The geographic distribution of contributions in 1993:

- Houston: 21.5%
- Southeast Texas: 3.8%
- East Texas: 4.6%
- North Texas: 14.8%
- Heart of Texas: 0.7%
- Austin: 22.1%
- Bexar County: 14.5%
- West Texas: 5.7%
- South Texas: 0.1%
- El Paso: 2.9%

The Texas Foundation for Psychiatric Education and Research concluded Annual Campaign 2007 on December 31 with excellent results...thanks to the generous financial support of Texas Psychiatry, advocates and friends. Annual Campaign 2007 received $11,830 in charitable contributions, increasing the Foundation’s total charitable contributions received since 1993 to $226,139.

The geographic distribution of contributions in the Foundation has been diverse:

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- North Texas: 14.8%
- Heart of Texas: 0.7%
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Thank You for Your Support

Linda J. Rhodes, MD, Chairman, Texas Foundation for Psychiatric Education and Research

Texas Psychiatriest

In Memoriam

From the Federation

Linda J. Rhodes, MD, Chairman, Texas Foundation for Psychiatric Education and Research

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Shame on You
William H. Reid, MD, MPH, President, Texas Society of Psychiatric Physicians

No, not you, if you’re a TSPP member. The rest of you: you know who you are. You’re Texas psychiatrists, often well-meaning and otherwise nice folks, who reap lots of the professional benefits of meaningful and otherwise nice folks, who inadequately trained or experienced non-psychiatrists need in order to offer and maintain the clinical flexibility that psychiatrists need in order to offer and implement them to best effect. Protect your patients and others from ill-conceived government intervention, draconian rules, and unqualified clinician-interlopers. Keep important treatments available to Texas patients, public and private, and maintain the clinical flexibility that psychiatrists need in order to offer and implement them to best effect. Protect your patients and others from inadequately trained or experienced non-physicians who want to prescribe, admit patients, and generally limit inadequate care into the public.

TSPP Officers installed for service during 2008-09: George Santos, MD (President-Elect); Martha Leatherman, MD (President); and Richard Noel, MD (Secretary-Treasurer). The Academic Psychiatry Committee recommended that TSPP support an Amicus Brief in the Gabbard vs. State of Texas case. TheTSPP Executive Council met on April 6, 2008 and approved the following action items:

• The Academic Psychiatry Committee recommended that TSPP pilot test a board prep session for residents and continuing medical education program graduates at the November TSPP Annual Convention and Scientific Program. The format of the session will be an overview of the written examination followed by a test of case presentation and discussion.
• The Children and Adolescent Committee recommended that each TSPP Chapter identify one or more psychiatrists to coordinate and develop ideas for community consultation with primary care providers. Names are to be submitted to TSPP and referred to the Children and Adolescent Committee for implementation of the program.
• The Finance Committee recommended that TSPP continue to offer “transition to practice” seminars for residents to be conducted regionally at residency programs and/or TSPP’s Annual Convention and Scientific Program.
• The Finance Committee recommended the change in status of a member to Temporary Membership. They recommended that TSPP pilot test a board prep session for residents and continuing medical education program graduates at the November TSPP Annual Convention and Scientific Program. The format of the session will be an overview of the written examination followed by a test of case presentation and discussion.
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Medical Malpractice Insurance
Are you paying too much?
The Federation of Texas Psychiatry in cooperation with Cunningham Group is offering Texas psychiatrists free premium inducements. Prices have come down during the past year — one insurer dropped its rates 48 percent. Let Cunningham Group shop the market for you and reduce your premium. Go to the Cunningham website (www.cg-ins.com) and complete the Medical Malpractice Premium Inducement Short Form to receive your premium indication.

Cunningham Group
Professional Liability Insurance Services
Phone 512-356-5336 • Fax 512-356-7121

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Since reform, the state experienced a net gain of 9 orthopedic surgeons from 2000 to 2003. Obstetricians. Texas experienced a net loss have been cut more than 25%. Damages. The plaintiff still has the ability to non-economic damages, or what is commonly referred to as “pain and suffering” emphasize that the cap only applied to liability judgment. It is important to Texas Legislature passed liability reforms including a $250,000 cap on non-economic number of companies issuing policies in the year that tort reform was passed, the Spring Meeting held April 4-6. Prior to 2003, the year that tort reform was passed, the number of companies issuing policies in Texas had dipped to 100. In 2003, the Texas Legislature passed liability reforms including a $250,000 cap on non-economic damages assessed against physicians in a liability judgment. It is important to emphasize that the cap only applied to non-economic damages, or what is commonly referred to as “pain and suffering” damages. The plaintiff still has the ability to recover economic damages related to medical expenses and lost income. Now we have over twenty companies issuing policies in Texas, and premiums on average have dropped more than 25%. TMA cites several changes before and after tort reform. After having experienced a net loss of 14 obstetricians from 2001 to 2003, Texas experienced a net gain of 186 obstetricians. Texas experienced a net loss of 9 orthopedic surgeons from 2000 to 2003. Since reform, the state experienced a net gain of 156 orthopedic surgeons, and a net gain of 28 neurosurgeons including one each in the medically underserved communities of Corpus Christi and Beaumont. TMA also notes that Texas licensed a record 3,324 new doctors in 2007, 498 more than the previous year.

The challenge now is coming by the way of several lawsuits challenging the constitutionality of the cap. The most high-profile case being that of former Dallas Cowboy running back Ron Springs. All individual physician groups or to services need to contact members of the Texas Legislature, develop relationships with your local legislators, and vote in court elections when judges run for office. TMA also has a presentation in the TMA web site area termed org titled “The Texas Tort Reform Story” which can be downloaded and used by physicians in speaking to physician groups. The message we have to repeat is that all of Texas and Texans have benefited from tort reform. The savings on liability insurance premiums have allowed for establishment of practices in rural areas, expansion of subspecialty practices, and trauma care to underserved areas. The strength that we have achieved through the reorganization of psychiatry in Texas under the Federation of Texas Psychiatry allows us to effectively defend this challenge to the provision of medical care. But it takes every one of us making the commitment to become involved and to speak up.

Education
I wanted to remind all of our members of the upcoming annual meeting of the various organizations of the Federation. The Texas Medical Association Annual Meeting, TeXMed 2008, will be held May 23 at the Hyatt Regency Hotel in San Antonio. Dr. Martha Leatherman, current TSPP President, has organized a very interesting and informative Section on Psychiatry program related to issues of capacity and undue influence with respect to geriatric patients. This should be of interest not only to psychiatrists, but other specialists as well, particularly primary care physicians. I would encourage members to inform their psychiatric as well as non-psychiatric colleagues of this program which will be held on Friday, May 2.

The Texas Osteopathic Medical Association will hold their annual meeting on June 18-22 at the Intercontinental Hotel in Addison, Texas. The Texas Society of Child and Adolescent Psychiatry will hold their Summer Conference and Scientific Program, “Evaluation and Treatment of Disorders of Early Development” July 18-20 at the Westin La Cantera Resort in San Antonio. Their meetings have been very well attended and have received very positive comments and reviews.

Finally the year will conclude with our TSPP Annual Convention and Scientific Program to be held this year November 21-23 at the Westin La Cantera Resort in San Antonio. The Resort is very family friendly and offers some of the best golf courses around. It certainly is a great location to allow our members to experience the core value of “fellowship” in TSPP. The TSP Annual Meeting will be held in the TSCAP Summer Conference, and to some degree, the TMA Section on Psychiatry, would not be possible without the help of John Bush and Debbie Sundberg as well as members who have given their time to either serve on the CME Committee or as program chairs. The reorganization under the Federation has allowed the Executive Staff to more efficiently and effectively plan and implement these meetings resulting in excellent CME programs. Finally, I again thank you for allowing me to serve this past year as your Chair of the Federation. Obviously, challenges to our profession and our specialty continue to come forward, but I am thankful that we have excellent organizations in place in our State to fight these challenges, to protect our profession, to protect our patients, and to provide opportunities for quality education and fellowship for our members. I look forward in continuing to serve as a member, and invite all of our members to be involved in the organizations of our Federation: TSPP, TSCAP, TMA, and TOMA.

MEMBERSHIP CHANGES

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS
The following membership applications have been approved by the TSPP Executive Committee and have been transmitted to the APA.

Member in Training

Davies, Alaine, MD, Houston
Koili, Tanya, MD, Houston
Quadri, Syed, MD, El Paso
Shad, Ajay, MD, Dallas

General Member
Gupta, Shyam, MD, Dallas
Holt, Jessica, MD, Houston

New Members
Hayes, Shelley, MD, New Braunfels
Johnson, Shannon, MD, Richardson
Sheahan, Tim, MD, Austin
Thode, Kristen, MD, San Antonio
Yen, Jennifer, MD, Houston
Patif, Tushar, MD, El Paso
Shad, Ajay, MD, Irving

TOMA APPELLATE COURT REPORT

The Department of Psychiatry of The University of Texas Health Science Center at San Antonio is seeking a board certified or board eligible academic psychiatrist for a full time position as Director of the Psychiatric Emergency Service (PES). This is a mid to senior level leadership position and includes a combination of administration and program leadership, direct clinical care supervision of medical students, residents, staff, and faculty. The successful candidate will be an entrepreneurial, energetic, hard-working physician with excellent communication and leadership skills and a working knowledge of the interface between academic and public and community mental health systems. A unique opportunity exists for the development of a more coordinated acute care/crisis management system within Bexar County and it is expected that the Director of the PES will represent the academic health center in the development of this system. Academic rank, compensation, and appointment to tenure or non-tenure tracks will be commensurate with qualifications. The Department has strong educational, research and clinical programs in an attractive, culturally rich city situated on the edge of the Texas Hill Country with a pleasant climate, an excellent public school system and abundant recreational activities. Interested individuals should forward their curriculum vitae to Pedro L. Delgado, M.D., Professor and Chairman, Department of Psychiatry, Mail Code 7792, The University of Texas Health Science Center at San Antonio, 7703 Floyd Curl Drive, San Antonio TX 78229-3900, phone 210-567-5391, FAX 210-567-6941. The University of Texas Health Science Center at San Antonio is an Equal Employment Opportunity/Affirmative Action Employer. All faculty appointments are designated as security sensitive positions.

Psychiatrist for UTHSC San Antonio

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“Evaluation And Treatment Of Disorders Of Early Development”

Friday, July 18
1:00 pm - 3:00 pm
Panel Discussion: Legal and Ethical Considerations in the Treatment of Disorders of Early Development
Graham J. Emslie, MD

Saturday, July 19
7:15 am - 8:15 am
Continental Breakfast with Exhibitors
Louise O'Donnell, PhD

8:15 am - 3:00 pm
Scientific Program: Evaluation and Treatment of Disorders of Early Development
Louise O’Donnell, PhD

Sunday, July 20
8:00 am - 9:00 am
TSCP Annual Business Meeting Breakfast

Opening Welcome Reception with Exhibitors

SCIENTIFIC PROGRAM SPEAKERS

Lindy K. Bankes, M.D.
Resident, The University of Texas Health Science Center at San Antonio, San Antonio, TX

Emilie Becker, M.D.
Psychiatrist with Mental Health Substance Abuse Division, Department of State Health Services, Austin, TX

Graham J. Emslie, M.D.
Charles E. and Sarah M. Swayne Chair in Child Psychiatry; Professor of Psychiatry, UT Southwestern Medical Center, Dallas, TX

Deborah C. Hiser, J.D.
TSCP’s Welcome Reception, Continental Breakfast; Saturday 7:15-8:10 am

Alice R. Mao, M.D.
Associate Professor of Psychiatry, Menninger Department of Psychiatry & Behavioral Sciences, Baylor College of Medicine, Houston, TX

Louise O’Donnell, Ph.D.
Assistant Professor, Division of Genetics and Metabolic Disorders, Dept of Pediatrics, The University of Texas Health Science Center at San Antonio, San Antonio, TX

Steven R. Pizsla, M.D.
Professor and Vice Chair; Chief, Division of Child and Adolescent Psychiatry, Department of Psychiatry, University of Texas Health Sciences Center at San Antonio, San Antonio, TX

Richard D. Todd, M.D.
Assistant Professor, Division of Neurology; Division Chief, Child, Adolescent Psychiatry, Professor, Genetics, Washington University School of Medicine, St. Louis, MO

TARGET AUDIENCE / PROGRAM GOALS & OBJECTIVES

The primary target audience of the program consists of Child and Adolescent Psychiatrists, General Psychiatrists and other specialties of medicine with the objective of addressing quality improvement in clinical outcomes for patients served by the physicians in the State of Texas. This continuing medical education activity will be presented in a classroom style format, with didactic lectures supplemented with audiovisual presentations, case presentations and question and answer discussions.

Continuing Medical Education Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the Joint Sponsorship of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians. The Texas Society of Psychiatric Physicians designates educational activity for a maximum of 9 (AMA PRA Category 1 Credits).

Continuing medical education for physicians.

Participants should only claim credit commensurate with the content of their participation in the activity. The presentations “Clinical Considerations in the Treatment of Children with Medications” Case Presentation; Multi-Disciplinary Treatment Decisions in the Treatment of Children with Autism” and Panel Discussion: Legal and Ethical Considerations in the Use of Medications and Treatment of Children’ have been designated by the Texas Society of Psychiatric Physicians for the Texas Medical Association (TMA) through the Joint Sponsorship of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry to provide continuing medical education for physicians.

At the conclusion of the program attendees will be able to:

- Understand the risk-benefit ratio of treating prescholers with psychiatric disorders.
- Discuss biopsychosocial decisions when assessing and treating young children.
- Be informed about legal and ethical considerations when using psychotropic medications to treat young children.
- Reference research and understand the impact on parents of having a child with autism.
- Discuss biological, psychological and social interventions to improve outcomes for children with autism.

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Texas Society of Child and Adolescent Psychiatry 2008 Summer Conference and Scientific Program

“Evaluation And Treatment Of Disorders Of Early Development”

Friday, July 18 • Westin La Cantera Resort • 16641 La Cantera Parkway • San Antonio, Texas

Joint Sponsored by TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS and TEXAS SOCIETY OF CHILD AND ADOLESCENT PSYCHIATRY

General Information

LOCATION / HOTEL RESERVATIONS

All events will take place at the Westin La Cantera Resort, 16641 La Cantera Parkway, San Antonio, Texas, 78258-6500. A special TSCP discounted room rate of $179 single or double occupancy is available to TSCP program registrants before June 17, 2008 or upon sell-out whenever occurs first. Make your reservation today by calling 1-800-228-3300.

Nestled atop one of the highest points in all of San Antonio, The Westin La Cantera Resort offers breathtaking views of downtown and the beautiful Texas Hill Country. Built on the site of an abandoned limestone quarry—la cantera in Spanish—the resort’s intimate setting seems like it’s a world away. Theh animation combines the best of golf and the best of luxury. With six pools, health club and spa services, a newly renovated 7000 square foot Westin Workout powered by Reebok fitness center, tennis courts, unique dining options, a kids club, three hot tubs, the resort offers something for everyone. Not to mention, the adjacent 1.3 million square foot shopping destination, The Shops at La Cantera and Six Flags Fiesta Texas Themed Park

Opening Welcome Reception with Exhibitors

A Special Welcome Reception for all TSCP attendees and their guests has been planned to kick off the weekend’s meeting and activities. The reception will be held Friday, July 18, 6:30 pm - 8:00 pm, in the San Antonio Ballroom G of the Westin La Cantera Resort.

Annual Business Meeting Breakfast

The Annual TSCP Business Meeting will be held Sunday, 8:00 am - 9:00 am in the San Antonio Ballroom G of the Westin La Cantera Resort. All members are encouraged to RSVP and attend.

Exhibits

TSCP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks will be held in San Antonio Ballroom G of the La Cantera Resort. Please make plans on visiting with the exhibitors during the following hours: Friday, 6:30-8:00 pm w/Welcome Reception; Saturday 7:15-8:10 am Continental Breakfast; 10:30-16:50 am Refreshment Break; 2:15-2:3 pm Refreshment Break and 3:30-4:30 pm Afternoon Fiesta Reception.
I am excited to invite you to attend the 2008 Summer Conference of the Texas Society of Child and Adolescent Psychiatry: Evaluation and Treatment of Disorders of Early Development, designated for a maximum of nine AMA PRA Category 1 Credits™. This conference will take place on July 18-20, 2008 at the Westin La Cantera Resort in San Antonio. The hotel is adjacent to Six Flags Fiesta Texas and The Shops at La Cantera, and offers a spa, two 18-hole championship golf courses, tennis courts, jogging and walking trails, and five outdoor pools. The hotel is also in close proximity to SeaWorld, and a newer strip of restaurants and shops on Loop 1604 between Interstate Hwy. 10 and US Hwy. 281 N. If you would rather experience old-world San Antonio, downtown is only about 25 minutes away.

To kickoff the weekend’s meetings and activities, an evening reception will be held on Friday, July 18. The educational program will begin on Saturday, July 19, in the morning and end with an afternoon Fiesta reception; and will continue on Sunday, July 20, following the breakfast business meeting. Our guest speaker, Richard D. Todd, MD (Blanche F. Johnson Professor of Psychiatry, Director of the William Greenleaf Eliot Division of Child Psychiatry, and Professor of Genetics at the Washington University School of Medicine in St. Louis) will discuss Genetics in Family Studies of Autism. Alice R. Max, MD (Associate Professor of Psychiatry at the Menninger Department of Psychiatry and Behavioral Health Sciences, Baylor College of Medicine) will review ethics considerations in the treatment of young children with medications. This conference will also feature assessment tools for early diagnosis of Autism, a case presentation, and a panel discussion about the legal considerations in the use of medications and treatment of young children.

Please complete the conference registration and make your hotel reservations as soon as possible. I hope to see you in San Antonio!

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### Texas Society of Child and Adolescent Psychiatry Summer Meeting and Scientific Program

**“Evaluation And Treatment Of Disorders Of Early Development”**

July 18-20, 2008 • Westin La Cantera Resort • 16641 La Cantera Parkway • San Antonio, Texas

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### Registration Form

**Name:**

**Address:**

**City State Zip:**

**Telephone Number:**

**Fax Number:**

**E-mail:**

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### Scientific Program Registration

(include Scientific Program & Syllabus; Saturday continental breakfast; Saturday & Sunday refreshment breaks and Saturday lunch)

<table>
<thead>
<tr>
<th>Before July 3</th>
<th>After July 3</th>
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</thead>
<tbody>
<tr>
<td>TSCAP Member Physician</td>
<td>$195</td>
</tr>
<tr>
<td>Non-Member Physician</td>
<td>$250</td>
</tr>
<tr>
<td>Allied Health Professional / Spouse / Guest</td>
<td>$180</td>
</tr>
<tr>
<td>TSCAP Member Trainee / Medical Student</td>
<td>No Fee</td>
</tr>
<tr>
<td>Non-Member Trainee / Medical Student</td>
<td>$30</td>
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### Social Events

- Friday Welcome Reception
- Saturday Afternoon Reception
- Sunday Membership Breakfast Meeting - No Charge for TSCAP Members
- Sunday Annual Membership Breakfast Meeting - Guests

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### Payment Information

- Check in the amount of $ _______ payable to Texas Society of Child and Adolescent Psychiatry
- Please Charge $ _______ To: [ ] VISA [ ] MasterCard [ ] American Express
- Credit Card #__________ expiration date: ________
- 3 Digit Code on Back of Card on Right of Signature Panel
- Name of Cardholder (as it appears on card)
- Signature

Address where you receive your credit card statement (include address, city, state, zip)

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### Cancellations

Deadline for cancellation is July 3, 2008. In the event of cancellation, full refund will be made if written notice is received in the TSCAP office by July 3, 2008, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER JULY 3, 2008.

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**In Memoriam...**

- Roy H. Fanoni, MD (Dallas)
- D. Robert Fowler, MD (Tyler)
- Jay H. McNeil, MD (Dallas)
- Linda Rhodes, MD (San Antonio)
- Melsen Mirabi, MD (Houston)
- Joseph Black, MD (Vernon)
- Gary Etter, MD (Fort Worth)
- Simardeep Mann, MD (Dallas)
- Arthur Farley, MD (Houston)
- Richard Noel, MD (Houston)

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**Texas Psychiatry Officers for FY 2008-09**

- **Chairman** - Linda Rhodes, MD (San Antonio)
- **Vice Chairman** - Melsen Mirabi, MD (Houston)
- **Secretary-Treasurer** - Richard Noel, MD (Houston)

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**TSPPP Officers installed for FY 2008-09 during TSPPP Executive Council meeting on April 6 included: President - Martha Leachman; MD (San Antonio); President-Elect - Joseph Black, MD (Dallas); Secretary-Treasurer - Richard Noel, MD (Houston).

Members elected to serve as Officers of the Texas Psychiatry Foundation for FY 2008-09 include: Chairman - Linda Rhodes, MD (San Antonio); Vice Chairman - Melsen Mirabi, MD (Houston); Treasurer - Joseph Black, MD (Houston); and Secretary-Treasurer - Richard Noel, MD (Houston).

The Delegate Assembly of the Federation of Texas Psychiatry elected Officers for FY 2008-09 as follows: Chairman - Les Secrest, MD (Dallas); President-Elect - Joseph Black, MD (Dallas); Secretary-Treasurer - Janet True, MD (Kerrville).

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**TSPPP members elected to receive TSPPP Awards in November 2008 include: Distinguished Service Award - Joseph Black, MD; and Gary Etter, MD (Fort Worth); Psychiatrist Excellence Award - Glen Gabbard, MD (Houston); and Joseph Black, MD (Dallas). In Memoriam...**
HOTEL RESERVATIONS

TSPP’s 52nd Annual Convention will be held at the Westin La Cantera Resort, 16641 La Cantera Parkway, San Antonio, Texas, 210/558-6500. A special TSPP discounted room rate of $159 is available to TSPP program registrants before October 21, 2008 or upon sell-out whichever occurs first. Make your reservation today by calling 1-800-228-3000.

Nestled atop one of the highest points in all of San Antonio, The Westin La Cantera Resort offers breathtaking views of downtown and the beautiful Texas Hill Country. Built on the site of an abandoned limestone rock quarry - la cantera in Spanish - the resort’s intimate setting seems like it’s a world away. The hilltop retreat combines the best of golf and the best of luxury. With six pools, health club and spa services, a newly renovated 7600 square foot Westin Workout powered by Reebok fitness center, tennis courts, unique dining options, a kids club, three hot tubs and offers something for everyone. Not to mention, the adjacent 1.3 million square foot shopping destination, The Shops at La Cantera and Six Flags Fiesta Texas Theme Park!

THURSDAY GOLF OUTING

Polish up on your golf game!! For those convention attendees (and golf enthusiasts) arriving early, discounted green fees have been arranged at the La Cantera championship golf course. If you are interested in playing, please be sure to check the Golf section of the TSPP registration form.

AWARDS RECEPTION / BANQUET AND EVENING OF ENTERTAINMENT

Saturday evening’s festivities begin with a complimentary wine & cheese reception before the banquet honoring the 2008 TSPP Award Recipients for their outstanding contributions to Psychiatry. The banquet will be followed by an evening of entertainment! Register early to reserve a table for your organization and/or friends! Black Tie optional. This year’s honorees include:

Distinguished Service Award: Joseph L. Black, MD, Vernon
Psychiatric Excellence Award: Glen O. Gabhard, MD, Houston

MEETING REGISTRATION

Visit the website www.txpsych.org for TSPP / TAP’s Special Discounted Meeting Registration Fees for this year’s convention.
The earlier you register, the greater the savings!

DAILY SCHEDULE

Thursday, November 20
12:00 pm Golf Outing at LaCantera Resort Golf Course
7:30 pm Foundation Delegate Assembly Reception & Meeting

Friday, November 21
7:30 am - 7:00 pm Registration Open
7:30 am - 9:00 am Foundation Board of Directors Breakfast Meeting
8:00 am - 5:00 pm Committee Meetings
12:00 pm - 5:30 pm Exhibit Set-Up
12:00 pm - 1:30 pm Membership Luncheon
5:00 pm - 6:30 pm Executive Council Meeting
6:30 pm - 8:30 pm Welcome Reception w/Exhibitors

Saturday, November 22
7:00 am - 7:45 am Complimentary Continental Breakfast for Meeting Registrants
7:00 am - 7:00 pm Registration
7:00 am - 6:00 pm Exhibits
8:00 am - 5:35 pm SCIENTIFIC PROGRAM
8:00 am - 8:15 am Welcome and Introductions
8:15 am - 10:15 am Current Issues in the Evaluation & Treatment of Dementia
Kevin F. Gray, M.D., Dallas, TX
10:15 am - 12:30 pm Suicide Assessment and Clinical Intervening
Shawn C. Shea, M.D., Hanover, NH
12:30 pm - 2:00 pm Annual Business Meeting Lunch
2:15 pm - 4:15 pm Assessment & Management of the Potentially Violent Patient in Treatment
Avrim Fishkind, M.D., Houston, TX
4:15 pm - 4:35 pm Refreshment Break w/Exhibitors
4:35 pm - 5:35 pm Resident Paper Competition Winning Paper
To be Determined
6:30 pm - 7:00 pm Awards Banquet Reception
7:00 pm - 10:00 pm Awards Banquet / Dinner & Entertainment

Sunday, November 23
7:30 am - 1:00 pm Registration
8:15 am - 12:30 pm SCIENTIFIC PROGRAM
8:15 am - 8:30 am Welcome
8:30 am - 9:30 am Metabolic Syndrome and Treating Psychiatric Patients Today
Jeffrey M. Zigman, M.D., Dallas, TX
9:30 am - 10:30 am Update on Antidepressants: Focus on New Findings of Practical Significance to Clinicians Which Influence Patient Care
Pedro L. Delgado, M.D., San Antonio, TX
10:30 am - 12:30 pm Antidepressant Controversies: Legal & Ethical Issues, SUCIDALTY and Birth Defects
Christopher B. Ticknor, M.D. & Charlotte A. Baurske, Ph.D

TXPsychiatrist AprMay08:AprMay08 4/17/08 5:04 PM Page 6
“Improving Psychiatric Care and Enhancing Patient Outcomes”

TARGET AUDIENCE / PROGRAM OBJECTIVES

This CME Program is designed in a classroom style format, with didactic lectures supplemented with audiovisual presentations and direct discussion. The program is designed to provide its primary target audience of Psychiatrists, as well as other specialties of medicine with clinically-relevant information regarding ethics, new developments in treatment and new directions in research to enhance the physicians’ knowledge and improve the delivery of quality medical care to patients in their practice.

Upon completion of this program participants should be able to achieve the following objectives, thus improving patient outcomes:

Describe and explain the current essential components of the assessment and treatment of patients with dementia,


Describe key factors in the evaluation of suicidal thoughts and the prevention of suicide,


Describe the essential elements of the evaluation and management of potentially violent patients,


Describe the clinical decision making process and use of informed consent in prescribing antidepressants,


Discuss and describe the appropriate treatment planning and informed consent for patients with the metabolic syndrome and those that may be at risk of developing it related to treatment,


“Is That All There Is...?”
Lauren D. Parsons, MD, President, Texas Academy of Psychiatry

No doubt at one time or another in our career as a psychiatrist, we either have been or will be confronted by someone who does not know the difference between a psychologist and a psychiatrist. With so much in common, the two professions are still separated by our four years of medical school with a subsequent residency. The corollary to the individual above is the one who thinks all psychiatrists do is “push pills.” Unfortunately in many cases, we have done nothing to dissuade people of this misconception.

As I write this, I do not intend to debate the obvious question. Rather, I propose to focus on what I consider to be the responsibility we assume when we choose the path of Psychiatry.

I submit it is our duty to not only educate the public about our training and our scope of practice but it is also imperative that we ourselves do not forget that we are physicians first. There is more to being a physician than prescribing pills, or at least I think there should be. Past of being a good physician is being a good listener but it is also being a good detective. Collecting pieces of a puzzle, creating a picture with those pieces, and correcting problems that prevent that picture from coming clear are all parts of being a good physician.

A seeming trend is for physicians in general to spend less time listening, less time thinking, and the small amount of time they do take with their patients is spent writing prescriptions for an endless stream of individual complaints never synthesizing a single hypothesis. The pressure to see more and more patients in order to cover overhead and make a living is slowly squeezing the lifeblood from the traditional doctor—patient relationship. We all learned the saying, “When you hear hoof beats think horses, not zebras,” during the course of our education. What we seem to have forgotten is that there are Arabians, quarter horses, pintos and mustangs. All have four hooves, a mane, and a tail, but each has unique characteristics by which they can be identified and distinguished, one from the other. The ability to collect a history, perform a physical examination and create a diagnostic impression which accounts for the symptoms at hand thereby providing the foundation for a plan of care are skills we acquire as we progress through our training. Once we forget that foundation and rely ourselves to throwing pills at individual symptoms, we narrow our base to the point we are balancing on the razor’s edge.

If you complain of the same pain to three different specialists, they will potentially come up with three different diagnoses for your mid-epigastric discomfort; the cardiologist calls it angina, the gastroenterologist says its an ulcer, while the orthopedist believes it is musculoskeletal. The one thing they do have in common is that they are quick to make a diagnosis based on that single symptom and they want to give you a prescription for it.

The prescription has become a transitional object in modern medicine, replacing the therapeutic relationship, the Marcus Welby bedside manner if you will, with something more tangible, but not necessarily more precious. While pharmaceutical intervention can be an invaluable tool in the practice of medicine, shotgun prescribing can present its own myriad of problems including additive side effects as well as other untoward drug-drug interactions. As I get older, I find myself more concerned with the standard approach to medicine that is being taken by other members of the profession. I do not want to wake up some day in the future to a medicine cabinet that has a pill for every symptom but the cure is worse than the disease; no one really knowing what that disease is because history taking and physical exam skills are a dying art and no one possesses the skill set or the time to put the pieces together to complete the picture.

We owe it to our patients to be curious, to ask the difficult questions, to pay attention to the details and get it right. I’m not just talking about the outcomes we strive to achieve, I am focusing on the effort we put into doing the job we chose for ourselves, the part of the occupation which distinguishes us from other mental health professionals, the medical aspects of diagnosis and treatment.

CALENDAR OF MEETINGS

MAY 2008

2-3 Texas Medical Association
TexMed 2008
“Renew Your Passion for Medicine”
Hyatt Regency Hotel
San Antonio, Texas
Section on Psychiatry
Friday, May 2
Decision-making abilities in geriatric patients and the relevance of undue influence and risk management strategies in a practice.

JUNE 2008

18-22 Texas Osteopathic Medical Association
Texas Society of the American College of Osteopathic Family Physicians Joint Convention
Intercontinental Hotel
Addison, Texas

JULY 2008

18-20 Texas Society of Child and Adolescent Psychiatry
2008 Summer Conference and Scientific Program
“Evaluation and Treatment of Disorders of Early Development”
Westin La Cantera Resort
San Antonio, Texas

SEPTEMBER 2008

5-6 Texas Medical Association
Fall Conference
Hyatt Regency Hotel
Austin, Texas

NOVEMBER 2008

21-23 Texas Society of Psychiatric Physicians
2008 Annual Convention and Scientific Program
“Improving Psychiatric Care and Enhancing Patient Outcomes”
Westin La Cantera Resort
San Antonio, Texas

FEDERATION OF TEXAS PSYCHIATRY
The Federation was established on July 1, 2004 with the following purposes:
A. to promote the common professional interests of psychiatrists;
B. to facilitate the coordination of and work in concert with state professional psychiatric associations and state professional subspecialty psychiatric associations to unify programs that advance public and professional education and advocacy for psychiatry and persons with psychiatric illnesses;
C. to provide centralized services to state professional psychiatric associations and state professional subspecialty psychiatric associations;
D. to make psychiatric knowledge available to other practitioners of medicine, scientists, and to the public; and,
E. to promote the best interests of patients and those actually or potentially making use of mental health services.

The TEXAS PSYCHIATRIST is published 6 times a year in February, April, June, August, October and December. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

EDITORIAL BOARD
Federation Executive Committee
MANAGING EDITORS
John R. Bush
Debbie Sundberg
Debbie Sundberg

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
Austin, Texas 78701
(512) 478-0605/(512) 478-5223 (FAX)
TxPsychiatry@aol.com (E-mail)
http://www.txpsych.org (website)