Legislative Update

Eric Wooener, Public Policy Consultant, Federation of Texas Psychiatry

Your state legislators in Austin continue to tweak (and in some cases, disrupt!) the laws and regulations governing the practice of psychiatry in Texas. The Federation is actively monitoring a variety of issues that impact mental health care in this state, and we welcome the opportunity to update you. If you have any questions or concerns about these items, please don’t hesitate to contact the Federation.

Medicare Cuts

The last Federation newsletter discussed one of the negative outcomes of the 82nd Legislature — a mandate to implement “Medicare equalization” rules that eliminate Medicaid payments for the Medicare Part B co-insurance and deductibles for dual-eligible patients, if making the payment would result in the state paying more than the Medicaid allowable for the same service. This change would result in a 20% payment reduction on physicians treating our state’s most vulnerable population. The Federation, along with the Texas Medical Association and other medical societies, met with State Medicaid Director Billy Milwee in early January 2012, to investigate ways to minimize the impact of these new rules. As a result of this discussion, HHS decided to rescind these cuts for psychiatry, and restore full payment as of June 1, 2012. This is a significant victory for the treatment of mental health, as the new rules would have severely reduced the availability of psychiatric services for dual eligible Texans.

State Hospital Privatization

In 2011, the Texas Legislature passed Rider 63 as a part of the state budget, which directed the Department of State Health Services (DSHS) to pursue privatization of one of the state mental health hospitals. The goal of this effort is to trim 10% from the state’s cost of operating a state mental hospital without compromising patient care.

A draft Request for Proposal has now been completed and will be issued in the near future. So far, five entities have indicated their interest in competing for this contract — MHM Services, GeoCare, El Paso MIMHR, Liberty Healthcare, and Vedastra Solutions. The interest level among these entities varied, as did the state hospital they would prefer to manage.

According to the RFP, the Texas Health & Human Services Commission (HHSC) will evaluate proposals based on the following best value criteria, listed in order of precedence:

- Qualifications and experience
- Standards and requirements for Patient Care
- Reporting and oversight requirements
- Facility operations and support services
- Required 10 percent savings
- Transition plans
- Administration and staffing plans
- Contract Terms and Duration
- Patient Rights procedures
- Plans for partnering with external state holders, mental health advocacy groups

Additional information about the RFP and the state’s timeline for this process can be found at http://www.dshs.state.tx.us/mhsa/privatization/. Please contact the Federation if you have any questions or concerns.

Tarrant County Ruling of Forensic Confinement

In January, a state district judge concluded that the state routinely violates the constitutionally protected rights of mentally incompetent prisoners by forcing them to stay in jail for up to six months before moving them to psychiatric hospitals. The judge ruled that DSHS must start moving forensic commitments to state psychiatric hospitals within 21 days of receiving a judge’s order. Over the past two years, the average prisoner spent six months in jail waiting for a hospital bed, and an average of 400 inmates were waiting at any given time for one of the 800 hospital beds set aside for forensic patients.

The ruling stems from a 2007 lawsuit filed by Disability Rights Texas, which claimed that keeping incompetent pretrial criminal defendants confined in county jail for unreasonable periods of time violates the detainees’ due process rights as guaranteed by the Texas Constitution. A final order that would specifically spell out how DSHS should proceed has not been issued. DSHS is appealing the ruling, but has indicated that they are developing plans to comply with the final order. There is no timetable for when the changes might be instituted.

Mental Health Code Project

In 2010, the DSHS Continuity of Care Task Force released a report that included, among other items, a recommendation to undertake a full-scale revision of the Texas Mental Health Code. The Hogg Foundation for Mental Health awarded a two-year public policy grant to Texas Appleseed and Disability Rights Texas to make recommendations about changes to the Code. Texas Appleseed contracted with Dr. Susan Stone, a psychiatrist and attorney, to facilitate the process.

More than forty-three public meetings were held, and more than 5,000 individuals participated in the process to develop these recommendations. Feedback was solicited from consumers, family members, mental health professionals, hospital administrators, lawyers, advocates and many others.

The Mental Health Code Project has recently released a draft report, which is available for review and comment. Among the key recommendations:

- Clarify the preference for voluntary services over involuntary interventions, even when the individual was originally hospitalized involuntarily, and later requests voluntary services.
- Carefully examine ways to define “community centers,” “facility administrator,” “general hospital,” “inpatient mental health facility,” “local mental health authorities,” “community centers” and “mental health facilities.”
- Clarify that the age of consent for mental health services in Texas is for both inpatient and outpatient mental health services and 16. Children under the age of 16 should not be involuntarily committed unless required by other State law or DSHS Rules.
- No change to Emergency Detention Time Periods.
- Develop standardized forms and manuals to clarify the application of emergency detention criteria and processes across the state.
- Include provisions in the Emergency Detention Section of the Mental Health Code to allow a temporary 4 hour hold in an Emergency Department or other Mental Health Facility, to allow activating processes for Emergency Detention or Orders of Protective Custody.
- Clarification that involuntary final commitment and medication hearings can be held within 72 hours of emergency detention, with agreement of all parties.
- Electroconvulsive Therapy can only be performed without the consent of the individual, if a judge determines, based upon two certificates of medical examination, that:
  1. The patient is unconscious, unable to communicate or is a minor whose parents or guardians are not available;
  2. Is suffering from what reasonably appears to be a life-threatening illness;

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It Takes a Physician

J. Clay Sawyer, MD, President, Texas Academy of Psychiatry

It is difficult for me to realize that I am now writing my last column as President of the Texas Academy of Psychiatry. The year has raced by, but it has been a good year for the Academy. Membership has increased 38.1% for the year, outstanding by anyone’s method of measure. More importantly, however, this level of growth illustrates well the fact that there are many non-affiliated physicians in Texas in the practice of psychiatry who desire, and who deserve, to have their voices heard. The need for an organization such as the Academy is as clear today as it was when the Academy was first organized in 2004. My past columns have presented in detail the importance not only of joining organized medicine, but also of becoming involved in various ways so as to ensure that one’s voice is heard and to enable physicians to assert concerns and desires with regard to advocating for patients and advocating for the profession, the two major goals of any medical organization that is truly doing its job. The Academy does this job well, both as an individual organization and as a member organization of the Federation of Texas Psychiatry. As I have illustrated in earlier columns, the striking success of the Federation is well-recognized and well-documented. The practice of Psychiatry in Texas would be far different today were it not for the multiple and successful legislative approaches and interventions undertaken by the Federation since its inception in 2004. The Federation is poised for continued success, too, thanks to the increasing strength of one of our associate organizations, the Texas Medical Association. The TMA now has roughly 46,000 member physicians, which means that over 84% of all Texas Physicians belong. Someone once said that there is strength in numbers—the Federation certainly has the numbers, but the numbers ultimately mean little without member involvement. Much effort is required to represent the interests of physicians and our patients—involved physicians are the best means of expounding upon these interests, for who knows more about patient care, and ensuring good patient care, than we? I talked with many of the roughly one hundred involved physicians present at the April CME and TSPP/TAP Spring Committee Meetings April 22-25 in Austin. For the most part, they are the leaders representing physicians throughout Texas. However, I also saw many new faces at these meetings, and I was happy to see that more physicians are asserting their opportunities to become involved and to have a voice in the process. The Academy also is known for its involved physicians—three of them will be our leaders for the next year, beginning on May 1. Martha Leatherman, MD, our current President-elect, will become President; Robert Dobyns, MD, was nominated and elected to become our new President-elect; and, Tusar Desai, MD, was nominated and elected to become our new Secretary-Treasurer. The Academy is grateful to all three of these physicians for their willingness to become (and to remain) involved. With regard to remaining involved, Dr. Leatherman led the TSPP Government Affairs committee most effectively for many years, served as TSPP President for 2008-2009, and may well have a future role ahead of her as Chair of the Federation. In other business at the Academy’s Board of Trustees meeting on April 21, we recommended that all Academy members consider volunteering to become ex-officio (non-voting) attendees at TSCAP and TSPP committee meetings so as to learn more about the processes involved in effectively formulating and implementing appropriate policy. We also wanted to remind TSPP members that they can become associate members (as I am) of the Academy for only $25 per year.

In closing, always remember that it takes a physician to be a psychiatrist; that membership in, and involvement with, organized medicine is vitally important and is truly worth the effort; and, that an organization is only as strong as its members are involved. I encourage each and every non-affiliated physician in Texas in the practice of psychiatry to be an effective member of any or all of the psychiatric organizations available. Sixteen new physician members took advantage of the value of joining the Academy over the past year. Won’t you, too?

Your Participation is Important

Patrick Holden, MD, President, Texas Society of Psychiatric Physicians

I want to touch on an issue that has a serious impact on our profession. It is related to an editorial Dr. Clay Sawyer wrote in the last issue of the Texas Psychiatrist; in that piece Dr. Sawyer stressed the need for all of us to be members and to actively participate in our professional organizations like TSPP, APA, and TAP.

This issue concerns the ARPN re-certification requirements. As many of you know, the Board requires that, as part of re-certification, the psychiatrist complete the Performance in Practice (PIP) portion; this entails obtaining feedback from patients and peers about the psychiatrist’s care. Furthermore, it requires three cycles of patient feedback, each cycle consisting of soliciting input from five patients. After a plan of improvement is executed and then re-surveyed those five or five other patients to determine changes in the quality of care. While the intent of the requirement is admirable, the value of the actual exercise is unknown and potentially harmful. These requirements are significantly burdensome for doctor-patient relationships, physician peer relationships and, most concerning, permit non-physicians to influence physician re-certification. Finally these requirements for data collection and tracking are quite onerous.

How is this related to the TSPP and the APA? TSPP members working with the Area V APA Council developed an Action Paper requesting the ARPN’s delay implementation of this requirement; this is being forwarded through the APA to the Board of Trustees. It is the TSPP and APA that speak for psychiatrists on these state and national issues. Many of you know that membership in TSPP has declined over the past few years. This is due to many factors including the requirement for dual membership in APA and concerns about the APA. While the APA is not perfect, it does represent our interests at the national level. If we fail to support the APA by our membership then we cannot be members of TSPP. Our patients need the TSPP to protect the practice of psychiatric care from those forces that would interfere with and limit the quality of care. If you know someone who is not a member of TSPP ask them to remember who fought the battle to allow them to prescribe ECT for adults, atypical anti-psychotics for kids, etc. Remind them that it is only by banding together that you can continue to practice medicine the way it should be practiced. Ask them to take a leap of faith; by joining APA and TSPP they can be members of one of the best district branches in the country.

The Spring committee meetings of the TSPP have just been concluded. This and the fall meeting are the times when TSPP members gather to share concerns and raise issues central to our profession. Attendance at the committee meetings, open to all, guarantees that your voice is heard by your professional organization. If you don’t come and speak up at these meetings, TSPP won’t know what is on your mind. If you are not a member, become one. Truly, there is strength in numbers.

As I leave this office in the competent hands of the upcoming officers, I want to thank several groups of people. Thanks to Drs. Debra Atkinson and Andrew Harper for all their support over the past year; joined by Dr. Mark Jacobs, they will make this a stronger organization. The CME committee led by Dr. Jef Nelson has worked tirelessly to develop great CME programs over the years and continues to put together outstanding programs for the coming year. Space does not permit me to single out the other eleven committees for specific recognition but they all have worked very hard this year and deserve our collective thanks.

Eric Woomer has been a real asset to the TSPP as a very dedicated and highly effective lobbyist. Finally, a huge thanks to Debbie Sundberg and John Bush for all the work they do behind the scenes; some of us know that during the meetings, their day begins before we get up in the morning and ends long after we go to bed at night. We couldn’t do it without them.

Pictured are three Past Presidents of the Texas Academy of Psychiatry (l to r): Stuart Crane, MD (2008-09), J. Clay Sawyer, MD (2011-12), and Lauren Parsons, MD (2007-08).
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Thank You! Annual Campaign 2011  Linda J. Rhodes, MD, Chairman, Texas Foundation for Psychiatric Education and Research

The Republican and Democratic Primaries will be held on Tuesday, May 29th. Runoff elections will be held on Thursday, July 31st. These dates are more than two months later than previously scheduled, as a result of the legal processes associated with approval of district boundaries. All 36 Congressional, 31 State Senate and 150 State House seats will be on the ballot in 2012. It is critically important to be engaged this election season. The state budget outlook has not demonstrably improved — in fact, the budget cuts facing the state in 2013 may be more significant than those suffered in 2011. As an example, HHS Commissioner Tom Suerbs has publicly speculated that the state Medicaid Program may need up to $15-$17 billion in additional revenue. In light of these circumstances, there are several key races that could affect the practice of medicine in Texas, either because the incumbent has been a "friendly" or knowledgeable legislator, or, in the case of an open seat, because the race features candidates that have a track record of supporting organized medicine in the past. The Texas Medical Association Political Action Committee (TEXPAC) has made a number of key endorsements that are worth noting in the following primary races (TEXPAC-endorsed candidate in bold): Senate:

- Rep. Charles Schwertner (R - George-town), a practicing physician running for the state senate, squares off against Ben Bux (R - Huntsville) in Senate District 10, to succeed the retiring Steve Ogden;
- Sen. Craig Estes (R - W ichita Falls) faces a tough primary battle against Jim Herbeln (R - Prosper), a CPA from Collin County in S.D. 30;
- Sen. Robert Duncan (R - Lubbock) faces a primary challenge for S.D. 22 from E.M. Garza (R - Wolfforth), a U.S. Army veteran who works for Wal-Mart Transportation, Inc.; and
- Sen. Jeff Wentworth (R - San Antonio) faces two strong primary opponents in former Texas Railroad Commissioner Elizabeth Ames Jones (R - San Antonio) and physician Dr. Donna Campbell (R — New Braunfels) in S.D. 25. Wentworth has a distinguished legislative record and earned TEXPAC’s endorsement, but has had filed bills that were strongly opposed by mental health advocates;

House of Representatives
- Rep. Lance Gooden (R - Terrell) earned TEXPAC’s endorsement over his GOP challenger, Dr. Stuart Spitzer (R - Kaufman) in House District 4;
- Rep. Jim Pitts (R - Waxahachie) serves as chair of the House Appropriations Committee, a key post with respect to the state budget. He faced three “Tea Party” challengers in the May primary for H.D. 10;
- Bennett Ratliff, an engineer from Coppell and son of former Lt. Gov. Bill Ratliff, is running in a crowded primary for House District 115. He earned the TEXPAC endorsement over well-funded Irving optometrist Steve Nguyen in the race for H.D. 115;
- Dr. Greg Bonnen, a practicing physician from Friendswood and brother of sitting State Rep. Dennis Bonnen, received the TEXPACendorsement in a three-person field for the GOP nomination for H.D. 24;
- Sonal Bhusar (R - Friendswood) is facing three opponents in a crowded Republican field for H.D. 24. A physical therapist and wife of a physician, Mrs. Bhusar served as President of the Fort Bend ISD Board of Trustees;
- Susan Todd (R - Fort Worth), a past-president of the TMA Medical Alliance and the Tarrant County Medical Alliance, received the TEXPAC endorsement in a three-person field for the GOP nomination for H.D. 94 from Trina Lanza, an Arlington Advance Nurse Practitioner and “Tea Party” supporter.

If you have questions about these races or any others this primary season, including which candidates have received the TEXPAC endorsement, please contact the Foundation to ask how you can get involved.
Texas Society of Child and Adolescent Psychiatry

Annual Convention and Scientific Program

Attention Deficit Hyperactivity Disorder: Where Are We Now?

July 20-22, 2012 • Sheraton Arlington Hotel • Arlington, Texas

G E N E R A L  I N F O R M A T I O N

LOCATION / HOTEL RESERVATIONS
All events will take place at the Sheraton Arlington Hotel.

The Sheraton Arlington Hotel offers on-site experiences for all ages: Ranger Ballpark in Arlington
• Rangers Hall of Fame Museum
• Cowboy Stadium
• Hurricane Harbor Water Park
• Six Flags Over Texas Amusement Park
• Dive-In Movie Nights by the Pool
• Outdoor Pool and Spa with lush landscaping, lagoons and waterfall
• Fitness Center, Jogging Paths and Trails, The Links at Waterchase Golf Course

MEETING REGISTRATION
The earlier you register, the greater the savings on meeting registration and hotel reservations! To take advantage of the Special Discounted Registration Fees, please remit your meeting registration PRIOR TO JUNE 27. If paying by credit card you may fax your meeting registration form to 512-478-5223. A confirmation of your registration will be sent if you include your email address.

OPENING WELCOME RECEPTION WITH EXHIBITORS
Check in early and join your friends and colleagues at the complimentary Welcome Reception for all TSCAP attendees! The welcome reception will be held Friday evening, July 20. Visit throughout the evening with your friends, colleagues and exhibitors in a relaxing atmosphere and become eligible for special door prize drawings to be awarded on Saturday!

MEETING SYLLABUS IN COLOR
All CMLE program registrants will receive at No Additional Charge a black and white printed copy of the speakers’ presentation (if color copy is submitted by speaker). Due to the higher cost of color copying, if you wish to receive the syllabus in color you may purchase a color copy of the speakers’ syllabus by checking the box on the Registration Form and including the additional charge. The color copy will be provided to you upon check-in of the day of the program.

EXHIBITORS
Texas NeuroRehab Center
Saturday, July 21 (5 Hours Category 1 Credit)

8:15 am - 8:30 am Welcome and Opening Remarks
8:30 am - 10:30 am KEYNOTE SPEAKER: Applying Cognitive and Social Neuroscience to Child Psychiatry
Peter J. Jensen, M.D.
Professor of Psychiatry and Vice Chair, Research Department of Psychiatry & Psychology
Mayo Clinic
Rochester, Minnesota

Dr. Peter Jensen established the RACHA Institute in May 2006, following service as Founding Director of the Center for the Advancement of Children's Mental Health at Columbia University. Before joining Columbia as its Ryan Professor of Child Psychiatry (2000-2007), he was Associate Director of Child and Adolescent Research at the National Institute of Mental Health (NIMH). While at NIMH (1989-2000), Dr. Jensen was the lead Social Investigator on the landmark study of Multimodal Treatment of ADHD (“The MTA Study”), as well as investigator on other national multi-site studies. In addition to his leadership of the RACHA Institute, Dr. Jensen is Professor of Psychiatry and the Vice-Chair for Research, Department of Psychiatry and Psychology, at the Mayo Clinic in Rochester, Minnesota.

A world-renowned Child Psychiatrist, Dr. Jensen is a passionate advocate for children with emotional and behavioral disorders, and their families. His major work and research interests include identifying, disseminating, and implementing evidence-based mental health treatments.

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

• Discuss current research in Attention Deficit Hyperactivity Disorder in children and adolescents and how it relates to cutting edge treatment approaches
• Define Cognitive Neuroscience and how present knowledge defines the understanding of Attention Deficit Hyperactivity Disorder
• Discuss the impact of the latest research in Attention Deficit Hyperactivity Disorder in children and adolescents and where future opportunities may lead us

10:30 am - 10:50 am Break in Exhibit Hall
10:50 am - 11:50 am The Neurobiology of Attention Deficit Hyperactivity Disorder
Sherron R. Piccua, M.D.
Professor and Chief
Division of Child and Adolescent Psychiatry
Department of Psychiatry
The University of Texas Health Science Center
San Antonio, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

• Describe the neuroanatomy and neurophysiology of the developing brain in children and adolescents
• Describe the differences in the neuroanatomy and neurophysiology associated with Attention Deficit Hyperactivity Disorder
• Discuss the impact that the current knowledge of neurobiology in children and adolescents has on current treatment strategies in Attention Deficit Hyperactivity Disorder

11:50 am - 12:10 pm Break in Exhibit Hall
12:10 pm - 1:10 pm Resident / Faculty Clinical Case Presentation
Differentiating Attention Deficit Hyperactivity Disorder from Bipolar Disorder
Kiri Saenza, M.D.
Associate Professor of Psychiatry
Department of Psychiatry
Division of Child / Adolescent Psychiatry
The University of Texas Health Science Center at Houston
Houston, Texas

German Carus, M.D.
Child Psychiatry Fellow
The University of Texas Southwestern Medical Center at Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

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• Describe the differences in the neuroanatomy and neurophysiology associated with Attention Deficit Hyperactivity Disorder
• Discuss the impact that the current knowledge of neurobiology in children and adolescents has on current treatment strategies in Attention Deficit Hyperactivity Disorder

1:10 pm - 1:30 pm Break in Exhibit Hall
1:30 pm - 2:30 pm The Impact of Learning Disorders on Students with Attention Deficit Hyperactivity Disorder
Peter S. Stanisavljev, PhD
Professor, Psychology / Psychiatry
University of Texas Southwestern Medical Center
Manager, Psychological Services (Neuropsychology)
Children’s Medical Center of Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

• Define the diagnosis of Learning Disorder and discuss the similarities in presentation of a child or adolescent who may have a Learning Disorder or Attention Deficit Hyperactivity Disorder
• Discuss when a clinician should make a referral for psychological testing
• Discuss the impact of Learning Disorders on the education of a child or adolescent and discuss recommendations for school accommodations to promote academic success

Sunday, July 22 (3 Hours Category 1 Credit)

9:15 am - 10:15 am Sleep and Attention Deficit Hyperactivity Disorder
Graham J. Elmer, M.D.
Professor of Psychiatry/Pediatrics
Charles E. and Sarah M. Seyk CLinical Professor of Child Psychiatry
Professor of Clinical Pediatrics
University of Texas Southwestern Medical Center and Children’s Medical Center of Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

• Understand the basic sleep-wake patterns in children and adolescents
• Recognize normal versus pathological sleep disturbances in children and adolescents
• Understand how Attention Deficit Hyperactivity Disorder can affect sleep patterns in children and adolescents

10:15 am - 10:30 am Break
10:30 am - 11:30 am ETHICS: Controversies in the Use of Psychopharmacology in Children
John Z. Sadler, M.D.
Assistant Professor Medicine
Daniel W. Foster, M.D., Professor in Medical Ethics
Director of the Program in Ethics in Science & Medicine
Chief of the Division of Ethics in the Department of Psychiatry
Department of Clinical Sciences
The University of Texas Southwestern Medical Center at Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

• Describe the ethical issues and controversies about the use of psychopharmacology in children
• Describe the ethical controversies in the use of psychopharmacology in children and adolescents
• Discuss the public issues with the increased awareness of mental illness and the use of psychopharmacology in children and adolescents

11:30 am - 12:30 pm CM E ACCREDITATION
The Ethics of Cognitive Enhancement
Fabrice Jotttrand, Ph.D., MA
Assistant Professor of Clinical Sciences & Psychiatry
Division of Ethics and Health Policy
Department of Clinical Sciences
Department of Ethics
Department of Psychiatry
The University of Texas Southwestern Medical Center at Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

• Describe the ethical issues associated with cognitive enhancement
• Define cognitive enhancement and its impact on society
• Describe the impact of cognitive enhancement and the controversy associated with strategies that could be used in developing children and adolescents

CME ACCREDITATION
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the Joint Sponsorship of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) APA-MRA Category 1 Credit.

TARGET AUDIENCE / PROGRAM OBJECTIVES
This live activity has been designed with didactic lectures supplemented with audiovisual presentation and direct discussion, panel discussion and a case study presentation in multiple educational sessions. The program is designed to provide its primary target audience of Child and Adolescent Psychiatrists, General Psychiatrists and other specialists of medicine in the State of Texas, with clinically relevant information to advance the physician’s competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT
TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

FACULTY AND STAFF DISCLOSURE POLICY
The Texas Society of Child and Adolescent Psychiatry will disclose to participants the existence of any relevant financial relationships between faculty members, TSCAP and TSPF staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur prior to the presentations through written communication in the syllabus or handout material and through oral communication to the audience by the moderator or chair.
TSSP 56th Annual Convention & Scientific Program

“Embracing the Future in Psychiatric Practice”

November 9-11, 2012 • Moody Gardens Hotel • Galveston, Texas

MEETING LOCATION/ HOTEL RESERVATIONS

ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US! TSSP's 56th Annual Convention and Scientific Program will be held at the Moody Gardens Resort and Spa, Seven Hapte Blvd., Galveston, TX, 1-800-582-4673. A special TSSP discounted room rate of $142 is available to program registrants on a space availability basis. 

Make your hotel reservation today by calling 1-800-388-8648.

MOODY GARDENS HOTEL/ RESORT AMENITIES

Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island’s premier meeting destination. Moody Gardens features:

• Full Service Spa and Fitness Center, complete with indoor lap pool.
• Aquarium Pyramid – Oceans of the world are represented in a 1.5 million gallon aquarium teeming with creatures from penguins to stingrays, sharks and more.
• IMAX 3D Theatre – Be a part of the action at the IMAX 3D Theatre featuring amazing 3D and 2D films on a giant six-story screen.
• IMAX RideFlix Theater – Strap yourself in and dive, twist and turn as your seat mirrors every movement on a giant wrap-around screen with six-channel surround sound.
• AND, special activities for you during Convention time! Festival of Lights – One of the Gulf Coast's largest holiday lighting events at Moody Gardens!

And NEW to Galveston is the Galveston Island Historic Pleasure Pier!

Opening Memorial Day weekend, the Galveston Island Historic Pleasure Pier will jut out 1,000 feet over the surf at 25th Street, where the original Pleasure Pier stood from 1945 until it was destroyed by Hurricane Carla in 1961. More recently, it was the site of the Flagship, an over-the-water hotel built in 1963 that was demolished after 2008’s Hurricane Ike. The $60 million project will put a roller coaster and Ferris wheel over the Gulf of Mexico and feature 16 rides, carnival games and souvenir shops. Food vendors will offer sausage-on-a-stick and other tourist favorites. And it will house the state’s first Bubba Gump Shrimp Co.

Pleasure Pier is designed to be a first-rate waterfront tourist spot on par with the Navy Pier in Chicago and Santa Monica Pier in Southern California so bring your friends and family and make it a fun-filled year-end retreat!

SPECIAL REGISTRATION FEES FOR TSSP AND TSCAP MITS

Special “FREE” Incentive Offer for TSSP Members in Training. Once again, TSSP is pleased to offer the waiver/refund of the CME Scientific Program registration fee IF the member's Training Director registers for the Scientific Program. So all Members-in-Training encourage your Training Director to register and then send in your registration form, with the Training Director’s name noted, and then plan on attending the Scientific Program FREE! (Other extended to TSSP and TSCAP Members-in-Training, Residents and Fellows who are members of TSSP and/or TSCAP.

MIT POSTER SESSION

In order to familiarize Texas psychiatrists with the research efforts and achievements of their colleagues, the TSSP Continuing Medical Education Committee is soliciting scientific posters. The posters need not be especially made for this meeting. Posters presented at the API or at other scientific meetings within the last year would be appropriate. TSSP’s goal is to support collaborative interaction among the Texas researchers and also to familiarize the general membership about new advances made in the state. The deadline for poster applications is Oct. 20, 2012. Please contact tspoyt@aol.com for a copy of the Poster Application Form.

DAILY SCHEDULE

THURSDAY, NOVEMBER 8

7:00 Noon - 8:00 pm Golf Outing at Moody Gardens Golf Course
2:00 pm - 8:00 pm Registration Open
5:30 pm - 6:30 pm Titus Harris Society Executive Meeting
7:00 pm - 8:30 pm TSSP Chapter Leadership Meeting
7:30 pm Federation Delegate Assembly Meeting

FRIDAY, NOVEMBER 9

7:30 am - 8:30 pm Registration Open
7:30 am - 9:00 am Meeting
9:00 am - 5:00 pm Special Events
12:00 pm - 5:00 pm Exhibit A N D Poster Session
12:00 pm - 1:30 pm Lunch
1:30 pm - 3:30 pm Conference Area
3:30 pm - 5:00 pm Conference Area
5:00 pm - 6:30 pm Conference Area
6:30 pm - 8:00 pm Conference Area
6:30 pm - 8:00 pm TSSP Welcome Reception w ith Exhibitors

SATURDAY, NOVEMBER 10

7:45 am - 8:15 am Complimentary Continental Breakfast for Meeting Registrants
7:30 am - 8:30 pm Registration Open
7:30 am - 5:00 pm Exhibits Open AND Poster Session
8:00 am - 6:00 pm Scientific Program
10:30 am - 11:00 am Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings
1:00 pm - 2:30 pm Annual Business Meeting Lunch
4:00 pm - 4:20 pm Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings
6:00 pm - 7:00 pm TSCAP Executive Committee Meeting Reception for Awards Banquet Attendees
6:30 pm - 7:00 pm Awards Banquet

SUNDAY, NOVEMBER 11

8:00 am - 1:25 am
10:30 am - 11:00 am

AWARD RECIPIENTS

This year’s honorees include:

John M. Oldham, MD, Houston
PSYCHIATRIC EXCELLENCE AWARD

Vanita Haliburton, Dallas
SPECIAL SERVICE AWARD

Judge Ian Kruecker, Houston
SPECIAL SERVICE AWARD

DR. SPENCER BAYLES
OUTSTANDING TSSP MEMBER AWARD

This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSSP activities. The award will be presented during TSSP’s Annual Business Luncheon on Saturday, November 10. Please attend and express your appreciation to the organization selected for this degree of excellence.

MEETING REGISTRATION

Visit the website www.txpsych.org for TSSP / TAP's Special Discounted Meeting Registration Fees for this year’s convention. The earlier you register, the greater the savings!
Embracing the Future in Psychiatric Practice

Scientific Program

Saturday, November 10, 2012

7 Hours Category 1 Credit

8:00 - 9:00 am Welcome and Introductions

9:00 am - 10:00 am Substance Use Disorders – Current Concepts in Research and Treatment

10:00 - 10:15 am Refreshment Break


11:15 am - 12:15 pm Social Media Effects on Patients, Physicians, and the Practice of Medicine

1:00 pm - 2:00 pm Evidence Based Treatment of PTSD in Combat Veterans

2:00 pm - 3:00 pm更新 Break

3:00 pm - 4:00 pm Substance Use Disorders – Recent Concepts in Research and Treatment

4:00 pm - 5:00 pm E H I C S: Competence for What? Variety, Ethics and Nuance in Competency Assessment

5:00 pm - 6:00 pm Panel Discussion: Research and Practice

6:00 pm - 7:00 pm Social Hour

ABOUT THE SPEAKERS

Byron H. Adinoff, MD
Professor and Distinguished Professorship of Alcohol and Drug Abuse Research
Department of Psychiatry
Chief of the Division on Addictions
UT Southwestern Medical Center
Staff Psychiatrist at the VA North Texas Health Care System
Dallas, Texas

Kevin S. Beasley, LCSW
Licensed Clinical Social Worker at the Veteran Affairs Posttraumatic Stress Disorder Clinical Team
Department of Veterans Affairs
San Antonio, Texas

Thomas R. Kostens, MD, DFAPA
Professor, Departments of Psychiatry and Neuroscience
Baylor College of Medicine

SUNDAY, NOVEMBER 11, 2012

4 Hours Category 1 Credit

8:00 - 9:00 am Welcome and Introductions

9:00 am - 10:00 am Substance Use Disorders – Current Concepts in Research and Treatment

10:00 - 10:15 am Refreshment Break


11:15 am - 12:15 pm Social Media Effects on Patients, Physicians, and the Practice of Medicine

Scientific Program Goal/Target Audience/Learning Objectives

This live activity has been designed in a format consisting of case studies and discussions to provide physicians with an opportunity to discuss the current status of research on psychiatric conditions and their management.

Scientific Program Schedule

NEEDS ASSESSMENT

The Texas Society of Psychiatrists will disclose to participants the existence of any financial relationships between faculty members, TSSP staff and members, who planned, authored, contributed to, and reviewed the content of target audience of Psychiatry, and any commercial interest discussed in this educational activity. Disclosure will occur prior to the presentations either through oral communication to the audience by the moderator or chair, or written communication in the syllabus or handout material.

FACULTY AND STAFF DISCLOSURE POLICY

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ACCREDITATION

The Texas Society of Psychiatrists designates this Live Activity for a maximum of eleven (11) AMA PRA Category 1 Credit. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatrists is accredited by the Texas Medical Association to provide continuing medical education for physicians. The presentation ‘ETHICS: Competence for What? Variety, Ethics and Nuance in Competency Assessment’ has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

Scientific Program Schedule

SATURDAY, NOVEMBER 10, 2012

8:00 - 9:00 am Welcome and Introductions

9:00 am - 10:00 am Substance Use Disorders – Current Concepts in Research and Treatment

10:00 - 10:15 am Refreshment Break


11:15 am - 12:15 pm Social Media Effects on Patients, Physicians, and the Practice of Medicine

1:00 pm - 2:00 pm Evidence Based Treatment of PTSD in Combat Veterans

2:00 pm - 3:00 pm Refreshment Break

3:00 pm - 4:00 pm Substance Use Disorders – Recent Concepts in Research and Treatment

4:00 pm - 5:00 pm E H I C S: Competence for What? Variety, Ethics and Nuance in Competency Assessment

5:00 pm - 6:00 pm Panel Discussion: Research and Practice

6:00 pm - 7:00 pm Social Hour

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Department of Veterans Affairs
San Antonio, Texas

Thomas R. Kostens, MD, DFAPA
Professor, Departments of Psychiatry and Neuroscience
Baylor College of Medicine

SUNDAY, NOVEMBER 11, 2012

4 Hours Category 1 Credit

8:00 - 9:00 am Welcome and Introductions

9:00 am - 10:00 am Substance Use Disorders – Current Concepts in Research and Treatment

10:00 - 10:15 am Refreshment Break


11:15 am - 12:15 pm Social Media Effects on Patients, Physicians, and the Practice of Medicine

Scientific Program Goal/Target Audience/Learning Objectives

This live activity has been designed in a format consisting of case studies and discussions to provide physicians with an opportunity to discuss the current status of research on psychiatric conditions and their management.

Scientific Program Schedule

NEEDS ASSESSMENT

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May is Mental Health Month

Openness by Friends, Family, Celebrities Reduces Stigma of Mental Illness

May is Mental Health Month – a time to raise awareness about mental health conditions and the importance of mental wellness for all. This year’s theme is social connectedness, emphasizing the important role of social relationships in maintaining and improving mental health.

There are many ways of creating connections that support mental health:

- Get connected to family and friends to feel close and supported.
- Get connected to your community to feel a sense of belonging and purpose.
- Get connected to professional help to feel better when you’re stressed and having trouble coping.

More information and resources for Mental Health Month available from the Mental Health America.

Stigma associated with mental illnesses continues, though more than a third of Americans surveyed on behalf of the American Psychiatric Association (APA) said that, in their view, stigma has declined, and openness about personal experiences by friends, family and public figures was influential.

Increased openness about personal experience with mental illnesses on the part of friends and family members was identified by most respondents (79 percent) as at least moderately influential in reducing the stigma sometimes associated with mental illnesses, according to the online survey conducted for the APA by Harris Interactive among 2,285 adults age 18 and older.7 Other factors at least moderately influential are:

- the increase in the amount of mental health information available online, 75 percent
- accurate portrayals of mental illnesses on television and in movies, 72 percent
- public figures or celebrities talking about their experiences with mental illnesses, 71 percent
- social networking sites related to the topic of mental illnesses, 61 percent

When asked how concerned they are about the possibility that they would ever be diagnosed with a mental disorder, 38 percent were at least somewhat concerned while 48 percent said they were at least somewhat concerned for a family member.

Two-thirds of Americans surveyed agree that people with mental illnesses can get better. The APA conducted the survey as part of its Healthy Minds, Healthy Lives campaign, which was established to improve understanding of mental illnesses, psychiatry and successful treatment options, as well as to reduce the stigma sometimes associated with seeking mental health care.

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The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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JOB BANK
Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation’s JOB BANK on its website at www.txpsych.org. The Federation’s JOB BANK could be just what you have been looking for.

CALENDAR OF MEETINGS

MAY 2012
18-19 Texas Medical Association
TexMed 2012
Sheraton Dallas
Dallas, Texas
Section on Psychiatry
Friday, May 18

JULY 2012
20-22 Texas Society of Child and Adolescent Psychiatry
2012 Summer Conference and Scientific Program
“Attention Deficit Hypersensitivity Disorder: Where are we Now?”
Sheraton Arlington Hotel
Arlington, Texas

OCTOBER 2012
5-6 Texas Medical Association
Full Conference
AT&T Conference Center
Austin, Texas

NOVEMBER 2012
9-11 Texas Society of Psychiatric Physicians
2012 Annual Convention and Scientific Program
“Embracing the Future in Psychiatric Practice”
Moody Gardens Hotel
Galveston, Texas

SAVE THE DATE
Texas Society of Psychiatric Physicians
56th Annual Convention & Scientific Program
November 9-11
Moody Gardens Hotel • Galveston

* This survey was conducted online within the U.S. by Harris Interactive on behalf of the American Psychiatric Association from April 14-16, 2010 among 2,285 adults ages 18 and older. This online survey is not based on a probability sample and therefore no estimate of theoretical sampling error can be calculated.