I am always amazed at how quickly time flies. At the end of April, I pass on the duties of TSPP President to Dr. Terry McMahon. What an eventful year! Significant changes in national leadership and direction for our country move forward at a rapid pace. These changes have unleashed anxiety and worry for some of us as well as excitement and anticipation for others depending on which side of the political spectrum we fall. Unfortunately, the polarization on how to approach national problems such as healthcare, national security, taxes, and poverty threatens to destroy the practice of informed debate, the civility of respect for differing opinions and perspectives. I often notice a hesitancy to speak freely about our political opinions in certain social situations for fear or concern that such discussion will undermine strength in numbers and influence on many of the issues affecting medical and mental health care.

The legislature is in session with a number of issues affecting medical and mental health care. We work closely with our colleagues in the Texas Medical Association (TMA) who provide strength in numbers and influence on many of the issues affecting medical and mental health care. Eric Wommer, our lobbyist, continues to do an outstanding job of conveying our priorities and concerns to legislators and tracking bills that may negatively impact our practice and patient care. Eric Wommer, our lobbyist, continues to do an outstanding job of conveying our priorities and concerns to legislators and tracking bills that may negatively impact our practice and patient care. We work closely with our colleagues in the Texas Medical Association (TMA) who provide strength in numbers and influence on many of the issues affecting medical and mental health care.

As Psychiatrists we often suppress our own personal opinions as we treat patients who span the political spectrum. It is my hope that as Psychiatrists we may be that force that nudges society to a more therapeutic and adaptive way to handle conflict and disagreement. This is also a legislative year in Texas. The legislature is in session with a number of bills many with implications for our practice and care of our patients. Scope of practice challenges continue from Psychologists prescribing to independent scope of practice for Advanced Practice Nurse professionals. The state budget is poised to cut funding to many programs due to budget deficits, although funding for mental health may be spared as legislators on both sides of the aisle recognize the need to more adequately fund mental health treatment and supports. Eric Wommer, our lobbyist, continues to do an outstanding job of conveying our priorities and concerns to legislators and tracking bills that may negatively impact our practice and patient care.

I have enjoyed my term as President. I have learned a great deal about TSPP. It is a wonderful organization with many talented, dedicated professionals from all over this great state. I appreciate getting to know many more of you. Debbie Sundberg, our Executive Director continues to do an excellent job in handling the day to day administrative and organizational tasks essential to our success. I hope to see you all at our Spring Committee meetings and CME focusing on Suicide Risk Assessment, Prevention and Liability April 29-30 in Austin.
Scenes from the Mental Illness Awareness Day
February 8

The Federation of Texas Psychiatry’s 2017 Mental Illness Awareness Day was once again a huge success bringing hundreds of Psychiatrists, families and mental health advocates from across the state to Austin for advocacy training, a rally on the south steps of the Texas State Capitol, and visits with legislative offices. Together with members of the Mental Illness Awareness Coalition’s Partners the Federation helped raise visibility for mental health funding and policy support.

The Senate of the State of Texas

The Senate of the State of Texas is pleased to join organizations across the state in celebrating February 8, 2017 as Mental Illness Awareness Day at the State Capitol. While Mental Illness affects 25 percent of American adults and 17 percent of young people between the ages of 13 and 18 suffer from a serious and persistent mental health disorder.

Mental Illness is a leading cause of disability in the United States. It strikes anyone who is capable of thinking and working. As a result of the mental illness, people’s productivity suffers and their earning potential falls. This year alone, the average lost productivity due to mental illness will cost the American economy a total of $113 billion.

Mental Illness has an impact on the nation’s workforce and its detrimental effects on a region’s economy cannot be measured. In fact, the Texas Department of Labor estimates that the total cost of mental illness to the state of Texas is $46 billion per year.

The Senate of the State of Texas hereby recognizes February 8, 2017, as Mental Illness Awareness Day at the State Capitol.

A Special Thank You to all of the TSPP, TSCAP and Academy Members who took time away from their practice and training to attend the rally and help raise awareness for mental illness.

Signing and Presentation of the Resolutions in the House and Senate

Thank you Dr. Debra Atkinson, President, Federation of Texas Psychiatry and Eric Wommer, Public Policy Analyst, Federation of Texas Psychiatry for all of your extraordinary efforts in making Mental Illness Awareness Day a success.

2017 ANNUAL CAMPAIGN

Texas Foundation for Psychiatric Education and Research • 401 West 15th Street, Suite 675, Austin, Texas 78701.
Your contribution is tax deductible to the fullest extent of the law. Thank you for your support!
March 21st marked the 70th day of the 85th Legislature—the halfway point for the 2017 regular session. I am pleased to provide some context of the work done thus far.

More than 4,200 House bills and 2,200 Senate bills have been filed. This is ahead of the pace of the previous session in 2015. Legislators are now immersed in the hard work of hearing bills in committee, debating and amending on the floor, and repeating the process in the other chamber. Nonetheless, while the meat of the session is still to come, in my 30+ years of working in this process, I have never seen it move so slowly. Bill referrals to committee are behind the curve, and both chambers are slower than typical in terms of taking up legislation. While there is still time to secure the passage of priority bills, a key part of the strategy at this juncture will be to identify possible amendment vehicles in case the process bogs down.

Budgets have been worked through the subcommittee and workgroup process, and the House and Senate spending plans have each passed their respective chambers. On March 28th, the Texas Senate unanimously approved a two-year budget in excess of $218 billion. The plan will spend $106.3 billion in state revenue, which is a significant bump from the $103.6 billion budget originally filed, and much closer to the House version.

The Senate budget will yank about $1.8 billion in state funds from education coffers, but use local property taxes and other revenue to make up the difference. Overall, it will boost public school funding by $4.6 billion compared to the prior budget.

Meanwhile, on April 6th, after fifteen hours of deliberation, the Texas House of Representatives passed a $218.2 billion budget with a 131-16 vote, which included tapping the Rainy Day Fund to achieve a $109 billion total in state funds. The most notable change restored some funding in a Texas Medicaid program that provides therapy to children with disabilities by stripping funds from the Texas Enterprise Fund, which is overseen by the governor to lure $1.8 billion in state funds from education and other revenue to make up the difference.

The budget bills are currently seeking Geriatric Professionals to join our growing company. Senior PsychCare is a leading provider for geriatric care approach while providing quality care and treatment for the emotional, social, and psychological well-being of the elderly, their families, and caregivers. At this time we would like to invite all Geriatric Professionals to help us continue our growth. For more information please contact us at (800) 245-3333 or visit us at spchealth.com

Nonetheless, while the meat of the session is still to come, in my 30+ years of working in this process, I have never seen it move so slowly.

The Senate has been active as well. SB 27 by Sen. Donna Campbell, dealing with mental health programs for veterans, was passed by the Senate and has been received in the House. Three cyber bullying bills by Sen. Jose Menendez—SBs 179, 180 and 181—are scheduled to be voted out of committee in the next several weeks, and Sen. Charles Schwertner filed legislation that would expedite the licensing process for certain psychiatric practitioners. It was passed by the Senate and has been received in the House.

My team and I are tracking more than 900 House bill and 660 Senate bills across a spectrum of policy matters for all clients, including more than 370 bills that would impact the Texas Federation of Psychiatry as they make their way through committee and on to the floor.

Best assured that my team and I are 100% focused on the task at hand. We are pleased to provide weekly reports and updates as needed, but as always, feel free to reach out to me directly with any questions or concerns you may have.
Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Committee Meetings and Joint Provider Scientific Program Saturday, April 29 (6 Hours Category I Credit)

“Suicide: Risk Assessment, Prevention and Liability”

SCIENTIFIC PROGRAM SCHEDULE

2:30 pm - 4:30 pm Panel on Suicide: Epidemiology, Risk Assessment and Predictability – Primrose C
Epidemiology of Suicide – Joseph V. Penn, MD, CCHP, FAPA
Suicide Risk Assessment – Elizabeth C. Conti, PhD
Addressing and Modifying Suicide Risk Factors – Christopher B. Ticknor, MD

4:30 pm - 4:50 pm Refreshment Break / Visit with Exhibitors

4:50 pm - 6:50 pm Panel on Suicide: Assessment and Prevention
Case Presentation on Suicide Risk in Physicians – Sheila M. Loboprabhu, MD, FAPA
Liability Issues in Psychiatric Care of Other Professionals – William H. Reid, MD, MPH, DFAPA, FACP, FRCP(E)
Discussions of Important Points in these two presentations – Moira Wertheimer, ESQ, RN, CPHRM

6:50 pm - 7:00 pm Refreshment Break

7:00 pm - 9:00 pm Dinner and Panel on Suicide: Liability Risk Management

- Ethics – Suicide Risk Awareness – Assessment, Management, and Documentation for Clinicians – William H. Reid, MD, MPH, DFAPA, FACP, FRCP(E)
- Ethics – Liability and Documentation Issues in Caring for Suicidal Patients – Moira Wertheimer, ESQ, RN, CPHRM

CME PROGRAM GOAL/TARGET AUDIENCE

This live activity has been designed in a lecture format with case examples and panel format followed by an interactive audience question and answer period to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

The information and data presented will address the professional practice gaps of the learners and advance the physician’s competence and improve their knowledge of (1) the most effective interventions to be taught that provide education so that physicians become better able to detect in themselves and their colleague symptoms of physician depression; (2) encourage physicians to engage in early intervention/reporting and access to treatment for the physician’s colleague’s depression; (3) prevent suicide by the physician and provide safe patient care and (4) increase the use of screening tools in clinical practice settings so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

TSSP identified professional practice gaps in medical literature and incorporated this into the CME activity to address the relevant educational needs concerning competence that underlie the professional practice gaps of the participants. Physicians have a very large suicide rate. About 400 US physicians die by suicide every year. Physician depression and suicide affects patient safety and provision of good clinical care. Physicians often do not self-report their depression due to fears about licensing concerns. Early detection and treatment of physician depression may prevent suicide and improve the clinical care offered by the physician.

Multiple suicide prevention strategies have been discussed in the literature, but it is unclear from the current research the most effective intervention methods to prevent suicide. Limiting access to lethal means and education of primary care providers about recognizing and treating depression are two promising areas of study.

The proposed program will review the current state of the science and recommend specific techniques for the individual practitioner to consider and apply. Additionally, implementation of strategies to manage and detect suicidal risk such as increased use of screening tools in clinical practice settings may also provide metrics that can be evaluated to improve the implementation of strategies to manage and detect suicidal risk.

OBJECTIVES

The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to:

- to describe strategies for suicide prevention and implement suicide prevention strategies based on the best available research and data.
- to list resources on how to get the physician intervention and care for depression;
- to describe strategies for suicide prevention and implement suicide prevention strategies based upon the current knowledge base.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of six (6) AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The presentations “Physician Standards of Care in Treating Suicidal Patients” and “Liability and Documentation Issues in Caring for Suicidal Patients” has been designated by the Texas Society of Psychiatric Physicians for two (2) credit of education in medical ethics and professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSSP will disclose to learners the existence (or non-existence) of all relevant financial relationships that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation. Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

ABOUT THE SPEAKERS

ELIZABETH C. CONTI, PhD
Instructor
Department of Psychiatry and Behavioral Sciences
Baylor College of Medicine
Postdoctoral Research Fellows and Licensed Psychologist
Michael E. Dellakey VA Medical Center
Center for Innovations in Quality, Effectiveness and Safety
Houston, Texas

SHEILA M. LOBOPRAHU, MD, FAPA
Associate Professor
Menninger Department of Psychiatry and Behavioral Sciences
Baylor College of Medicine
Houston, Texas
Staff Psychiatrist
Michael E. Dellakey VA Medical Center and MIRECC
Houston, Texas

JOSEPH V. PENN, MD, CCHP, FAPA
Director, Mental Health Services
UTMB Correctional Managed Care
Clinical Professor, Department of Psychiatry
University of Texas Medical Branch
Galveston, Texas

WILLIAM H. REID, MD, MPH, DFAPA, FACP, FRCP(E)
Clinical Professor of Psychiatry
Texas Tech University Health Sciences Center
Clinical Professor of Psychiatry
University of Texas Dell Medical Center
Austin, Texas
Forensic Psychiatry Consultant
Horseshoe Bay, Texas

CHRISTOPHER B. TICKNOR, MD
Associate Adjunct Professor of Psychiatry
The University of Texas Health Science Center San Antonio
and Private Practice of Psychiatry
Forensic Psychiatry Consultant
San Antonio, Texas

MOIRA WERTHEIMER, ESQ., RN, CPHRM
Assistant Vice President
Psychiatric Risk Management Group
AWAC Services Company
Member Board of Directors of Allied World
Farmington, Connecticut
President
Connecticut Society of Healthcare Risk Managers
Dear Colleagues,

It is a joy to be a child and adolescent psychiatrist. Every day brings rewards and challenges. Our field is rapidly advancing with new innovations in biotechnology, changing roles and liabilities, integration of revised DSM criteria, and expansion of traditional and alternative treatment options.

We are also faced with challenges in providing quality and timely psychiatric care. Challenges that include decreased access to care, increase in administrative and financial burdens, and minimal growth in our specialty to name a few. These challenges may be different for each of us, but their impact on our identity as a physician and on our health and wellness can be profound.

I am encouraging members and nonmembers to attend our annual July conference “What’s On The Horizon” at the Hyatt Regency Austin Downtown Hotel in Austin, TX. This conference will address trending topics in child and adolescent psychiatry. Write your prescription for wellness. Come and enjoy learning while relaxing with your colleagues and family.

TSCAP is a family that is supportive in good and bad times. It is an organization that is dedicated to providing a forum for education, collaboration, and networking to Texas psychiatric physicians. If you are not a member please join. TSCAP does lot with a little, but more would enhance its mission.

I look forward to seeing everyone.

Brighta Bailey, MD
President

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**MEETING LOCATION**
TSCAP’s Annual Convention and Scientific Program will be held at the Hyatt Regency Austin Downtown Hotel, 208 Barton Springs Road, Austin, TX 78704. Hyatt Regency resides in the most ideal spot in Austin. Set on the shores of Lady Bird Lake, the hotel combines the perfect blend of city life and resort calm with views only the Hyatt Regency Austin can offer. The location offers easy access to Austin’s many entertainment districts, most notably South Congress, where you can find a taste of the original Austin and popular attractions within a short walk, drive or taxi ride such as Austin’s famous 10.1 mile Hike & Bike Trail, Congress Avenue Bats, Downtown’s 2nd Street and Warehouse Districts and Rainey Street, 6th Street and Red River’s Entertainment Districts.

**HOTEL RESERVATIONS**
Special TSCAP discounted room rates are available to program registrants. BEFORE JUNE 28 or upon sell-out, whichever occurs first. Make your hotel reservation today by calling Central Reservations at 1-888-421-1442 or visit www.tyhot.com and click on the following link in the TSCAP Program Information: https://webpay.exiny.com/go/MSGT2017

TSCAP discounted room rates: $169 Single / Double Occupancy Discount rate for overnight self-parking $15.00 per day for daily self-parking $10.00 per day.

OPENING WELCOME RECEPTION WITH EXHIBITORS
Make plans to attend the complimentary Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm, in the Texas Ballroom IV-VII. Hyatt Regency Austin Downtown Hotel. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday.

**EXHIBITS**
TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Texas Ballroom IV-VII of the Hyatt Regency Austin Downtown Hotel. Exhibits will be open throughout the entire week, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

**EXHIBITORS**
Professional Risk Management Services
San Marcos Treatment Center
Trio Pharma, Inc.
TSCAP Annual Convention & Scientific Program
"What’s on the Horizon"
JULY 14-16, 2017 • Hyatt Regency Hotel, Austin, Texas

S C I E N T I F I C  P R O G R A M  S C H E D U L E

Saturday, July 15 (6 Hours Category I CME Credit Hours)
8:00 - 8:30 am Welcome & Opening Remarks
8:30 - 9:30 am "Recent Advances in Neuromodulation for Child and Adolescent Psychiatric Disorders" Paul E. Croarkin, DO, MS
Objectives: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Identify methods in brain/nerve stimulation and applications to psychiatric disorders
9:30 - 10:30 am Neuroimaging Panel
ADHD - Steven R. Pliszka, MD
Mood Disorders - Rene L. Olvera, MD, MPH
Anxiety/Focus on Treatment Effects - Amy S. Garrett, PhD
Objectives: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Describe neuroimaging techniques utilized in understanding ADHD, mood disorders, and anxiety
10:30 - 10:50 am Refreshment Break
10:50 - 11:50 am "Trauma and Bereavement-Informed Interventions for Youth: The Essential Role of Evidence-Based Assessment" July B. Kaplow, PhD, ABPP
Objectives: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Identify two psychosocial issues related to gender dysphoria
11:50 - 12:10 pm Resident Case Presentation and Faculty Discussant
Physician Wellness / Not Burnout - Resident and Faculty Discussant TBD
12:10 - 1:10 pm Resident Case Presentation and Faculty Discussant
Physician Wellness / Not Burnout - Resident and Faculty Discussant TBD
1:30 - 2:30 pm Gender Dysphoria Issues
Speaker TBD
Objectives: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Assess the state of wellness in physicians
2:30 - 3:30 pm The Obesity Epidemic and Depression: Underlying Mechanisms
Rene L. Olvera, MD, MPH
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Gain knowledge regarding the obesity epidemic and how it relates to depression
• Have a greater understanding of the neuroendocrine pathways associated with obesity and depression
• Gain knowledge regarding how the physiology of obesity may impact treatment
3:30 - 3:45 pm Closing Remarks

Sunday, July 16 (3 Hours Category I CME Credit Hours)
8:45 - 9:15 am Welcome & Opening Remarks
9:15 - 10:15 am Wellness / Mind and Body (Yoga) / Alternatives
Kirti Saxena, MD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Define wellness
• Identify alternative methods that enhance wellness in patients and physicians
10:15 - 10:30 am Refreshment Break
10:30 - 11:30 pm ETHICS: Not Ready for Prime Time? Not "No" but "Not Yet" - Risks and Liability
Speaker TBD
Objectives: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Recognize professional risks and liability of emerging trends in the treatment of psychiatric disorders
11:30 - 12:30 pm ETHICS: What’s on the Horizon with the Texas Legislature? Legal Federal Court Impact on Foster Care; Foster Care Mental Health Homes / Trauma; Incentivizing Providers of Mental Health Care
Sarah M. Wakefield, MD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Educate providers working with the foster care system on recent legal and treatment trends

ACCREDITATION STATEMENT
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

CREDIT STATEMENT
The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT
The ethics presentations “Not Ready for Prime Time? Not "No" but "Not Yet" and “What’s on the Horizon with the Texas Legislature?” have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/ PROGRAM OBJECTIVES
This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions. The program is designed to provide its target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT
TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

FACULTY AND PLANNERS DISCLOSURE POLICY
In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity. TSP will disclose to learners the existence (or non-existence) of all relevant financial relationships that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.
Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

ABOUT THE SPEAKERS

Paul E. Croarkin, DO, MS
Assistant Professor of Psychiatry
Department of Psychiatry & Psychology
Mayo Clinic
Rochester, MN

Amy S. Garrett, PhD
Assistant Professor of Psychiatry
Director, Neuroimaging Core
Co-Chair, RII Utilization Review Committee
University of Texas Health Science Center
San Antonio, Texas

Julie B. Kaplow, PhD, ABPP
Associate Professor
Director, Trauma and Grief Center for Youth
Director, Childhood Bereavement Resource Center
Department of Psychiatry and Behavioral Sciences
University of Texas Health Science Center at Houston
Houston, TX

Rene L. Olvera, MD, MPH
START Center Genetic Research Professor
Division Chief, Child and Adolescent Psychiatry
Departments of Psychiatry and Pediatrics
University of Texas Health Science Center at San Antonio
San Antonio, Texas

Steven R. Pliszka, MD
Steven R. Pliszka, MD
Diemian Distinguished Professor and Chair
Department of Psychiatry
University of Texas Health Science Center at San Antonio
San Antonio, Texas

Kirti Saxena, MD
Associate Professor
Psychiatry & Behavioral Science
University of Texas Medical School, Houston
Houston, TX

Sarah M. Wakefield, MD
Assistant Professor
Texas Tech University Health Science Center
School of Medicine
Lubbock, TX
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  & Forensic Psychiatric Services are included
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Federation Executive Committee

MANAGING EDITOR
Debbie Sundberg

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
Austin, Texas 78701
(512) 478-0605/(512) 478-5223 (FAX)
TxPsychiatry@aol.com (E-mail)
http://www.txpsych.org (website)

CALENDAR OF MEETINGS

APRIL
29-30 Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry
Spring Committee Meetings and Joint Provider CME Program
“Suicide: Risk Assessment, Prevention and Liability”
Westin Austin at the Domain Hotel, 11301 Domain Drive, Austin, Texas
Reservations: https://www.starwoodmeeting.com/Book/springmeeting/committeesCMEprograms
For additional information: www.txpsych.org or email tspofc@aol.com or telephone 888-425-4988

MAY
5-6 Texas Medical Association ‘TEXMED’
5 - Section on Psychiatry Program
Marriott Marquis and George R. Brown Convention Center, Houston, Texas
For additional information: www.texmed.org

JULY
14-16 Texas Society of Child and Adolescent Psychiatry
Annual Meeting and Scientific Program
“What’s on the Horizon”
Hyatt Regency Austin, 208 Barton Springs Road, Austin, Texas
Reservations: https://aws.passkey.com/go/GTSP2017 or telephone (888) 421-1442 and refer to the group’s meeting
For additional information: www.txpsych.org or email tscapofc@aol.com

NOVEMBER
3-5 Texas Society of Psychiatric Physicians
61st Annual Convention and CME Program
Hyatt Regency Hill Country Hotel & Resort
9800 Hyatt Resort Drive, San Antonio, Texas
Reservations: https://aws.passkey.com/go/TSPP2017 or telephone (888) 253-1234
For additional information: www.txpsych.org or email tspofc@aol.com

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation’s JOB BANK on its website at www.txpsych.org. The Federation’s JOB BANK could be just what you have been looking for.