Visit throughout the evening with your friends, colleagues and exhibitors in a relaxing atmosphere and become familiar with the hotel and surrounding area.

MEETING SYLLABUS IN COLOR

All CME program registrants will receive at no Additional Charge a black and white printed copy of the speakers’ presentation (if color copy is submitted by speaker). Due to the higher cost of color copying, if you wish to receive the syllabus in color you may purchase a color copy of the speakers’ syllabus by checking the box on the Registration Form and including the additional charge. The color copy will be provided to you upon check-in of the day of the program.

EXHIBITORS (PENDING CONFIRMATION)

PAYMENT INFORMATION

Check in the amount of $   in U.S. Funds payable to Texas Society of Child and Adolescent Psychiatry.

Check or Money Order payable to Texas Society of Child and Adolescent Psychiatry (please remit in U.S. Funds payable to Texas Society of Child and Adolescent Psychiatry).

Check or Money Order payable in U.S. Funds to Texas Society of Child and Adolescent Psychiatry.

Check or Money Order payable in U.S. Funds to Texas Society of Child and Adolescent Psychiatry.

Contact

Name
Address
City
State
Zip
Phone
Fax
Signature
Date

TOTAL REGISTRATION

P R O G R A M  AT  A  G L A N C E

FRIDAY, JULY 20
1:00 pm - 5:30 pm Exhibit Set-Up
4:00 pm - 5:30 pm TSCAP Executive Committee Meeting
6:30 pm - 8:30 pm Continental Breakfast with Exhibitors

SATURDAY, JULY 21
9:15 am - 2:30 pm Scientific Program
10:30 am - 10:50 am Refreshment Break
11:50 am - 12:10 pm Scientific Program
12:10 pm - 1:00 pm Refreshment Break

SUNDAY, JULY 22
8:00 am - 9:00 am Continental Breakfast
10:15 am - 10:30 am Refreshment Break

SPECIAL EVENTS

Friday Welcome Reception
Sunday Membership Business Breakfast
Sunday Welcome Breakfast
Non-Member/Non-Physician
Non-Member/Non-Physician
Non-Member/Non-Physician

MEETING SYLLABUS ORDER

Color Printed Copy $50.00 $75.00
Black & White Copy FREE FREE

Add: $25.00 per box so the total cost of the order is in the TSCAP office by June 22, 2012, to receive a 25% handling charge. REFUNDS WILL BE GIVEN AFTER JUNE 22, 2012.
Saturday, July 21 (5 Hours Category 1 Credit)

Welcome and Opening Remarks
8:15 am - 8:30 am

Welcome and Opening Remarks
8:30 am - 10:30 am

KEYNOTE SPEAKER:
Applying Cognitive and Social Neuroscience to Child Psychiatry
Peter S. Jensen, M.D.
Professor of Psychiatry and Vice Chair, Research
Department of Psychiatry & Psychology
Mayo Clinic
Rochester, Minnesota

Dr. Peter Jensen established the REACH Institute in May 2006, following service as Founding Director of the Center for the Advancement of Children’s Mental Health at Columbia University. Before joining Columbia as its Ruane Professor of Child Psychiatry (2000-2007), he was Associate Director of Child and Adolescent Research at the National Institute of Mental Health (NIMH). While at NIMH (1989-2000), Dr. Jensen was the lead NIMH Investigator on the landmark study of Multimodal Treatment of ADHD (“The MTA Study”), as well as investigator on other national multi-site studies. In addition to his leadership of the REACH Institute, Dr. Jensen is Professor of Psychiatry and the Vice-Chair for Research, Department of Psychiatry and Psychology, at the Mayo Clinic in Rochester, Minnesota.

A world-renowned Child Psychiatrist, Dr. Jensen is a passionate advocate for children with emotional and behavioral disorders and their families. His major work and research interests include identifying, disseminating, and implementing evidence-based mental health treatments.

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
• Describe current research in Attention Deficit Hyperactivity Disorder in children and adolescents and how it relates to cutting edge treatment approaches
• Define Cognitive Neuroscience and how present knowledge defines the understanding of Attention Deficit Hyperactivity Disorder
• Discuss the impact of the latest research in Attention Deficit Hyperactivity Disorder in children and adolescents and where future opportunities may lead us

10:30 am - 10:50 am

Refreshment Break in Exhibit Hall

10:50 am - 11:50 am

The Neurobiology of Attention Deficit Hyperactivity Disorder
Steven R. Pilkis, M.D.
Professor and Chief
Division of Child and Adolescent Psychiatry
Department of Psychiatry
The University of Texas Health Science Center
San Antonio, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
• Describe the neuroanatomy and neurophysiology of the developing brain in children and adolescents
• Describe the differences in the neuroanatomy and neurophysiology associated with Attention Deficit Hyperactivity Disorder
• Discuss the impact that the current knowledge of neurobiology in children and adolescents has on current treatment strategies in Attention Deficit Hyperactivity Disorder

11:50 am - 12:10 pm

Refreshment Break in Exhibit Hall

12:10 pm - 1:10 pm

Resident / Faculty Clinical Case Presentation

Differentiating Attention Deficit Hyperactivity Disorder from Bipolar Disorder
Keri Sawa, M.D.
Associate Professor of Psychiatry
Department of Psychiatry
Division of Child / Adolescent Psychiatry
The University of Texas Health Science Center at Houston
Houston, Texas

German Corso, M.D.
Child Psychiatry Fellow
The University of Texas Southwestern Medical Center at Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
• Describe the presentation of a child or adolescent that has symptoms of Attention Deficit Hyperactivity Disorder and mood disorders

Discuss the factors that the clinician relies upon to provide diagnostic clarification between Attention Deficit Hyperactivity Disorder and Bipolar Disorder
Identify current recommended treatment approaches consistent with evidence based medicine and research

1:10 pm - 1:30 pm

Refreshment Break in Exhibit Hall

1:30 pm - 2:30 pm

The Impact of Learning Disorders on Students with Attention Deficit Hyperactivity Disorder
Peter L. Staiano, PhD
Professor, Psychology / Psychiatry
University of Texas Southwestern Medical Center
Manager, Psychological Services (Neuropsychology)
Children’s Medical Center of Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
• Define the diagnosis of Learning Disorder and discuss the similarities in presentation of a child or adolescent who may have a Learning Disorder or Attention Deficit Hyperactivity Disorder
• Discuss when a clinician should make a referral for psychological testing
• Discuss the impact of Learning Disorders on the education of a child or adolescent and discuss recommendations for school accommodations to promote academic success

Sunday, July 22 (3 Hours Category 1 Credit)

Sleep and Attention Deficit Hyperactivity Disorder
Graham I. Emmett, M.D.
Professor of Psychiatry/Pediatrics
Charles E. and Sarah M. Sexy Chair in Child Psychiatry
Director, Division of Child and Adolescent Psychiatry
University of Texas Southwestern Medical Center and Children’s Medical Center of Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
• Understand the basic sleep - wake patterns in children and adolescents
• Recognize normal versus pathological sleep disturbances in children and adolescents
• Understand how Attention Deficit Hyperactivity Disorder can affect sleep patterns in children and adolescents

10:15 am - 10:30 am

Refreshment Break

10:30 am - 11:30 pm

ETHICS:
Controversies in the Use of Psychopharmacology in Children
John Z. Sadler, M.D.
Professor
Daniel W. Foster, M.D., Professor in Medical Ethics
Director of the Program in Ethics in Science & Medicine
Chief of the Division of Ethics in the Department of Psychiatry
Chief of the Division of Ethics & Health Policy in the Department of Clinical Sciences
The University of Texas Southwestern Medical Center at Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
• Describe the ethical issues and controversies and the social stigma in the diagnosis of mental illness in children and adolescents
• Describe the ethical controversies in the use of psychopharmacology in children and adolescents
• Discuss the public issues with the increased awareness of mental illness and the use of psychopharmacology in children in adolescents

11:30 pm - 12:30 pm

ETHICS:
The Ethics of Cognitive Enhancement
Fabrice Jottardon, Ph.D., MA
Assistant Professor of Clinical Sciences & Psychiatry
Division of Ethics and Health Policy
Department of Clinical Sciences
Division of Ethics
Department of Psychiatry
The University of Texas Southwestern Medical Center at Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
• Describe the ethical issues associated with cognitive enhancement
• Define cognitive enhancement and its impact on society
• Describe the impact of cognitive enhancement and the controversy associated with strategies that could be used in developing children and adolescents

CME ACCREDITATION
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the joint sponsorship of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians. The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) AMA PRA Category 1 Credits TM. Participants should claim only the credit commensurate with the extent of their participation in the activity.

The presentations entitled “Controversies in the Use of Psychopharmacology in Children” and “The Ethics of Cognitive Enhancement” have each been designated by the Texas Society of Psychiatric Physicians for one (1) hour of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE / PROGRAM OBJECTIVES
This live activity has been designed with didactic lectures supplemented with audiovisual presentation and direct discussion, panel discussion and a case study presentation in multiple educational sessions. The program is designed to provide its primary target audience of Child and Adolescent Psychiatrists, General Psychiatrists and other specialties of medicine in the State of Texas, with clinically-relevant information to advance the physician’s competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT
TSCP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

FACULTY AND STAFF DISCLOSURE POLICY
The Texas Society of Child and Adolescent Psychiatry will disclose to participants the existence of any relevant financial relationships between faculty members, TSCP and TSP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur prior to the presentations through written communication in the syllabus or handout material and through oral communication to the audience by the moderator or chair.
The THE APA-ENDORSED AND AACAP SPONSORED MALPRACTICE PROGRAMS ARE HERE!

GREAT RATES ★ GREAT DISCOUNTS ★ GREAT COVERAGE

VIEW OUR COMPETITIVE RATES AND MAKE A COMPARISON AT www.AmericanProfessional.com

WE HAVE BEEN IN BUSINESS SINCE 1945 WITH MORE THAN 110,000 POLICYHOLDERS INSURING PSYCHIATRISTS FOR OVER 30 YEARS AS WELL AS OTHERS WITHIN THE MENTAL HEALTH PROFESSION

American Professional Agency, Inc.
95 Broadway, Amityville, NY 11701
(800) 421-6694

The THE TEXAS PSYCHIATRIST is published 6 times a year in January, March, May, July, September, and November. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication. Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

EDITORIAL BOARD
Federation Executive Committee

MANAGING EDITORS
John R. Bush
Debbie Sundberg

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
Austin, Texas 78701
(512) 478-0605/(512) 478-5223 (FAX)
TxPsychiatry@aol.com (E-mail)
http://www.txpsych.org (website)

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation’s JOB BANK on its website at www.txpsych.org. The Federation’s JOB BANK could be just what you have been looking for.

CALENDAR OF MEETINGS

APRIL 2012
20-22 Texas Society of Psychiatric Physicians &
Texas Academy of Psychiatry
Spring 2012 CME Program & Committee Meetings
"The Assessment and Treatment of Pain in Adults: Clinical and Ethical Considerations"
Westin Austin at the Domain Hotel, Austin, TX
$145.00 Room Reservations: 1-800-937-8461 Prior to March 29
For program information, contact Debbie Sundberg, tsspofof@aol.com

MAY 2012
18 Texas Medical Association
TEXMED Annual Meeting
Section on Psychiatry
Dallas, TX

JULY 2012
20-22 Texas Society of Child and Adolescent Psychiatry
Annual Convention & Scientific Program
Attention Deficit Hyperactivity Disorder: Where Are We Now?
Sheraton Arlington Hotel, Arlington, TX
$135 Room Reservations: 1-800-442-7275
For program information, contact Debbie Sundberg, tsscapofc@aol.com

NOVEMBER 2012
9-11 Texas Society of Psychiatric Physicians
56th Annual Convention & Scientific Program
Moody Gardens Hotel, Galveston, TX
$142 Room Reservations: 1-888-388-8444
For program information, contact Debbie Sundberg, tsspofof@aol.com

APRIL 2013
Texas Society of Psychiatric Physicians &
Texas Academy of Psychiatry
Spring 2013 CME Program & Committee Meetings
(Site to be Determined)