health system is becoming more and more or will we revert back to the previous healthcare system? The regulation of industry.
due to the downturn in the oil and gas significantly reduced surplus tax revenue
ranks at or near the bottom of the fifty past few legislative sessions, Texas still
revenue from an ever expanding uninsured patient base. DSRIPT funds currently finance
over $2 billion dollars’ worth of health care initiatives across the state, almost a quarter of these funds are for behavioral health care
reimbursement for hospital beds as a less restrictive treatment level alternative does not exist. This situation is especially true for children and families who may not require hospital care but are unable to safely return home
In addition to the above, the way in which psychiatrists deliver care is also changing. The Collaborative Care Model (CCM) is becoming more the preferred model in which psychiatrists will deliver care in the private practice setting. We will become more consultants to primary care physicians and medical care systems with service being delivered in combined psychiatric primary care settings. Although the reimbursement for the psychiatrists practicing within this model has not been totally worked out, many Community Mental Health Centers, (CMHC) have established some forms of co-location and CCM initiatives. Many of our psychiatric training programs offer CCM rotations as a part of residency training.

The national Presidential election will impact the above in major ways. Depending on which party wins the election either the Affordable Care Act (ACA) will be dismantled or continued. Will another health care plan replace the ACA, or will we revert back to the previous healthcare system? The regulation of medical practice could increase or decrease depending on the outcome of the presidential and congressional races. Increasingly the state public mental health system is becoming more and more of a forensic system whereby forensic
mitments have outpaced civil commitments to our state hospitals. In our larger counties the county jails serve more people with Mental Illness than our state hospitals combined. This situation has diverted spending in many counties from more community based resources to jail based services favoring treatment for patients who are incarcerated, at the expense of mental health treatment services in the community.

Inpatient hospital beds are in short supply resulting in overcrowded hospital emergency departments of patients with mental illness boarding in these facilities often for days awaiting an inpatient psychiatric bed. This overcrowding of creates a public health crisis in that it delays care for other medical emergencies needing attention as well.

There is also a lack of short, intermediate and long term residential care facilities that afford a protective environment along with supportive therapeutic and psychiatric interventions. This lack of residential beds contributes to overcrowse of hospital beds as a less restrictive treatment level alternative does not exist. This situation is especially true for children and families who may not require hospital care but are unable to safely return home
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These challenges are enough to discourage even the most optimistic among us. However where there are challenges there are also opportunities. What a great time to become involved in TSPP! If you are not already a member of TSPP and APA and wish to join, please visit www.psych.org and download a membership application. Becoming a dues paying member gives our professional strength in numbers which gives us more clout in the legislature for passage of bills that ensure quality care of our patients and protect the professional practice of psychiatry. Our TSPP staff and legislative liaisons work very closely with the Texas Medical Association who have been

Accomplishments and Future Endeavors” will provide you with the information and knowledge required to develop new strategies to apply in your practice and improve patient care in Texas. Topics include: Developments in Pharmacology and Treatment of Anxiety Disorders; Neuroimmunology-An Underlying Mechanism of Depression; Texas Recovery to Practice in Psychiatric Practice; Psychopharmacology and Newer Medications / Drug Interactions; Botulinum Toxin; Treatment of Depression; Psychopharmacological Treatment of Pregnancy and Postpartum and The Major Findings of Mental Health Literacy Research and Why They Matter”. I encourage you all to get involved, not only as dues paying members but also as participant members lending your voice and perspective to our profession. We can stand by on the sidelines and let changes and challenges overwhelm us, or we can get it out in front of them to shape them into something more palatable to us all. I look forward to meeting more of you at our TSPP events this coming year.
Exploring alternatives to practice, the Texas Academy of Psychiatry has planned a complimentary program for TAP members ($25.00 for non-TAP members) on Friday, November 11, 2016 in conjunction with the TSSP 60th Annual Convention and Scientific Program.

The program promises to offer a lively, informative and interactive presentation by a panel of physicians members actively participating in locum tenen positions and representatives from several of the major locum tenens companies.

TSSP/TSCAP members may join the Texas Academy of Psychiatry as a Member for $25.00 (membership applications are available online at www.txpsych.org) and your program registration fee is free! Non-member physicians may join for pro-rated 2016 membership dues of $197.50.

For membership in the Texas Academy of Psychiatry
Visit www.txpsych.org to download a membership application or contact txpsychiatry@aol.com

For membership in the Texas Society of Psychiatric Physicians and American Psychiatric Association
Visit www.psych.org to download a dual membership application or contact: tsppofc@aol.com

For membership in the Texas Society of Child and Adolescent Psychiatry and American Academy of Child and Adolescent Psychiatry
Visit www.aacap.org to download a dual membership application or Contact: tscapofc@aol.com

Texas Academy of Psychiatry Program
“Career Lifestyle: Locum Tenens”

Texas Academy of Psychiatry
2016-17 Officers
President
Lynda Parker, MD, Georgetown
President-Elect
Stuart Crane, MD, Alpine
Secretary-Treasurer
Debra Atkinson, MD, Fort Worth
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Gary Eiter, MD
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Lauren D. Parsons, MD, Wichita Falls
Past President (05-07)
R. Sanford Kiser, MD, Fruitia, CO

PROGRAM REGISTRATION
“Career Lifestyle: Locum Tenens”
Friday, November 11, 2016 • 2:00-3:30 pm
Marriott Quorum by the Galleria Hotel, Dallas

☐ TAP Member ...............No Charge
☐ Non Member ....................$25

METHOD OF PAYMENT
☐ Check in the Amount of $_______________
Make Checks Payable to Texas Academy of Psychiatry
Mail to TAP, 401 West 15th Street, Suite #675, Austin, TX 78701 or fax to 512-478-5223.
Please Charge $_______________ To My: □ VISA □ MasterCard □ American Express
Credit Card #: ______________________
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Signature

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip):
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CANCELLATION POLICY:
In the event of cancellation, a full refund will be made if written notice is received in the TAP office by October 1, 2016, less a 25% processing charge.

Register early to reserve your seat!
TO APPLY FOR MEMBERSHIP
visit www.txpsych.org
and download an application form
TSCAP/TSSP members may join for $25.00, non-members $395.00

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Actual terms, coverages, conditions and exclusions may vary by state. Insurance coverage provided by Fair American Insurance and Reinsurance Company (NAIC 35157).
The Texas Society of Child and Adolescent Psychiatry hosted its 2016 Annual Meeting and Scientific Program on July 22-24 at the Westin Riverwalk Hotel in San Antonio. The Scientific Program “Navigating the Perils of Childhood” provided 8 AMA PRA Category 1 Credits™ and offered clinically relevant information to apply in practice on the topics of Sexting, Cyberbullying and Adolescent Health (Jeff R. Temple, PhD); Psychopharmacology’s Role in the Management of Autism (Melissa S. DeFilippis, MD); Substance Abuse in Children and Adolescents (David L. Atkinson, MD); Co-Therapy with a Complex Adoptive Family (Adina Campbell, MD); Williams Lee, MD and Brigitte Bailey, MD); Sex-Trafficking of Domestic Minors (Brigitte Bailey, MD and Conrie Zajicek, MD); Overcoming Barriers to Implementation in Telepsychiatry (Moira Wertheimer, Esq., RN, CPHRM); Providing Quality of Care to Children: Meeting your Professional Responsibilities in the Face of Pre-Authorizations and Formulary Changes (Emilee Atwell Becker, MD); and Making Add on Psychotherapy Really Mean Something (Joseph Blader, PhD). Thank you to all of the speakers for making the Annual Meeting a success!

New Officers Elected at TSCAP Annual Meeting

**OFFICERS**

**President**

Brigitte Y. Bailey, MD (2016-17)

**President-Elect**

Nakia Scott, MD (2016-17)

**Secretary-Treasurer**

Catherine Kaml, MD (2016-17)

**Immediate Past President**

Jodie Trello-Rishel, MD (2016-17)

**COUNCILORS**

James Norcross, MD (2016-17)

Douwrelle Schatte, MD (2016-17)

Karen Dinene Wagner, MD, PhD (2014-17)

**AACAP DELEGATES**

Manish Aligetii, MD (2016-19)

Regina Cavanaugh, MD (2015-18)

Benigno J. Fernandez, MD (2014-17)

R. Andrew Harper, MD (2014-17)

Rachel Reif, MD (2016-19)

Tiffany Thomure, MD (2015-18)

Karen Dinene Wagner, MD, PhD (2015-18)

**AACAP ALTERNATE DELEGATES**

Melissa DeFilippis, MD (2016-19)

Dhaval H. Parikh, MD (2014-17)

Steven Fisiska, MD (2015-18)

**SAVE THE DATE**

**for the TSCAP 2017 and 2018 Annual Conventions**

**JULY 14-16**

Hyatt Regency Austin Downtown

On the Shores of Lady Bird Lake

**JULY 27-29**

Moody Gardens Hotel

Galveston

 REMINDER to TSPP MEMBERS

Apply for APA Fellow Status Before September 1

FOR ADDITIONAL INFORMATION VISIT:

https://www.psychiatry.org/join-apa/become-a-fellow
Texas Society of Psychiatric Physicians
60TH ANNUAL CONVENTION AND SCIENTIFIC PROGRAM
November 11-13, 2016 • Marriott Quorum by the Galleria Hotel • Dallas-Addison, Texas

THE EVOLUTION of PSYCHIATRY
Past Accomplishments and Future Endeavors

General Information

MEETING LOCATION / HOTEL RESERVATIONS
The TSPP 60th Anniversary Annual Convention & Scientific Program will be held at the newly renovated Addison Marriott Quorum hotel near the Dallas Galleria Shopping Center. The hotel is centrally located in the heart of Addison near premier restaurants, entertainment, & shopping. The hotel offers a complimentary shuttle to the Galleria every hour. A north Dallas landmark, the Addison, Texas hotel is close to the Village on the Parkway, Addison Circle Park, and Vitruvian Park. Designed to exceed your expectations, the hotel provides an array of amenities, world-class service and a fitness center. Relax and rejuvenate in the hotel’s resort style outdoor pool and enjoy delicious dining in the on-site restaurant.

In addition to a significant reduction in the special guest room rate for TSPP Registrants, Attendees will receive:
• Complimentary internet in all meeting space
• Complimentary self-parking ($15 per car, per night)
• Complimentary high speed internet access in all guestrooms ($12.95 per room, per night)

MORE WAYS TO SAVE ON YOUR REGISTRATION FEES!
This year’s CME program offers even more CME Category 1 Credit Hours! And, if you register early there are two dates for discounted registration rates available! Register using the Early Bird Registration Rate / Date, BEFORE August 30 and receive the greatest savings!
Or, register BEFORE October 1 and receive a discount off of the regular registration fee, your choice of savings!

A special TSPP discounted room rate of $119.00 is available to program registrants for reservations placed before October 26, or upon sell-out, whichever occurs first.
Make your hotel reservation today by calling 1-800-228-9290 or 972-661-2800 and request the ‘Texas Society of Psychiatric Physicians’ Annual Convention rate.

THURSDAY – NETWORKING / SOCIAL MIXER FOR TSPP RESIDENT-FELLOW MEMBERS: The TSPP Resident-Fellow Members Section has arranged a special networking event for all TSPP TSCAP and TAP medical students, residents and fellows in training on Thursday, 7:30-9:30 pm. To register for the Mixer, please complete the attached registration form.

FRIDAY – “CAREER LIFESTYLE: LOCUM TENENS” PROGRAM – TEXAS ACADEMY OF PSYCHIATRY: Exploring alternatives to practice, the Texas Academy of Psychiatry will conduct a complimentary program on “Career Lifestyle: Locum Tenens” for TAP members on Friday, TAP Members, to register for this complimentary program and reserve your seat, to be held on Friday, 2:00-3:30 pm, please complete the registration form.

The program is open to all TSPP and TSCAP members and you may register for a nominal registration fee — see registration form. Or, if you are not a member of TAP but are a member of TSPP or TSCAP and would like to attend the program for free, you may join TAP as an Affiliate Member for $25.00 and attend the program Free! For more information contact tspsy@texaspsych.org or visit the Federation’s website at www.texaspsych.org

Friday – Special Programs for Residents – Resident Fellow Section Program and Academic Psychiatry Program for Residents on “Resident Wellness”: The TSPP Resident-Fellow Member Section has planned a special program for all TSPP/TSCAP/TAP Medical Students and Resident Members on Consultation/Liaison Psychiatry, Psychosomatic Medicine and Update on Mental Health Policy” from 1:30 pm - 2:30 pm to be followed by a program by the Academic Psychiatry Committee on “Resident Wellness” from 2:40 pm - 3:30 pm. Register early and reserve your seat to attend these special programs.

UTMB DEPT OF PSYCHIATRY ALUMNI MEETING: The UTMB Department of Psychiatry Alumni (formerly known as the Titus Harris Society) has scheduled a dinner on Friday 8:30 pm - 10:00 pm following the TSPP Welcome Reception. For additional information and to register for the dinner, contact Maria Villarreal at 409-771-4713.

Special Events
THURSDAY – GOLF OUTING: For convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSPP Registration Form and additional information will be emailed to you.

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AWARDS RECEPTION / BANQUET
Saturday evening’s festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2016 TSPP Award Recipients for their outstanding contribution to Psychiatry. Register early to reserve a table for your friends at this memorable evening!
This year’s honorees are:

Patrick Holden, MD (Posthumously)
San Antonio

Katherine A. Cowan, MD
Houston

Jordan Yee, MD
Fort Worth

SATURDAY, NOVEMBER 12, 2016
7:45 am - 8:15 am
Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants

9:00 am - 10:45 am
Scientific Program “EVOLUTION OF PSYCHIATRY – PAST ACCOMPLISHMENTS AND FUTURE ENDEAVORS”

10:30 am - 10:50 am
Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings

11:50 am - 12:10 pm
Break

12:10 pm - 1:30 pm
Lunch

2:30 pm - 2:50 pm
Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings

6:30 pm - 7:00 pm
Reception for Awards Banquet Attendees

7:00 pm - 9:00 pm
Awards Banquet

SUNDAY, NOVEMBER 13, 2016
8:00 am
Complimentary Continental Breakfast for Meeting Registrants in Scientific Program Meeting Room

8:15 am - 1:00 pm
Scientific Program “EVOLUTION OF PSYCHIATRY – PAST ACCOMPLISHMENTS AND FUTURE ENDEAVORS”

10:30 am - 10:45 am
Refreshment Break

1:15 pm - 2:45 pm
Federation Delegate Assembly Meeting

T H A N K  Y O U
TO THE FOLLOWING SPONSORS AND EXHIBITORS FOR THEIR SUPPORT OF TSPP’S ANNUAL CONVENTION!

EXHIBITORS
American Professional Agency, Inc.
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Texas Foundation for Psychiatric Education and Research

AUGUST/SEPTEMBER 2016
TEXAS PSYCHIATRIST
5
**CM E PROGRAM GOAL / TARGET AUDIENCE**

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to enhance the knowledge of participants in the relative risks and benefits of psychotropic medication use in pregnancy, treatment alternatives, and the risk of uncontrolled psychosis and mood disorders during pregnancy.

**Professional practice gap:** Psychopharmacology approaches to the treatment of anxiety disorders are rapidly evolving. The speaker will discuss current psychopharmacology treatment of anxiety disorders.

The activity is designed to improve knowledge of evolving treatment approaches for anxiety disorders which are cost-effective and efficacious.

**Objectives:**
1. Describe the role of psychopharmacology in the treatment of anxiety disorders.
2. Discuss DSM-5 differential diagnostic criteria for diagnosing anxiety disorders.
3. Discuss why OCD was removed from the Anxiety Disorders Classifications

8:10 am - 8:30 am Opening Remarks
8:30 am - 10:30 am **EVOLVING AND FUTURE DIRECTIONS IN PSYCHOPHARMACOLOGY AND TREATMENT OF ANXIETY DISORDERS**
Robert Hudak, MD
Marina S. Tong, MD
Michelle Magid, MD
Lucy J. Puryear, MD

10:30 am - 10:50 am Refreshment Break

10:50 am - 11:50 am **EVOLVING AND FUTURE DIRECTIONS IN THE TREATMENT OF NEUROINFLAMMATION – UNDERLYING MECHANISM OF DEPRESSION**

**Professional practice gap:** Neuroinflammation is known to be an underlying mechanism of depression. According to the WHO depression is one of the most prevalent serious brain disorders and the primary cause of disability-adjusted life years. There is a gap in knowledge of the mechanisms involved in neuroinflammation and depression and the specific triggers involved to avoid in neuroinflammation. Cell mediated immune response, inflammation and oxidative stress pathways and their sequelae play a role in the pathophysiology of depression.

The activity is designed to change competence by educating participants on the mechanisms involved in neuroinflammation and depression and the specific triggers involved to avoid in neuroinflammation.

**Objectives:**
1. Describe the role and mechanism of inflammation and the relationship to depression.
2. Discuss the application of the knowledge of inflammation in the treatment of depression and the inflammatory triggers to avoid in the treatment of depression.

11:50 am - 12:10 pm Refreshment Break

12:10 pm - 1:30 pm Lunch

1:30 pm - 2:30 pm **PANEL: TEXAS RECOVERY TO PRACTICE IN PSYCHIATRY PROGRAM**
John Kliever, MD
John Z. Sadler, MD

**Ethics Designation Statement**

The presentation entitled "The Major Findings of Mental Health Literacy Research and Why They Matter" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

**FA C U L T Y  A N D  P L A N N E R S  D I S C L O S U R E  P O L I C Y**
The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus / handout material.

**SCIENTIFIC PROGRAM SCHEDULE**

**Saturday, November 12**

8:15 am - 8:30 am Opening Remarks
8:30 am - 10:30 am **EVOLVING AND FUTURE DIRECTIONS IN PSYCHOPHARMACOLOGY AND TREATMENT OF ANXIETY DISORDERS**
Robert Hudak, MD

Professional practice gap: Psychopharmacology approaches to the treatment of anxiety disorders are rapidly evolving. The speaker will discuss current psychopharmacology treatment of anxiety disorders.

The activity is designed to improve knowledge of evolving treatment approaches for anxiety disorders which are cost-effective and efficacious.

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1. Describe the role of psychopharmacology in the treatment of anxiety disorders.
2. Discuss DSM-5 differential diagnostic criteria for diagnosing anxiety disorders.
3. Discuss why OCD was removed from the Anxiety Disorders Classifications
ABOUT THE SPEAKERS

MICHAEL ESCAMILLA, MD, PhD
Psychiatry Professor and Director
Center of Emphasis in Neurosciences
Department of Psychiatry
Texas Tech University Health Sciences Center
El Paso, TX

ROBERT HUDAK, MD
Associate Professor of Psychiatry
Department of Psychiatry
University of Pittsburgh
Pittsburgh, PA

JOHN KLIUWER, MD
Consultant
Department of Psychiatry
Texas Tech University Health Sciences Center
San Antonio, TX

Center of Emphasis in Neurosciences
Texas Tech University Health Sciences Center
El Paso, TX

MICHELLE MAGID, MD
Clinical Associate Professor,
UT Austin Dell Medical School
Clinical Assistant Professor,
Texas A&M Health Science Center
Clinical Assistant Professor,
UT Medical Galveston
Adult Psychiatry and Psychotherapy
Austin Psychcare
AUSTIN, TX

LUCY J. PURYEAR, MD
Medical Director
The Women’s Place — Center for Reproductive Psychiatry
Co-Director, The Menopause Center at Texas Children’s Pavilion for Women
Maureen Hall and Endowed Chair for Reproductive Psychiatry
Associate Professor of Obstetrics and Gynecology
Baylor College of Medicine
Associate Professor of Psychiatry,
Menninger Department of Psychiatry
Baylor College of Medicine
Houston, TX

JOHN Z. SADLER, MD
The Daniel W. Foster, MD
Professor of Medical Ethics
Professor of Psychiatry and Clinical Sciences
UT Southwestern
Dallas, TX

STEPHEN R. SAKLAD, PharmD, BCPP
Director, Psychiatric Pharmacy Program
Pharmacotherapy Education and Research Center
UT Health Science Center
San Antonio, TX

Clinical Professor
College of Pharmacy
Pharmacotherapy Division
The University of Texas at Austin
Austin, TX

SPECIAL ‘FREE’ CME SCIENTIFIC PROGRAM REGISTRATION OFFER FOR TSSP MEDICAL STUDENTS, RESIDENT-FELLOW (TRAINEE) MEMBERS AND TSCAP MEDICAL STUDENTS AND TRAINEE MEMBERS

TSSP is pleased to again offer the waiver of the Resident’s CME Scientific Program registration fee if the resident member’s Training Director, Associate or Assistant Program Director registers for the Scientific Program. So all trainees encourage your Training Director, Associate or Assistant Program Director to send in their registration form and then send in yours, with the name of your Training Director, Associate or Assistant Program Director noted, and then plan on attending the CME Scientific Program ‘FREE’.

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS
60TH ANNUAL CONVENTION & SCIENTIFIC PROGRAM
November 11-13, 2016 • Marriott Quorum by the Galleria Hotel, Dallas-Addison, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 1 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

Please check if you are a: □ APA Fellow □ APA Distinguished Fellow □ APA Life Fellow □ APA Distinguished Life Fellow

NAME(S) GUEST(S) ATTENDING (for name badges)
NAME(S) GUEST(S) ATTENDING (for name badges)
NAME(S) GUEST(S) ATTENDING (for name badges)

ADDRESS                                                                                                                   STATE                              ZIP                                    PHONE
ADDRESS                                                                                                                   STATE                              ZIP                                    PHONE
ADDRESS                                                                                                                   STATE                              ZIP                                    PHONE

REGISTRATION FEES

REGISTRATION FEES

REGISTRATION FEES

METHOD OF PAYMENT:
□ Check in the Amount of $________________________
□ Make Checks Payable to Texas Society of Psychiatric Physicians

Place Charge $____ into your: □ VISA □ MasterCard □ American Express

Credit Card #: ___________________________ Issue Date: ___________________________

3 Digit Code on Back of Card on Right of Signature Panel

Name of Cardholder (as it appears on card)

Signature ___________________________________________________________

ADRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip)

CANCELLATION POLICY: In the event of a cancellation, a full refund will be made if written notice is received in the TSPP office by October 1, 2016, less a 25% processing charge. NO REFUNDS will be given after October 1, 2016.

EXHIBITOR SCHEDULE

FRIDAY NOVEMBER 11 6:30 – 8:30 PM Opening Reception with Exhibitors

SATURDAY NOVEMBER 12 10:30 AM – 10:50 AM Refreshment Break with Exhibitors 2:30 – 2:50 PM Refreshment Break with Exhibitors

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SATURDAY NOVEMBER 12 10:30 AM – 10:50 AM Refreshment Break with Exhibitors 2:30 – 2:50 PM Refreshment Break with Exhibitors

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CALENDAR OF MEETINGS

NOVEMBER
11-13 Texas Society of Psychiatrist Physicians 60th Annual Convention and CME Program
Dallas/Addison Marriott Quorum by the Galleria Hotel, 14901 Dallas Parkway, Dallas
Reservations: 800-228-9290 or 972-661-2800 Prior to October 26
Room Rate $119
For Additional Information: www.txpsych.org
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FEBRUARY
8 Mental Illness Awareness Coalition
Capitol Day
Austin, Texas