Texas Psychiatrist

The Patient You Never Saw

Martha E. Leatherman, MD, President, Texas Society of Psychiatric Physicians

Imagine, if you will, that you are a psychiatrist who has been living on a planet called Rationalia for the last 20 years. Since mental illness has been eradicated on Rationalia, you are without a job. You know there is more than enough work back on Earth, so you return even though you have been away from the practice of psychiatry on Earth and aren’t sure of some of the newer regulations. You are encouraged to join the newly formed state psychiatric society (TSPP in this case) but you decide not to, arguing that “they’ve never done anything for you,” and besides, you are “not a joiner.” You settle into the community and make time most weeks to have lunch with a friend and colleague. You often find yourself discussing interesting cases that have come up. Here is one such case:

The patient, Mrs. P, is a 58-year-old Caucasian female who presents to your office with a chief complaint of “I’m nervous and worried. There’s something wrong with my stomach, but my doctor says he can’t find anything wrong so he sent me to see you.” She was referred to you by a local internist who you know to be an excellent clinician, but she is clearly uncomfortable seeing you because she insists she’s “not crazy.” As you talk to Mrs. P, you learn that her symptoms began six months ago and she has been feeling increasingly sad, down, and anhedonic. She has stopped participating in the activities she used to enjoy. She occasionally feels hopeless, but she attributes her sense of hopelessness to her relentless abdominal pain which multiple specialists have been unable to diagnose or relieve.

Further examination and additional history provided by her husband (with Mrs. P’s consent) reveals that she has suffered from chronic pain for most of her life. She has been away from the practice of medicine since the local general hospital, planning on initiating a course of antidepressant medication. She was admitted from the ED with second degree AV block, hypotension, hypoglycemia, paralytic ileus, and serotonin syndrome.

What Happened?

By the time Mrs. P returns to see you, she has already undergone a series of invasive procedures, including CT and MRI scans, which have revealed no structural abnormalities. She has been prescribed a course of antidepressants, but she has developed severe side effects, including hypoglycemia, which have led to several hospitalizations and treatment with the psychologist. You refer her to a local mental health authority where she is inappropriately touched by a man who also exposes her genitalia to her while she is in the waiting room. She returns to you badly shaken and frightened by her experience. This happened because without TSPP the state legislature enacted a bill that capped psychiatric benefits at $1500/year. Mrs. P had exceeded that limit with her recent hospitalization and treatment with the psychologist.

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Additionally, I am not a big fan of DSM, so I will take this opportunity not to use DSM nomenclature. Therefore, I am not a big fan of DSM, so I will take this opportunity not to use DSM nomenclature.

The Patient You Never Saw

Martha E. Leatherman, MD

TSCAP Annual Meeting and Scientific Program

July 24-26
Fort Worth

See pages 4-5 for program and registration

TSPP Annual Convention and Scientific Program

November 13-15
Galveston

See pages 6-7 for program and registration
The TSPP Executive Council met on April 5, 2009 at the Westin Galleria Hotel in Houston and considered the following action items:

**COUNCIL ON ADVOCACY**

Hospital Practices Subcommittee: Motion: TSPP oppose the proposed DHS rule which defines as a restraint the “laying of hands on a patient” to administer court-ordered medications. **APPROVED**

COUNCIL ON EDUCATION

Professional Practices Committee: Motion: TSPP adopt a recommendation to the Texas Medical Board regarding impaired physicians. **(below)**. **APPROVED**

COUNCIL ON SERVICE

Children and Adolescents Committee: Motion: TSPP endorse the pilot project developed on the Frew settlement as a model to be expanded to assist pediatricians/primary care physicians and to endorse the availability of consultation codes to be paid/reimbursed by Medicaid. **APPROVED**

Forensic Psychiatry Committee: Motion: TSPP support the policy of permissive reporting of dangerousness rather than a requirement to report and that adequate malpractice protections are in place to protect a physician who does report threatening statements of patients. (SB 1626) **APPROVED**

Forensic Psychiatry Committee: Motion: TSPP support proposed changes in the insanity defense to include the words “approve” and “morally wrong.” (SB 168) **APPROVED**

Public Mental Health Services: Motion: Request the Federation to arrange a meeting with upper level leaders of HSHSC to discuss the issues related to the position of Medical Director of Mental Health and Substance Abuse in the Department of State Health Services. **APPROVED**

Motion: Empower the Public Mental Health Services Committee to develop a strategy for educating legislators on needs for public mental health funding. **APPROVED**

COUNCIL ON FELLOWSHIP

No action items

COUNCIL ON ORGANIZATION

Fellowship Committee: Motion: TSPP approve the APA Distinguished Fellowship application of Daniel Goggins, MD and its submittal to the APA for consideration following some editing of the application. **APPROVED**

Financing Committee:

Motion: Approve the request for a change in status to Inactive Membership for one member, a waiver of 2009 dues for a member and a 50% reduction in 2004 dues of a former member. **APPROVED**

Motion: Approve the proposed 2009-10 operating budget as submitted. **APPROVED**

Motion: TSPP submit request(s) to the Texas Foundation for Psychiatric Education and Research for financial assistance. **APPROVED**

Nominating Committee:

Motion: Approve the presentation of TSPP Awards in November 2009 as follows: TSPP Distinguished Service Award to J. Clay Sawyer, MD and the TSPP Psychiatrist Excellence Award to R. Andrew Harper, MD and James E. Kreisle, Jr., MD. **APPROVED**

Strategic Planning Committee: Motion: TSPP direct the APA Assembly Representatives to pursue the most effective and efficient governance structure for the APA for its members. **APPROVED**

INSTALLATION OF OFFICERS

Officers for FY 2009-10 were installed as follows: President: George Santos, MD; President-Elect: Richard Noel, MD; and Secretary-Treasurer: Patrick Holden, MD. **APPROVED**

Recommendation to the Texas Medical Board: Physicians with an Impairment

1. Applications for medical licensure, renewal of licensure or for credentialing or recredentialing should not inquire solely as to past or present diagnoses/treatment for psychiatric and substance use disorders. a. Overall health status should be queried but to solely solicit information regarding psychiatric/substance use disorders is discriminatory. Health related conditions, other than psychiatric/substance use disorders, may impact physician functioning but are not specifically queried whereas psychiatric/substance use disorders commonly are.

b. Impairment, not a diagnosis or treatment regimen, per se, should be the basis for Texas Medical Board (TMB) order if the impairment/disability rises to the level defined by the American Medical Association’s definition of physician impairment or rises to the level of disability as defined by Guides to the Evaluation of Permanent Impairment.

2. The role of the psychiatrist in evaluating impairment or disability for the Texas Medical Board or other credentialing body:

a. The psychiatrist is Board Certified by the American Board of Psychiatry and Neurology or equivalent board.

b. A board-certified psychiatrist with added qualifications of addiction psychiatry, geriatric psychiatry or forensic psychiatry may be preferred for specific situations.

c. A psychiatric evaluation requested by the Texas Medical Board would be conducted by a board-certified psychiatrist who neither has nor has had a treatment relationship (physician patient relationship) with the physician in question.

3. The Texas Medical Board has a procedure whereby a physician who potentially or actually impaired requires evaluation and possibly monitoring or treatment is assessed by a board appointed psychiatrist. This psychiatrist determines whether or not treatment is required. If treatment is necessary a treating psychiatrist is approved by the Texas Medical Board. The treating psychiatrist should be separate from the monitoring psychiatrist. Information from the treating psychiatrist should be limited to administrative needs such as diagnosis and compliance. The treating psychiatrist is not in a position to evaluate the physician’s practice. The latter is the responsibility of the monitoring psychiatrist.

4. The duration of Texas Medical Board order has increased over recent years. 10 years is typical, but 15 year TMB orders occur. Five year TMB orders would be reasonable in a majority of cases; and, if necessary, extended or shortened on a case-by-case basis.

5. TMB requires physicians to respond to various requests within a specified time-frame. E.g. medical records are to be forwarded within two weeks, to provide urine drug screens within specified hours, reports by specific dates, etc. Texas Medical Board should respond to requests for clarification or for modification of TMB orders within 30 days.

6. Urine drug screen collection at agreed upon laboratory should be allowed up until close of business day for that particular laboratory. This should replace the current requirement of having random drug screens by 3:00 PM. on the date required.

References:

1. AMA definition of an impaired physician: A physician who is “unable to practice medicine with reasonable skill and safety to patient’s because of physical or mental illness, including deterioration through the aging process or loss of motor skill, or excessive use or abuse of drugs including alcohol.”

Congratulations....

Congratulations are extended to Officers for FY 2009-10 who were inducted or elected during meetings conducted on April 4-5, 2009 at the Westin Galleria Hotel in Houston for the following organizations:

TSPP: President – George Santos, MD (Houston), President-Elect – Richard Noel, MD (Houston) and Secretary/Treasurer – Patrick Holden, MD (San Antonio).

Academy: President – Arthur Farley, MD (Austin/Houston) and Secretary/Treasurer – Robert Dolyns, MD (Austin)

Foundation: Chairman – Linda Rhodes, MD (San Antonio), Vice Chairman – Mohsen Mirabi, MD (Houston), Treasurer – Arthur Farley, MD (Austin/Houston) and Secretary – Miriam Feaster (Friendwood)

Federation: Chairman – Leslie Seccret, MD (Dallas), Vice-Chairman for Education – Steven Pliszka, MD, Vice Chairman for Public Policy – Richard Noel, MD (Houston) and Secretary/Treasurer – Andrew Harper, MD (Houston)

Martha Leatherman, MD passes the President’s gavel to incoming TSPP President, George Santos, MD

Incoming Chairman Leslie Seccret, MD (right) presents an appreciation plaque to outgoing Federation Chairman, Lauren Parsons, MD

Psychiatry/Psychology Offices for Rent

San Antonio – Two luxurious, spacious office suites for rent. New, freestanding building in Shavano Commons Office Park. North Central location on 1604, just east of IH-10. Quiet, beautifully landscaped, with green belt. Fully furnished waiting and break rooms. Full reception area for your office manager. Private bathroom. Third office occupied by owner, Susan Wynne, MD, Board-Certified Adult/Adolescent Child Psychiatrist. 210-615-8900 or swghotbi@sbcglobal.net

APR/MAY 2009

TEXAS PSYCHIATRIST
Ego Strength and Electronic Health Records
Stuart Crane, MD, President, Texas Academy of Psychiatry

any of us question why other practitioners expect “relaxer” from certain patients. Otto Kernberg, MD and others opened our eyes with the concept of borderline personality organization. Yes, neurotic patients resist change. But when we see intelligent, sophisticated patients who consistently choose self-destructive paths and run from processing any intense affect, it is “resistance on steroids.” Other clinicians blame these patients for not cooperating with treatment plans, since to them ego pathology relates to Donald Trump and his current flock of celebrities. Dr. Kernberg “got away” with confronting resistance and defenses because he listened. He refused to force coping skills down the throat of a person, instead tuning to the emotional difficulties others circumscribed. Psychopharmacologists and analysts alike are indebted for the foundation we were given in ego functioning during our training.

In my last article as Academy President (Dr. Art Farley takes over this month), I ask why some of us resist the change to electronic health records. We survived the rigors of medical school and residency. We entered an ever more challenging workplace and economy. Clearly ego strengths should stand in our favor, considering the delayed gratification, lower relative pay, and high level of abstraction involved in delayed gratification, lower relative pay, and high level of abstraction involved in the field of psychiatry. We must sacrifice the art of medicine for the science of medicine. Psychologists and psychiatrists alike are indebted for the foundation we were given in ego functioning during our training.

For some time, the thinking had been, “There has to be a better way to interact with the persons we serve. There is something wrong with the way we provide inpatient mental health services in the state of Texas. I had the privilege of participating in North Texas State Hospital’s training on this innovative new way of interacting with the persons we serve in our facilities. The irony was not lost on me however, that although this is a drastically different way of training staff to interact with patients, it really consists of the familiar principles of treating others the way we would like to be treated, AKA the “Golden Rule,” recognizing the humanity in others despite their “problems,” resisting the urge to infantilize our patients, and ultimately coming to the understanding that we are all more alike than we are different despite all the surface trappings.

This shift in thinking was not mandated by any accrediting agency, legislated by any group, or required as part of a plan of correction. By combining person-centered focus with the concepts of Trauma Informed Care, a hard working group of very dedicated Texas Health and Human Services employees developed the curriculums for this course.

For some, the thinking had been, “There has to be a better way to interact with our patients. Talking with them rather than intervening physically,” the methods for dealing with a patient who was upset and becoming progressively agitated had been in place for many years but despite the name, Prevention and Management of Aggressive Behavior (PMB), the training itself inadvertently seemed to be focused on physical intervention. Of course one might surmise that because of the inherent dangers of physical intervention in these situations the circumstances dictated more emphasis on the physical rather than the verbal skills to decrease the chance of injury to both the patient as well as the staff. Initially, there were a number of ways proposed to reestablish the balance between verbal and physical approaches and there was much discussion regarding the ways in which changes could or should be incorporated into the existing lesson plans.

Fast forward a bit and it was decided that a fresh start was needed. We were actively participating in the State of Texas Alternative to Restraint and Seclusion (STARS) grant and the thought was that a ‘new’ approach was in order to address these concerns. After a great deal of effort to develop the plan and a strong desire to “get it right,” the project group pitched the idea to the stakeholders in the agency. After the project got the “green light” there was no stopping the flood of imagination and innovation which followed. It was a labor of love and labor they did developing concepts and methods for training, working toward their goal without regard to the usual constraints. They hail the kind of group that anyone would be proud to be associated with.

Once the foundation had laid it was time to implement their vision. They took the training on the road and blanketed the state hospitals teaching those individuals identified by their facilities as “Champions” of the initiative to reduce seclusion and restraint. All types of staff sat side by side devouring the technical being offered like a starving man might eat a meal. The two day training was one of the most intensely meaningful for some to not mention emotionally draining experiences I have participated in since joining the state hospital system in 1995. From this group of Champions, facility level trainers were selected and they traveled to Austin to receive the “Train the Trainer” course so they might return to their home facility and perpetuate the training experience. When you consider how many staff require this training, the roll out of this program is no small feat. As North Texas State Hospital alone we have nearly 2,000 staff who will participate in this training experience. But the dedication to not only the training but to the underlying principles of the course is strong. We believe this training will make a positive difference in the way we serve our patients. It may even have a positive impact in other aspects of our lives as well.

We all owe a debt of gratitude to those individuals who created this training. I am proud to know these people who cared enough to make a difference. And when I hear someone saying disparaging things about the dedication or determination of state employees, I will smile to myself knowing that when it comes to this group of people, they couldn’t be further from the truth.

Medical Malpractice Insurance
Are you paying too much?

The Federation of Texas Psychiatry in cooperation with Cunningham Group is offering Texas psychiatrists free premium indications. Prices have come down during the past year — one insurer dropped its rates 48 percent. Let Cunningham Group shop the market for you and reduce your premium.

Go to the Cunningham website (www.cg-ins.com) and use the Medical Malpractice Short Form to receive your premium indication.

Cunningham Group
Professional Liability Insurance Services
Phone 512-336-5336 • Fax 512-336-7121

Stuart Crane, MD

Healing Today, Hope for Tomorrow
Lauren Parsons, MD, Chairman, Federation of Texas Psychiatry

F ederation of Texas Psychiatry (FEDERATI}N OF TEXAS PSYCHIATRY

Excuse #1- “How can I properly chronicle the narrative of this person with a cold computer?” We expect records to document signs and symptoms to establish a diagnosis. We want them to demonstrate reasoning as to why we select a particular treatment. We need mental status information. Medical literature for concise terse reporting.

Excuse #2- “My handwriting is pretty good already.” Maybe, maybe not. My father and grandfather were registered professional engineers. I took drafting in engineering school. Yet my printing fails to get the message across at times. If even one patient is harmed as the result of your scribble...”

Excuse #3- “I just love the chart room on the weekend.” Lazy masochism! We can pretend to hate the dreaded visits in our off hours to the office or hospital to complete those charts. But the solitude can resemble serenity, almost as if you sit on the bank of a secluded lake fishing, or up on the hillside feeling the air. The EHR, once the patient visit is pulled up, forces me to complete the charting before I can see the next person. At 5:15pm I truly can swim, bike, jog or just sit on that hillside.

Excuse #4- “If my pen breaks, I can get a new one right away.” Point made. I worked locums at a clinic with EHR failure multiple times a week. I begged and pleaded with the IT department’s help. I’m not sure any fix was found. But I assure you all that the excuse is valid.

Excuse #5- “The billing will get lost in the system.” I’ve worked with EHRs and I can assure you all that the billing will not get lost in the system. They are better without all the scribbling. My typing-impaired status. It’s not like we have to work with us on compatible software. At least for now, my records hold the sig, quantity dispensed, and all meds have been checked for interactions and other safety parameters.

Excuse #6- “I’m lazy.” Typing is not keyboarding. I still look at the keyboard but surprisingly little time is lost due to my typing-impaired status. It’s not like we fire up the old Smith Corona and get out the liquid paper. A few have genuine medical excuses, but the majority are better without all the scribbling. My EHR also abandons the mouse—the F-keys at the top move me from subjective to objective assessment to plan without a single click.

Excuse #7- “The billing will get lost between me and the front desk.” My EHR sends the billing of any staffing as soon as I am done. Staff bill out our visits from the screen for that day before they even leave the office.

Excuse #8- “What about those calls after hours?” True, networks are firewall protected to restrict access and you may need to record the contact later. The non-visit encounter section can actually be a strength of the EHR, where prescription refills and changes and other instructions are clearly recorded for you and other practitioners.

Excuse #9- “How can I afford the investment?” Emphasis on funding the conversion is a clear political priority. Even without outside help, cost is less than you may think and better time and billing efficiencies can make up for it. And how many of you refuse to pay for a mobile phone? Good technology costs money. Are you worth it?

On a final note, thanks to all for your support and collegiality this year, especially Federation Chair and Academy Past President Lauren Parsons, fellow Federation Delegates, and of course John Bush and Debbie Sundberg. Please extend the same to Dr. Farley in the coming months. TSPP and the Academy share the goal of bringing more members to organized psychiatry for mutual benefit. It has been an honor and pleasure to be included in our combined effort.
**REGISTRATION**

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**SCIENTIFIC PROGRAM REGISTRATION**

(includes Scientific Program & Syllabus, Saturday continental breakfast; Saturday & Sunday refreshments breaks)

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**SOCIAL EVENTS**

- **Friday Welcome Reception**
  - Names Attending Reception: ____________
  - Sunday Membership Business Breakfast
  - TSCAP Members: No Charge $20
  - Non-Members / Guests: $20 $25

**PAYMENT INFORMATION**

- **Check in the Amount of $__________ Make Checks Payable to Texas Society of Child and Adolescent Psychiatry**
- Please Charge $___________ To My: ____________ (Select One)
  - American Express
  - MasterCard
  - Visa
- Credit Card #: ____________________________
- Expiration Date: ____________
- 3 Digit Code on Back of Card on Right of Signature Panel: ______
- Name of Cardholder (as it appears on card): ____________________________
- Signature: ____________________________
- Address where you receive your credit card statement (include address, city, state, zip): ____________________________

**CANCELLATIONS** — Deadline for cancellation is July 2, 2009. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by July 2, 2009, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER JULY 2, 2009.

**OPENING WELCOME RECEPTION WITH EXHIBITORS**

A special Welcome Reception for all TSCAP attendees and their guests has been planned to kick off the weekend's meeting and activities. The reception will be held Friday, July 24, 6:30 - 8:30 pm in the Texas Ballroom at the Omni Hotel.

**SPONSORS / EXHIBITORS**

Special Thanks to the following Sponsors and Exhibitors confirmed to date:
- Cedar Crest Hospital & RTC, Belton – Exhibitor
- Laurel Ridge Treatment Center, San Antonio – Sponsor of the Friday Evening Welcome Reception and Exhibitor
- Meridell Achievement Center, Liberty Hill – Exhibitor

**ANNUAL BUSINESS MEETING BREAKFAST**

The Annual TSCAP Business Meeting will be held Sunday 8:00 am - 9:00 am in the Sundance Room of the Omni Hotel. All members are encouraged to RSVP in advance and attend.

**EXHIBITS**

TSCAP's Welcome Reception, Continental Breakfasts and Refreshment Breaks will be held in the Texas Ballroom of the Omni Hotel. Please make plans on visiting with the exhibitors during the following hours:

- **Friday, 6:30 pm - 8:30 pm**
  - Welcome Reception
- **Saturday, 7:30 am - 8:10 am**
  - Continental Breakfast
- **Saturday, 10:30 am - 10:50 am**
  - Refreshment Break
- **Saturday, 12:20 pm - 12:30 pm**
  - Refreshment Break
- **Saturday, 1:30 pm - 1:45 pm**
  - Refreshment Break
- **Saturday, 3:15 pm - 4:15 pm**
  - Final Vists with Exhibitors
- **Saturday, 4:15 pm - 5:00 pm**
  - Exhibitors Tear Down and Depart

**EXHIBIT / SOCIAL SPONSORSHIP OPPORTUNITIES**

The Texas Society of Child and Adolescent Psychiatry meetings provide an excellent opportunity to meet the Child and Adolescent Psychiatrists throughout the State of Texas all in one location! Last year’s Annual Conference was the largest attended to date, so don’t miss this one!

If you are interested in Exhibit Display Space or Sponsorship of one of the TSCAP social activities in conjunction with the Annual Convention, please contact the Texas Society of Child and Adolescent Psychiatry office at 512-478-0605, or visit the website www.txpsych.org and download an Application for Exhibit Display / Social Sponsorship.

We hope you will make plans to join us!
SCIENTIFIC PROGRAM CONTINUING MEDICAL EDUCATION ACCREDITATION
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the Joint Sponsorship of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of nine (9) AMA PRA Category 1 Credits™.

Participants should only claim credit commensurate with the extent of their participation in the activity.

The presentation “Panel Discussion: Impact of Pharmaceutical Research and Manufacturers of American (PhRMA)” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE / PROGRAM GOALS & OBJECTIVES
This CME program is designed with didactic lectures supplemented with audiovisual presentation and direct discussion, panel discussion and a case study presentation in multiple educational sessions. The program is designed to provide its’ primary target audience of Child and Adolescent Psychiatrists, General Psychiatrists and other specialties of medicine with clinically relevant information to advance the physician’s competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

SCIENTIFIC PROGRAM SPEAKERS
Monica Ramirez Basco, Ph.D. Clinical Psychologist Assistant Professor of Psychology University of Texas at Arlington Clinical Associate Professor of Psychiatry University of Texas Southwestern Medical Center at Dallas Matthew Brans, M.D. Houston, Texas Melissa P. Dellibello, M.D., M.S. Associate Professor of Psychiatry and Pediatrics Vice-Chair of Clinical Research Department of Psychiatry University of Cincinnati College of Medicine Cincinnati, Ohio Pedro L. Delgado, M.D. Diehmann Professor and Chairman Department of Psychiatry Associate Dean for Faculty Development and Professionalism School of Medicine University of Texas Health Science Center at San Antonio San Antonio, Texas Neeshas Desai, M.D. UT Southwestern Medical Center at Dallas Child Psychiatry Fellow (PGY-4) Dallas, Texas John Z. Sadler, M.D. Daniel W. Foster Professor of Medical Ethics Professor of Psychiatry & Clinical Sciences Distinguished Teaching Professor Chief, Division of Ethics and Health Policy Department of Clinical Sciences Chief, Division of Ethics Department of Psychiatry Co-Editor: Philosphy, Psychiatry & Psychology UT Southwestern Dallas, Texas Kirti Saxena, M.D. UT Southwestern Medical Center at Dallas Assistant Professor of Psychiatry Associate Director of Child and Adolescent Outpatient Clinic Dallas, Texas Karen Diane Wagner, M.D., Ph.D. Marie B. Gale Centennial Professor and Vice Chair Department of Psychiatry & Behavioral Sciences Director, Division of Child & Adolescent Psychiatry University of Texas Medical Branch Galveston, Texas Glenn D. Urbach Executive Director DBSA Greater Houston Houston, Texas

SCIENTIFIC PROGRAM AT A GLANCE

FRIDAY, JULY 24
1:00 pm - 5:30 pm Exhibit Set-Up Welcome Reception with Exhibitors Exhibit Hall Welcome to TSCAP Executive Committee Meeting Stockyards 1
8:30 am - 9:00 am Continental Breakfast w/Exhibitors Exhibit Hall Welcome and Opening Remarks Fort Worth Ballroom Neuroimaging of Bipolar Disorder in Children and Adolescents: New Finniri... Fort Worth Ballroom Melissa D. Dellibello, M.D., M.S., University of Cincinnati College of Medicine, Cincinnati, Ohio At the conclusion of the presentation, attendees will be able to:
• Understand the different neuroimaging modalities used in research with children and adolescents with bipolar disorder.
• Discuss the neuroanatomical regions thought to be involved in the pathophysiology of bipolar disorder.
• Discuss how psychotropic medication may affect brain function in children and adolescents with bipolar disorder.
10:30 am - 10:50 am Refreshment Break in Exhibit Hall Exhibit Hall 11:00 am - 11:30 am Update on Medication Treatments for Bipolar Disorder in Children Fort Worth Ballroom Karen Diane Wagner, M.D., Ph.D., UTMB, Galveston, Texas At the conclusion of the presentation, attendees will be able to:
• Have an increased knowledge of the evidence base for pharmacological treatment of bipolar disorder in children and adolescents.
• Assess risk/benefit ratio of medication treatment for bipolar disorder in youth.
12:00 pm - 12:30 pm Refreshment Break in Exhibit Hall Exhibit Hall 12:30 pm - 1:30 pm Case Presentation Fort Worth Ballroom Neelra Desai, M.D., Felllo Prentor UT Southwestern Medical Center at Dallas, Dallas, Texas Kirti Saxena, M.D., Clinical Associate Professor of Psychiatry UT Southwestern Medical Center at Dallas, Dallas, Texas At the conclusion of the presentation:
• Physicians will demonstrate an improved understanding of the diagnostic challenges and comorbidities of bipolar disorder in children and adolescents through a detailed discussion of a case presentation.
• Participants will display increased competence in designing a comprehensive biopsychosocial treatment plan for child and adolescent bipolar disorder.
1:30 pm - 1:45 pm Cognitive Behavioral Interventions for Children and Adolescents with Bipolar Disorder – Relapse Prevention Fort Worth Ballroom Monica Ramirez Basco, Ph.D., UT Arlington & UTSWMC, Dallas, Texas At the conclusion of the presentation:
• Participants will display enhanced competence in utilizing or incorporating psychosocial interventions such as Cognitive Behavioral Therapy into broader biopsychosocial treatment plans for children and adolescents with bipolar disorder.
• Physicians will show evidence of increased understanding and the ability to discuss the role of basic CBT techniques for relapse prevention in children and adolescents with bipolar disorder.
3:15 pm – 4:15 pm Final Visits with Exhibitors Exhibit Hall
SUNDAY, JULY 26
8:00 am - 9:00 am TSCAP Annual Business Meeting Breakfast Sundance Ballroom Welcome and Opening Remarks Fort Worth Ballroom Role of the Advocacy Organization in Depression and Bipolar Support in Texas Fort Worth Ballroom Matthew Brans, M.D., Houston, Texas Markus R. Weinberg, Jr., M.D., Houston, Texas At the conclusion of the presentation, participants will:
• Have the knowledge to refer patients to advocacy peer support groups and understand what peer support consists of.
10:15 am - 10:30 am Refreshment Break Fort Worth Ballroom Foyer 10:30 am - 12:30 pm Panel Discussion: Impact of Pharmaceutical Research and Manufacturers of America (PhRMA) Code on our Clinical Practice Fort Worth Ballroom Pedro L. Delgado, M.D., UT Southwestern, Dallas, Texas John Z. Sadler, M.D., UT Southwestern, Dallas, Texas At the conclusion of the presentation, participants will be able to:
• Understand the clinically relevant information about recent changes in the PhRMA Code in order to advance their understanding and appreciation of the Code and thereby allow them to develop strategies to deal more ably in their work with patients and families.

Texas Society of Child and Adolescent Psychiatry 2009 Annual Meeting and Scientific Program
“Bipolar Disorder in Children and Adolescents: Diagnostic and Treatment Dilemmas”
July 24-26, 2009 • Omni Fort Worth Hotel • 1300 Houston Street • Fort Worth, Texas
7:30 am - 5:00 pm Exhibits
7:00 am - 7:00 pm Registration Open
7:00 am - 7:45 am Complimentary Continental Breakfast for Meeting Registrants
Saturday, November 14
6:30 pm - 8:00 pm Welcome Reception with Exhibitors
5:00 pm - 6:30 pm Executive Council Meeting
12:00 pm - 5:00 pm Exhibit Set-Up
8:00 am - 5:00 pm Committee Meetings
7:30 am - 9:00 am Foundation Board of Directors Breakfast Meeting
7:30 am - 7:00 pm Registration Open
Friday, November 13
7:30 pm Federation Delegate Assembly Reception & Meeting
12:00 pm Golf Outing at Moody Gardens Golf Course
Thursday, November 12
8:45 am - 10:15 am Case Presentation /Discussion - Bipolar Disorder -

"Clinical Updates For Implementing Change In Your Practice"
Moody Gardens Hotel • Galveston, Texas • November 13-15, 2009

HOTEL RESERVATIONS
ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US! TSPP’s 53rd Annual Convention and Scientific Program will be held at the Moody Gardens Resort and Spa, Seven Hope Blvd., Galveston, 1-800-582-4673. A special TSPP discounted room rate of $142 is available to TSPP program registrants before August 31, 2009 or upon sell-out whichever occurs first. Make your hotel reservation today by calling 1-888-388-8484. The City has recovered and is even better than ever and we are excited to have the TSPP Convention there to help boost the city’s economy even more! And, as the Titus Harris had to cancel their Annual Meeting this year, TSPP will be coordinating special activities with the Titus Harris Alumni to further boost the attendance.

MOODY GARDENS HOTEL / RESORT AMENITIES
Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island’s premier meeting destination. Moody Gardens features:
• Full Service Spa and Fitness Center, complete with indoor lap pool
• Rain Forest Pyramid - a ten story pyramid featuring primitive rainforests with plants and exotic fish and animals.
• Discovery Pyramid - Experience mysteries of science with traveling and interactive exhibits.
• Aquarium Pyramid - Oceans of the world are represented in a 1.5 million gallon aquarium teeming with creatures from penguins to stingrays, sharks and more.
• IMAX 3D Theater - Be a part of the action at the IMAX 3D Theater featuring amazing 3D and 2D films on a giant six-story screen.
• IMAX Ridefilm Theater - Strap yourself in an dive, twist and turn as your seat mirrors every movement on a giant wrap-around screen with six-channel surround sound.
• Palm Beach - Freshwater lagoons and white sand beaches adorned with palm trees and volleyball courts
• AND, special activities for you during Convention time! Festival of Lights – One of the Gulf Coast’s largest holiday lighting events at Moody Gardens!

THURSDAY GOLF OUTING
Polish up on your golf game! For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf section of the TSPP registration form.

AWARDS RECEPTION / BANQUET AND EVENING OF ENTERTAINMENT
Saturday evening’s festivities begin with a complimentary wine and cheese reception before the Awards Banquet honoring the 2009 TSPP Award Recipients for their outstanding contributions to Psychiatry. The banquet will be followed by an evening of entertainment! Register early to reserve a table for your organization and friends! Black Tie Optional. This year’s honorees include:

Distinguishing Service Award
J. Clay Sawyer, M.D. Waco
Psychiatric Excellence Award
B. Andrew Harper, M.D. Houston

Psychiatric Excellence Award
James E. Kreisle, M.D. Austin

SUNDAY SCIENTIFIC PROGRAM
10:15 am - 10:30 am Refreshment Break with Exhibitors / Door Prize Drawings
10:30 am - 12:00 pm Case Presentation / Discussion - Bipolar Disorder - Diagnostic Issues and New Treatment Studies
Karen Dixon Wagner, M.D., Ph.D. Galveston, Texas
12:00 pm - 1:30 pm Annual Business Meeting Lunch
1:30 pm - 2:30 pm Resident Paper Competition Winning Paper
To be Determined
2:30 pm - 2:45 pm Break
2:45 pm - 4:45 pm Sleep Disorders: Putting Insomnia in Bed
Obstructive Sleep Apnea; Restless Leg Syndrome; Mild-Cognitive Impairment
Philip M. Becker, M.D., Dallas, Texas
Sunday, November 15
SUNDAY SCIENTIFIC PROGRAM
4 Hours of Category I CME Credit
8:15 am Welcome and Introductions / Pre-Survey
8:30 am - 10:30 am Medical / Literature Updates: Current Treatment
Diabetes, Thyroid, Hypertension
10:30 am - 10:45 am Break
10:45 am - 12:45 pm Accurate Use of Medical Literature and Appropriation Assessment Panel Discussion of issues concerning how to best use medical literature, presenting examples of the best and less-than-best articles, and how to determine which is which.
Pedro L. Delgado, M.D., San Antonio, Texas

Festival of Lights – One of the Gulf Coast’s largest holiday lighting events at Moody Gardens!
“Clinical Updates For Implementing Change In Your Practice”

REGISTRATION FEE

Please check a box if you are:

☐ APA Fellow    ☐ APA Distinguished Fellow

NAME(S)  GUEST(S) ATTENDING (for name badges)

ADDRESS                                                                    CITY                                       STATE                 ZIP                        PHONE

TOTAL REGISTRATION FEE

PAYMENT INFORMATION

☐ Check
☐ Money Order
☐ American Express
☐ Medicare
☐ Visa
☐ Master Card
☐ American Express

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

CANCELLATIONS—Deadline for cancellation is October 12, 2009. In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 12, 2009, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER OCTOBER 12, 2009.

RETURN TO:
TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS, 401 WEST 15TH STREET, SUITE #675, AUSTIN, TX 78701; PHONE (512) 478-0605  FAX (512) 478-5223

Moody Gardens
Fun, Fun, Fun!

S C I E N T I F I C  P R O G R A M

See Registration Form below or visit the website www.txpsych.org for TSPP / TAP’s Special Discounted Meeting Registration Fees for this year’s convention. The earlier you register, the greater the savings! psychiatric patients with suspected diabetes, hypothyroidism, and hypertension
– demonstrate improved competence in the evaluation and treatment of restless leg syndrome
– demonstrate improved competence in appropriate screening and referral of the appropriate prescription of sedative medications

ACCREDITATION

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of ten (10) AMA PRA Category I Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians. The presentation entitled “Accurate Use of Medical Literature and Appropriate Assessment” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

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Meeting Registration
See Registration Form below or visit the website www.txpsych.org for TSPP / TAP’s Special Discounted Meeting Registration Fees for this year’s convention. The earlier you register, the greater the savings!

Target Audience / Program Objectives
This CME program is designed with didactic lectures, panel discussions and case study presentations in multiple educational sessions. The program is designed to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with high-quality, evidence-based, clinically-relevant information regarding ethics, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice. Upon completion of this program participants will be able to:
– demonstrate improved competence in diagnosis of bipolar disorder in adults
– demonstrate improved competence in diagnosis of bipolar in adolescents
– demonstrate improved competence in the assessment of sleep disorders and...
Capitol Day Success

John R. Bush, Executive Director, Federation of Texas Psychiatry

On March 4, over 350 psychiatrists, advocates, patients and family members converged on the Texas Capitol to advocate in a unified and strong voice for increased funding for public mental health services. This advocacy activity, Capitol Day 2009, was organized by the Mental Illness Awareness Coalition which includes the Federation of Texas Psychiatry (Texas Society of Psychiatric Physicians, Texas Academy of Psychiatry, and the Texas Society of Child and Adolescent Psychiatry), Depression and Bipolar Support Alliance Texas, Mental Health America of Texas, and the National Alliance for the Mentally Ill Texas. The Coalition was formed in 1995 by TSPP and has conducted advocacy training and advocacy programs every year since.

Attendance for Capitol Day 2009 grew so large, the program had to be conducted in two separate physical locations because facilities at the Capitol were insufficient. Buses brought participants from Houston, Dallas and San Antonio. The morning program began with welcoming remarks from Senator Leticia Van de Putte (D-San Antonio) and Representative Debbie Riddle (R-Houston). Participants were then briefed by Joe Lovelace on proposed legislation to increase public mental health funding by $88.3 million. The proposed $88.3 million will fund three key areas: 1/3 for过渡性服务，1/3 for linking patients to intensive services after their emergency crisis. Steve Bresnen, Federation lobbyist, then coached participants on how to make effective calls on legislators.

At 12:30 pm, participants gathered at the front steps of the Capitol and conducted a rally for public mental health funding. Martha Lethemans, MD, President of TSPP opened the rally with a rousing call for ending stigma and discrimination against persons with psychiatric illnesses. She was followed by Diana Kern who emphasized that recovery is possible. The featured speaker for the rally was Senator John Whitmire (D-Houston) who spoke forcefully in support of increased funding for public mental health services.

Following the rally, participants made calls on legislators and their staff to inform them about the necessity for increased public mental health funding. At the end of the day, participants gathered together again to share their experiences.

All in all, this was probably the most successful Capitol Day of any conducted since 1995.

The TEXAS PSYCHIATRIST is published 6 times a year in February, April, June, August, October and December. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising.

EDITORS' BOARD
Executive Committee
John R. Bush
Debbie Sundberg

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http://www.txpsych.org (website)

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation’s JOB BANK on its website at www.txpsych.org.

The Federation’s JOB BANK could be just what you have been looking for.

CALENDAR OF MEETINGS

MAY
1
TMA Section on Psychiatry Program
TEXMED 2009, Austin Convention Center
For additional information 1-800-880-7955 or www.texmedexpo.org

16-21
American Psychiatric Association Annual Meeting
San Francisco, CA
For additional information visit www.psych.org

JULY
24-26
Texas Society of Child & Adolescent Psychiatry Annual Meeting & Scientific Program “Bipolar Disorder in Children and Adolescents: Diagnostic and Treatment Dilemmas”
Omni Fort Worth Hotel, Fort Worth, Texas
TSCAP Discounted Room Rate $175 / Hotel Reservations Until July 2 or Upon Sell-Out, whichever occurs first / 1-800-843-4664
For additional information please visit www.txpsych.org or call 512-478-0605

NOVEMBER
13-15
Texas Society of Psychiatric Physicians 53rd Annual Convention & Scientific Program - Galveston's Back and Better Than Ever - Lots of Fun Activities Planned - Register Early!
Moody Gardens Hotel, Galveston, Texas
TSPP Discounted Room Rate $142 / Hotel Reservations Until October 8 or Upon Sell-Out, whichever occurs first / 1-888-388-6848
For Additional Program Information / Registration 1-512-478-0605 or email tsppofc@aol.com

March calendar

- Tspp Research Ccmttee, 512-478-0605
- Tma Section on Psychiatry Program, 512-478-0605
- Tma Section on Psychiatry Program, 512-478-0605
- American Psychiatric Association Annual Meeting, 512-478-0605
- Texas Society of Child & Adolescent Psychiatry Annual Meeting & Scientific Program “Bipolar Disorder in Children and Adolescents: Diagnostic and Treatment Dilemmas”, 512-478-0605
- Texas Society of Psychiatric Physicians 53rd Annual Convention & Scientific Program - Galveston's Back and Better Than Ever - Lots of Fun Activities Planned - Register Early!, 512-478-0605