Key Staff Changes Ahead

Debra Atkisson, M D, Chair, Federation of Texas Psychiatry Search Committee

A fter 32+ years of employment with Texas Psychiatric Organizations, Executive Director, Debbie (Sundberg) Giarratano, will soon be transitioning to the role of Chief Strategy Officer for the Federation of Texas Psychiatry and its’ organizations. Mrs. Giarratano’s new role will encompass responsibility for shaping the organizations’ strategies and serving in an advisory position to the Federation of Texas Psychiatry’s Delegate Assembly and to the Executive Committees of TSPP TSPP, APA Assembly Representatives, TSPP CME and Ethics Committees, TSCAP TAP Foundation and to the new Federation of Texas Society of Psychiatric Physicians and later transitioned to the position of Executive Director when the Federation of Texas Psychiatry organization was created. In 1988 Mrs. Giarratano was instrumental in completing the application for Full CME Accreditation status for the Texas Society of Psychiatric Physicians and working closely with the TSPP CME Committee has led the organization through numerous re-accreditation cycles to ensure the continuance of the TSPP CME Full Accreditation status that it enjoys today. In that position she served all of the organizations for organized Psychiatry in Texas. Three years ago she agreed to accept the role of Executive Director of the Federation of Texas Psychiatry. In those three years the impact of her work has resulted in record-setting financial sur- pluses for the organizations, sustained membership growth, strengthening of all of the organizations’ financial reserves to ensure their continued success and stability with a focus on building harmonious, collegial membership organizations working together on behalf of all sectors of Psychiatry. In addition, the Federation of Texas Psychiatry is extremely pleased to announce the selection of Mrs. Melissa Wilson, CEM, CAE as the future Federation of Texas Psychiatry’s Executive Director. Melissa also has an association manage- ment background and experience having served as Association Director in the Department of Association Management Service for the Texas Medical Association since 2000-present. And in that position, serving as Executive Director for three med- ical professional specialty societies – Texas Society of Plastic Surgeons, Texas Association of Neurological Surgeons and Texas Medical Group Management Association.

We look forward to the future success of all of the organizations who are working on behalf of each of you.’

Welcome to 2020...

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant

The new year has started off with a bang, as the campaign season has heated up, state agencies busy themselves implementing laws passed in 2019, and lawmakers begin their interim hearing schedule. Here is what you need to know in 2020:

Medical Billing Services: Recently, the Texas Comptroller of Public Accounts set forth a new policy for taxation of medical billing services. Under the new policy, effective April 1, 2020, medical billing services performed by external third parties will be subject to state and local sales taxes.

The origin of this shift in policy is somewhat murky. In 2002, the Comptroller’s office reviewed this same question - whether medical billing was “insurance claim adjustment or claim processing” and therefore taxable - and determined that it was not. Now, the Comptroller’s office has reversed this policy. To add to the confusion, insurance services performed by employers are not taxable, nor are contracted services performed for certain non-profits - only those services provided by an external third party to for-profit medical providers. The Texas Medical Association recently convened a large stakeholder group to discuss next steps. Outreach to the Comptroller’s office and lawmakers is underway, and may result in further mod- ification to this new policy, or delays in implementation. However, until more cer- tainty is reached, medical providers who contract with third parties for their billing services could see their costs go up. Stay tuned for further developments.

Prescription Monitoring: You may already know that beginning on March 1, 2020, H.B. 3284 (86th Texas Legislature, 2019) requires medical providers to check the Texas Board of Pharmacy’s Prescription Monitoring Program (PMP) database prior to prescribing or dispensing opioids. In an effort to inform providers about their obligations under the new law, the Texas Medical Board (TMB) proposed initial guidance that would have required providers to check the PMP for every patient upon admission to a facility, and would have applied to inpatient as well as outpatient medication orders. The TMB later held stakeholder conversations about that initial guidance and other efforts to implement H.B. 3284.

See Welcome page 3
I’d like to talk about the “work-related syndrome involving emotional exhaustion, depersonalization and a sense of reduced personal accomplishment,” that can be accompanied by a lack of empathy for patients. Yes, you are all familiar with physician burnout. In the Physicians Foundation’s 2018 Survey of America’s Physicians: Practice Patterns and Perspectives, 77.8% of physician respondents reported having feelings of professional burnout, either sometimes, often or always. In the survey, respondents reported they spend 23% of their time on non-clinical paper work.

And the 2 factors physicians disliked the most were electronic health records and the loss of autonomy.

I recently read a guest editorial, “Reframing Clinician Distress: Moral Injury Not Burnout”. From the editorial, the authors write that moral injury “occurs when we perpetrate, bear witness to, or fail to prevent an act that transgresses our deeply held moral beliefs. In the health care context, that deeply held moral belief is the oath each of us took when embarking on our paths as health care providers: Put the needs of patients first.”

Burnout suggests a failure of the physician, whereas moral injury points to systemic causes of burnout.

So, what can one do? First, take care of yourself. Schedule time for yourself and stick to that. Many of us may choose to “tough it out” where we are feeling distressed and don’t want to involve/worry others. Check in with your colleagues/residents/fellow, especially if you notice they have distanced themselves from you and others. You can be the one who helps a colleague through a rough time or impending/actual burnout.

Estab lish support and guidance with others. I am on the APA College Mental Health Li eutenants; where I can turn to colleagues at universities throughout the country for questions and guidance. Some of my colleagues who are in private practice have set up e-mail communication with local psychiatrists where we ask questions of each other (how do you handle this situation?) or can ask others for help (e.g., recommended referrals for patients). You can find support with colleagues at TSPP.

Talk to your supervisor. Administrators should support clinician satisfaction and work to implement organization level solutions. If not, then one may need to reassess your ties with that organization.

Get involved with organized psychiatry. Physician leaders, including leadership at TSPP, have a responsibility to communicate with legislators and influence policy. Our active participation in the legislative process has made the difference in the passage of legislation or killing of a bill. Some of TSPP priorities this past year have included: Scope of Practice (e.g., we testified against a bill on Psychologist Prescriptive Authority; that bill died in committee); Emergency Room holds (we have a representative participating on a Task Force to develop common understand ing of the law regarding emergency detentions and OPUs); and Mass Violence/Public Safety (we have a representative who has been involved in the hearings on mass violence and public safety in both in the Texas House and the Senate).

Your involvement can contribute to making changes in the interest of our patients and Texas psychiatrists. To participate, please plan to join us at the TSPP/TAP Spring Committee Meetings, Job Fair Exhibits and Joint Providership CME Program “Hot Topics in Clinical Practice Updates in Psychiatric Care” on Saturday, May 16, at the Westin Austin at the Domain Hotel. Discounted hotel room reservations at $189 can be placed before April 23 by visiting the Federation of Texas Psychiatry’s website www.txpsych.org and click on the URL link included in the TSPP/TAP announcements: https://book.paskey.com/e/90059730

TSPP Committee meetings are open to all TSPP members and resident-fellow members are invited to participate so please RSVP and attend as many of the committees of interest to you. (Note: Due to the confidentiality of ethics, the Ethics Committee is a closed meeting).

The Joint Providership CME program and dinner will offer 5 Hours of Category 1 CME Credits. Educational topics will include presentations and discussions on Nutritional Psychiatry – What Psychiatrists Need to Know and What They Should Tell Their Patients; Medication Assisted Therapy for Opioid Use Disorders; Somatoform Disorders: Prevalence, Diagnosis and Treatment; Management of the Side Effects of Psychotropic Medications and Diagnosis and Treatment of Borderline Personality Disorder. Program and registration forms will be mailed soon and posted online at www.txpsych.org. I look forward to seeing you at the meeting! •


CONGRATULATIONS to the Following TSPP Members whose nominations were approved by the APA Board of Trustees for Distinguished Fellow, and Fellow status in 2020:

DISTINGUISHED FELLOWS
Osman Ali, MD, DFAPA
Houston
Robert Garrett, MD, DFAPA
Dallas
Ken Hopper, MD MBA, DFAPA
Fort Worth
Oscar Perez, MD, DFAPA
El Paso
Mrudula Rao, MD, DFAPA
San Antonio

FELLOWS
John Casada, MD, PhD, FAPA
Abilene
Jan Guerra, MD, FAPA
Laredo
Sonia Krishna, MD, FAPA
Austin
Michael Millstone, MD, FAPA
Austin
Hitesh Pandya, MD, FAPA
Plano
Erlin Silvertooth, MD, FAPA
Austin

Melissa Gail Inga Eshelman, MD, DFAPA
Committee is a closed meeting.

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Austin
Welcome to 2020...

In those discussions, the medical provider community expressed significant concerns about the impact the guidance would have on facility operations and medical treatment. Accordingly, the TMB released revised instructions to providers, clarifying that the mandatory PMP check is required only when opioids, benzodiazepines, barbiturates, or carisoprodol are prescribed to a patient for take-home, unsupervised use. When such prescribing takes place upon discharge from either an inpatient or outpatient setting, a PMP check is required. A mandatory check of the PMP is not required before, upon admission, or during an inpatient or outpatient stay in a medical facility – only when the patient is released from care with a prescription for a covered medication to be taken in an unsupervised setting.

Additionally, a doctor may delegate the requirement to check the PMP to any legally authorized personnel, much in the same manner as physicians delegate other tasks. Such designees may include nurses, physician’s assistants and administrative personnel. Lastly, a copy of the PMP check should be placed in the patient’s medical records, to document compliance with the law’s requirements.

More information about the PMP check can be found at the TMB website: www.tmb.state.tx.us.

Prior Authorization: The House of Representatives has now named their members to the Joint Committee on Prior Authorizations, and we are eagerly awaiting the Senate appointments. The Joint Committee will look for ways to reduce, streamline and/or eliminate prior authorizations. The Federation worked extensively on reducing prior authorizations for antipsychotics during the legislative session, partnering with TMA and other advocacy groups to further that effort, and have already begun discussions with House offices about eroding burdensome requirements that are designed to save a dollar in drug costs, but lead to millions of downstream costs, including increased hospitalization, re-admissions, homelessness, substance abuse and criminality – not to mention being burdensome on physicians.

If you have tales of outrageous or frustrating prior authorization requirements, the TMA is collecting such anecdotes for use during the Joint Committee’s deliberations. TMA’s website (www.tma.org) has more details, and would welcome your feedback.

Senate Bill 362 Task Force: S.B. 362 (Both Texas Legislature, 2019) included provisions sought by the Federation creating a Task Force under the leadership of the Texas Supreme Court to increase access to courts for emergency detentions and orders of protective custody. That Task Force has had several meetings and is showing progress, particularly in exploring access for emergency detention warrants. They are also looking at consolidating and standardizing the forms that are used for emergency detention. That Task Force is also looking at what changes can be developed through the Supreme Court rules process, but the Task Force is also looking at what statutory changes could be helpful.

Appropriations: The Federation, along with TMA and other specialties, filed recommendations with the Health & Human Services Commission for appropriations to consider in the 2021 legislative session. We identified a priority of alleviating the lengthy backlog of inmates with mental health disorders awaiting psychiatric forensic consultation, competency restoration, or court ordered treatment by seeking funding for five additional forensic psychiatric fellowships.

Forensic psychiatrists provide psychiatric evaluations of individuals involved with the legal system as well as specialized psychiatric treatment for inmates or state hospital patients who require forensic competency evaluation before standing trial. However, there are too few specialty trained psychiatrists to meet the demand. Increasing the number of psychiatric forensic fellowships will allow us to train providers to screen for potential mental illness.

In the meantime, we are committed to working with mental health advocacy organizations to improve mental health care in Texas, particularly in areas such as mental health access and crisis intervention. The Federation, along with the Texas Psychiatric Association, has been working closely with mental health advocates to address the growing needs of Texas mental health consumers.

Patient Information Disclosure

At the meeting, the Federation, TMA, NAMI and a variety of patient & family stakeholders discussed what is allowed under current federal HIPAA laws as well as current state law. It was also heard from family members about why they feel that changes to current statute is necessary as well as from individuals with lived experience regarding their concerns and perspectives related to sharing of confidential information. We anticipate continuing the discussion in 2020 with a goal of reaching some consensus on recommendations to the legislature for reforming the law in 2021.

As always, we are pleased to provide legislative support to the Federation of Texas Psychiatry. We appreciate the opportunity to serve you and the House of Medicine, and are always ready to answer any questions or address any concerns you may have. Thank you for all you do for Texas!
Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry Spring Committee Meetings and Continuing Medical Education Program:

“Hot Topics in Clinical Practice: Updates in Psychiatric Care”

May 16, 2020 • Westin Austin at the Domain Hotel • Austin, Texas

Register early and plan to attend the 2020 committee meetings and Joint Provider Spring CME Program of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry on May 16, 2020 at the Westin Austin at the Domain Hotel, 11301 Domain Drive, Austin, TX. Other organization meetings – TSPP Chapter Leadership Forum, TSPP Executive Committee and the Federation of Texas Psychiatry Delegate Assembly will be held May 15 and the TSPP Executive Council Meeting, May 17.

MEETING LOCATION / INFORMATION
Located in the heart of The Domain, within one of Austin’s premier destinations, the AAA 4-Diamond Award Winning Westin Austin at the Domain Hotel is centrally located among 1.3 million square feet of high-end shopping and local music, fine dining, an upscale movie theater featuring independent and major films, and jogging paths offering a taste of the calming greenery found nearby. Easy steps from the hotel door, or a complimentary Westin golf cart shuttle away, you will find Spa Revel, an exclusive spa sanctuary dedicated to creating a memorable experience for every guest! Spa Reservations 1-512-339-7000, outstanding shopping choices including Neiman Marcus, Tiffany & Company, Louis Vuitton, Nordstroms, Dillard’s and numerous dining options such as Fleming’s, Jaspers, Kona Grill, Cru Wine and many others. Or, plan to remain in the hotel and enjoy fine dining in a relaxed atmosphere celebrating premium meat and seafood, great wine, and fresh produce and relax in the warm retreat of the lobby offering live music on most weekday afternoons.

MEETING HIGHLIGHTS
- TSPP & TAP Joint Provider Spring CME Program (5 Hours of Category I CME Credits)
- TSPP Committee Meetings – Open to All Members, including Residents and Fellows in Training
- Networking with Colleagues from Around the State of Texas
- Exhibits that offer Business Practice Tools, Malpractice Insurance and Employment Opportunities
- TSPP Government Affairs Committee & Lunchhour Program
- Complimentary Refreshments & Reception
- TSPP Executive Council Meeting & Installation of Officers for 2020-21

PARTICIPATION POLICY
The Texas Society of Psychiatric Physicians’ policy is to promote an environment of mutual respect, well-being, and collegiality at its meetings. TSPP values and benefits from the diverse opinions its members hold on the issues with which the Society and the psychiatric profession are confronted. All individuals at the meeting agree to conduct themselves in a manner appropriate for health care professionals. This includes respect for the intellectual property of others, proper display and use of meeting badges, and the avoidance of aggressive or inappropriate behavior towards others. Individuals participating in TSPP sponsored meetings agree to listen respectfully to all views presented, be courteous to others regardless of whether you agree or disagree with the views presented, and to exhibit the professionalism and collegiality expected of psychiatrists. If an individual believes that these rules have been violated or acceptable social decorum has otherwise been breached, he or she shall contact TSPP staff to help with the situation. TSPP reserves the right to remove meeting access rights of any individual violating this policy and will not provide a refund. By registering for this meeting, you agree to abide by the Participation Policy as described above.

EXHIBITS
Complimentary refreshments and snacks will be provided in Primrose Foyer of the Westin Austin at the Domain Hotel for registered attendees. Exhibits will be open throughout the day Saturday to provide you with information designed to enhance your practice and improve the optimal delivery of medical care to your patients. In addition there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

EXHIBITORS [to date]
Professional Risk Management Services, Inc.
UTMB Correctional Managed Care
Texas Foundation for Psychiatric Education and Research

HOTEL RESERVATIONS
TSPP has negotiated a small block of rooms of the hotel and enjoy fine dining in a relaxed atmosphere celebrating premium meat and seafood, great wine, and fresh produce and relax in the warm retreat of the lobby offering live music on most weekday afternoons.

PROGRAM SCHEDULE
FRI, MAY 15
4:00 pm - 16:00 pm Temporary Registration Desk ... Brasadaro Foyer
4:30 pm - 6:00 pm TSPP 2020-21 Officer Orientation ... Brasadaro
6:00 pm - 7:30 pm Chapter Leadership Forum ... Brasadaro
6:45 pm - 8:00 pm TSCAP Executive Committee Meeting ... Bluebonnet
7:30 pm - 9:00 pm Federation Delegate Assembly Meeting ... Brasadaro

SAT, MAY 16
7:00 am - 9:00 am Registration ... Brasadaro Foyer
9:00 am - 9:55 am Foundation Board of Directors Breakfast Meeting ... Veronika B
7:30 am - 8:45 am Board of Directors Breakfast Meeting ... Veronika B
9:00 am - 9:50 am Continental Breakfast ... Brasadaro Foyer
9:00 am - 10:30 am Council on Leadership Meetings: Ethics ... Camellia B
10:30 am - 10:50 am Council on Leadership Meetings: Distinguished Fellowship ... Camellia B
10:50 am - 12:20 pm Council on Leadership Meetings: Finance ... Primrose Foyer
12:20 pm - 12:40 pm Council on Leadership Meetings: Academic Psychiatry ... Primrose Foyer
12:40 pm - 1:40 pm Council on Leadership Meetings: Children and Adolescents Psychiatry ... Primrose Foyer
1:40 pm - 2:30 pm Council on Leadership Meetings: Forensic Psychiatry ... Primrose Foyer
2:30 pm - 3:00 pm Council on Leadership Meetings: Public Mental Health Services ... Primrose Foyer
3:00 pm - 3:30 pm Council on Leadership Meetings: Residency Director Meetings ... Brasadaro
4:00 pm - 5:00 pm Council on Leadership Meetings: Continuing Medical Education ... Brasadaro
5:00 pm - 5:30 pm Council on Leadership Meetings: Professional Practice Management ... Brasadaro
5:30 pm - 6:00 pm Council on Leadership Meetings: Exhibits Set-Up ... Brasadaro
6:00 pm - 7:00 pm Council on Leadership Meetings: Refreshment Break / Visit with Exhibitors and Door Prize Drawings ... Brasadaro

SUN, MAY 17
9:00 am - 11:00 am Executive Council Meeting ... Brasadaro Foyer
9:30 am - 10:30 am Executive Council Meeting ... Brasadaro Foyer
10:30 am - 11:00 am Executive Council Meeting ... Brasadaro Foyer
11:00 am - 12:00 pm Executive Council Meeting ... Brasadaro Foyer
12:00 pm - 1:00 pm Executive Council Meeting ... Brasadaro Foyer
1:00 pm - 2:00 pm Executive Council Meeting ... Brasadaro Foyer
2:00 pm - 3:00 pm Executive Council Meeting ... Brasadaro Foyer
3:00 pm - 4:00 pm Executive Council Meeting ... Brasadaro Foyer
4:00 pm - 5:00 pm Executive Council Meeting ... Brasadaro Foyer
5:00 pm - 6:00 pm Executive Council Meeting ... Brasadaro Foyer
6:00 pm - 7:00 pm Executive Council Meeting ... Brasadaro Foyer
7:00 pm - 8:00 pm Executive Council Meeting ... Brasadaro Foyer

TEXAS PSYCHIATRIST
FEBRUARY/MARCH 2020
IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

This live activity has been designed in a lecture format with case examples followed by an interactive audience question and answer period to provide its’ primary target audience of care physicians and require mental health treatment for their patients with OUD.

Many psychiatrists have insufficient knowledge and competence in counseling their patients about effective nutritional strategies, including risk-benefit considerations, that may affect their psychiatric illness and overall health. Disorders presenting as physical symptoms but having no known physical cause present clinical burdens for primary care physicians and require mental health treatment for effective management. Diagnostic and treatment methods to address conversion disorder, somatic symptoms disorder, illness, anxiety disorder are needed for improved recognition and clinical outcome.

Side effect of psychiatric medications is an everyday occurrence in the psychiatric practice. It contributes to non-compliance of treatment recommendation, medical misadventure, morbidity, missed opportunities in achieving the treatment goals.

Not enough waived physicians to prescribe Suboxone. Psychiatrists often don’t have training or knowledge to help their patients with OUD.

OBJECTIVES

The learning objectives for this activity have been designed to address clinician competence and are listed under each presentation.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providorship of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of five (5) AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSSP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

S C I E N T I F I C  P R O G R A M  S C H E D U L E

2:30 pm - 3:30 pm “Nutritional Psychiatry – What Psychiatrists Need to Know and What They Should Tell Their Patients” – Marisa S. Toups, MD

3:30 pm - 4:30 pm “Medication Assisted Therapy for Opioid Use Disorders” – Adrianne Dela Cruz, MD, PhD

4:30 pm - 5:45 pm Side effect of psychiatric medications is an everyday occurrence in the psychiatric practice. It contributes to non-compliance of treatment recommendation, medical misadventure, morbidity, missed opportunities in achieving the treatment goals.

3:30 pm - 4:30 pm “Somatoform Disorders: Prevalence, Diagnosis and Treatment” – R. Lowell McRoberts, III, MD

4:45 pm - 5:50 pm “Somatoform Disorders: Prevalence, Diagnosis and Treatment” – R. Lowell McRoberts, III, MD

5:45 pm - 6:50 pm “Management of the Side Effects of Psychotropic Medications” – Stephen R. Saklad, Pharm.D., BCPP

6:50 pm - 7:00 pm “Diagnosis and Treatment of Borderline Personality Disorder” – John M. Oldham, MD, MS

REGISTER NOW TO RECEIVE EARLY BIRD DISCOUNTS!

http://www.txpsych.org
Join Us at the TSCAP Annual Convention!

Susan Wynne, MD, President, Texas Society of Child and Adolescent Psychiatry

Please join me in attending Texas Society of Child and Adolescent Psychiatry Annual Convention and Scientific Program: Mood Dysregulation and Evolving Modalities in the Delivery of Psychiatric Care. The program will be held at Moody Gardens Hotel in Galveston, TX July 17-19, 2020. The keynote speaker is James McCough, MD, University of California Los Angeles, and he will speak on Disruptive Mood Dysregulation Disorder.

Additional topics include mental health urgent care, university student mental health care and gender dysphoria. You can earn 9 AMA PRA Category 1 CME Credits®, with two of the credit hours designated for medical ethics.

Moody Gardens is a recreational wonderland, with three Pyramids: Aquarium, Discovery and Rainforest. Additional attractions include: reef rescue virtual reality experience, 3D and 4D theaters, Colonel Paddlewheel boat, ropes course and zipline and Palm Beach. Moody Gardens has Galveston’s premier golf course. Hotel amenities feature an outdoor pool with waterfall, indoor lap pool, spa and fitness center. There are activities for everyone in the family!

Come and network with other professionals and enjoy the exhibitors. Get away, while learning about cutting-edge topics in Child and Adolescent Psychiatry. I will see you in Galveston.

Please “help us help you” by booking your room at the hotel hosting the meeting and within the TSPP room block.

Special TSCP discounted room rates at the rate of $209.00 are available to program registrants BEFORE JUNE 25 or upon sell-out, whichever occurs first. Make your hotel reservation today by calling Central Reservations at 1-888-388-8484 and refer to group name Texas Society of Child and Adolescent Psychiatry.

OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary Welcome Reception with Exhibitors on Friday evening, 6:30 pm – 8:30 pm, Expo A1 and A2, located in the Moody Gardens Convention Center First Floor - also accessible through Moody Gardens Hotel 2nd floor connector link to the Convention Center. Signage will be provided to assist you in locating the Expo Meeting Rooms. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

EXHIBITS

TSCP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Expo A3 Room of the Moody Gardens Convention Center. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

ANNUAL MEETING BREAKFAST

The Annual TSCP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Expo A1 Room of the Moody Gardens Convention Center.

Please register now! Go to Register Visit http://www.txpsych.org

TSCP Annual Convention & Scientific Program

“Mood Dysregulation and Evolving Modalities in the Delivery of Psychiatric Care”

JULY 17-19, 2020 • Moody Gardens Hotel, Galveston, Texas

GENERAL INFORMATION

MEETING LOCATION

TSCP’s Annual Convention and Scientific Program will be held at the Moody Gardens Hotel, Seven Hope Blvd., Galveston, Texas. Moody Gardens boasts diverse Galveston attractions. Activities include its massive pyramids, with one focused on the rainforest and the other on ocean life. Moody Gardens also has Galveston’s premier golf course, 3D and 4D movie theaters, Discovery Museum, the Colonel Paddlewheel Boat, Rope and Zip Line. Fun for everyone!

HOTEL RESERVATIONS

Special Reminder: Booking a room within the TSPP room block is an important way to help keep the overall meeting registration fee and costs as low as possible. Booking “outside of the TSPP block” or at another hotel could expose TSPP to monetary damages for hotel room block attrition which may then necessitate an increase in future meeting registration rates. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event.

G A L A N C E

TEMPORARY REGISTRATION

Friday, July 17
12:00 pm - 8:30 pm
Temporary Registration

2:00 pm - 5:30 pm
Exhibit Set-Up

4:30 pm - 6:30 pm
TSCP Executive Committee Meeting

6:30 pm - 8:30 pm
Welcome Reception with Exhibitors

Saturday, July 18
7:00 am - 4:30 pm
Registration

7:30 am - 8:00 am
Continental Breakfast with Exhibitors

8:00 am - 3:45 pm
Scientific Program

10:30 am - 10:50 am
Refreshment Break and Door Prize Drawings

11:50 am - 12:10 pm
Refreshment Break and Door Prize Drawings

1:10 pm - 1:30 pm
Refreshment Break and Door Prize Drawings

3:00 pm - 5:00 pm
Exhibits Tear Down / Depart

Sunday, July 19
7:00 am - 1:00 pm
Registration

7:45 am - 8:45 am
TSCP Annual Business Meeting and Breakfast

8:45 am - 12:45 pm
Scientific Program

10:15 am - 10:30 am
Refreshment Break
OBJECTIVE: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

• Discuss confidentiality issues pertaining to the interface between the university and the college student.

11:30 - 12:30 pm ETHICS: Transgender and Gender Dysphoria
Joseph V. Meyer, III, MD

OBJECTIVES: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

• Understand special diagnostic challenges of college student mental health treatment and limits of treatment number of visits, availability of psychologist, psychiatrist, psychologist, or child and adolescent psychiatrist.

• Identify differences in dosing and medication choices in delivering care to college students.

1:05 - 1:20 pm Refreshment Break

1:20 - 2:20 pm Residential Care Presentation and Faculty Discussant
Resident and Faculty Discussant TBD

1:30 - 2:00 pm PANEL: Texas Child Mental Health Care Consortium and Preliminary Data/Engagement
Sarah Waterfield, MD, Melissa DeFilippis, MD, Nhung Th–Van Tran, MD

OBJECTIVE: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

• Describe the goals of the Texas Child Mental Health Care Consortium (TCMHCC)

2:30 - 3:30 pm University / Student Health Psychiatric Services
Melissa Eschelman, MD

OBJECTIVE: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

• Discuss the delivery of care in the urgent care model, its’ advantages and disadvantages, and identify specific issues that psychiatrists may face.

3:30 - 4:30 pm Closing Remarks

Saturday, July 18 (6 Hours Category / CME Credit Hours*)
Phillip Balfanz, MD, MBA
Medical Director
Sigma Mental Health Urgent Care Clinic
Boerne, Texas

Secretary-Treasurer
Texas Society of Child and Adolescent Psychiatry
President
Bexar County Psychiatric Society (2020-2021)
Kerr-Bandler Medical Society Delegate
Texas Medical Association

Juan I. Campos, MD

Melissa DeFilippis, MD
Associate Professor
Department of Psychiatry
Direct Child and Adolescent Division
University of Texas Medical Branch
Galveston, Texas

Melissa Deuter, MD
Clinical Assistant Professor
UT Health Science Center
San Antonio, Texas

Melissa Eschelman, MD
Associate Director for Psychiatric Services Counseling and Mental Health Center
Associate Professor, Department of Psychiatry
Dell Medical School
University of Texas at Austin
President
Texas Society of Psychiatric Physicians
Austin, Texas

James J. McGough, MD
Professor of Clinical Psychiatry
Semel Institute for Neuroscience and Human Behavior
and David Geffen School of Medicine at UCLA
Los Angeles, California
Chair of the Program Committee
American Academy of Child and Adolescent Psychiatry
Chair
UCLA Medical Institutional Review Board for Neuroscience
Former Member, US Food and Drug Administration
Psychopharmacology Advisory Panel
Principal or Co-Principal Investigator in over 50 Clinical Trials, including NIH-Funded Projects on Severe Mood Dysregulation and Trigeminal Nerve Stimulation for ADHD
Author of Book Entitled: ADHD
Published by Oxford University Press

Walter J. Meyer, III, MD
Professor Emeritus in Psychiatry
University of Texas Medical Branch
Galveston, Texas

Joseph V. Penn, MD, CCFP, APA
Director, Mental Health Services
UTMB Correctional Managed Care
Cinco, Texas

Clinical Professor
UTMB Department of Psychiatry

Steven R. Pliszka, MD
Dielman Distinguished Professor and Chair
Department of Psychiatry and Behavioral Sciences
UT Health San Antonio
San Antonio, Texas

Nhung Thi-Vien Tran, MD
Associate Professor
Developmental-Behavioral Pediatrics
McLane Children’s Hospital, Baylor Scott & White Health Temple, Texas

Sarah Wakefield, MD
Chair, Department of Psychiatry
Director of Child and Adolescent Psychiatry Services
Texas Tech University Health Sciences Center
Lubbock, Texas

OBJECTIVES: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

• Understand special diagnostic challenges of college student mental health treatment and limits of treatment number of visits, availability of psychologist, psychiatrist, psychologist, or child and adolescent psychiatrist.

• Identify differences in dosing and medication choices in delivering care to college students.

• Identify confidentiality issues pertaining to the interface between the university and the college student.

3:30 - 4:30 pm Closing Remarks

Sunday, July 19 (3 Hours Category / CME Credit Hours*)

8:45 - 9:15 am Welcome & Opening Remarks

9:15 - 10:15 am Special Clinical Considerations in Treating Persons with Intellectual and Developmental Disabilities in Residential Treatment Centers / Group Homes
Steven R. Pliszka, MD and Juan I. Campos, MD

OBJECTIVES: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

• Discuss pharmacological treatments of different target symptoms.

• Identify differences in dosing and medication choices for persons with IDD

• Identify specific clinical challenges in these settings.

• Discuss treatment and specific clinical challenges in patients with Dysregulation Mood Disorder with co-morbid Attention Deficit Hyperactivity Disorder, Major Depressive Disorder and Risperidone.

10:15 - 10:30 am Refreshment Break

10:30 - 11:30 am ETHICS: Seclusion and Restraint in Correctional Setting
Joseph Y. Perez, MD

OBJECTIVES: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

• Identify different interventions and evidence based treatments in delivering care to the physical health

• Identify differences in dosing and medication choices for persons with IDD

• Discuss the delivery of care in the urgent care model, its’ advantages and disadvantages, and identify specific issues that psychiatrists may face.

11:30 - 12:30 pm ETHICS: Transgender and Gender Dysphoria
Joseph V. Meyer, III, MD

OBJECTIVES: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

• Understand special diagnostic challenges of college student mental health treatment and limits of treatment number of visits, availability of psychologist, psychiatrist, psychologist, or child and adolescent psychiatrist.

• Identify differences in dosing and medication choices in delivering care to college students.

• Identify confidentiality issues pertaining to the interface between the university and the college student.

11:30 - 12:30 pm Closing Remarks

**ACCREDITATION STATEMENT**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

**CREDIT STATEMENT**

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) AMA PRA Category I Credits™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**ETHICS DESIGNATION STATEMENT**

The Ethics Presentations: “Seclusion and Restraint in Correctional Setting” and “Transgender and Gender Dysphoria” have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

**TARGET AUDIENCE/PROGRAM OBJECTIVES**

This live activity has been designed with didactic lectures supplemented with panel discussion, clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its’ target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

**NEEDS ASSESSMENT**

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

**FACULTY AND PLANNERS DISCLOSURE POLICY**

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity. TSSP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation. Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

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http://www.txpsych.org (website)

CALENDAR OF MEETINGS

APRIL
24-29 American Psychiatric Association
Annual Meeting
Philadelphia, PA
www.psych.org

MAY
1-2 TExMED
Fort Worth Convention Center and Omani Hotel
Fort Worth, TX
www.temed.org

15-17 Texas Society of Psychiatric Physicians
and Texas Academy of Psychiatry
Spring Meeting and CME Program
“Hot Topics in Clinical Practice: Updates in Psychiatric Care”
Westin Austin at the Domain Hotel
Austin, Tx
Registration: Mailed and Posted Online at www.txpsych.org
Hotel Reservations $189 on or before April 23
Reserve online at www.txpsych.org or
https://book.passkey.com/c/50059730

JULY
17-19 Texas Society of Child and Adolescent Psychiatry
Annual Meeting and Scientific Program
“Moody Dysregulation and Evolving Modalities in the Delivery of Psychiatric Care”
Moody Gardens Hotel
Galveston, Tx
Registration: Mailed and Posted Online at www.txpsych.org
Hotel Reservations $209 on or before June 25
1-888-388-8484

OCTOBER
19-24 American Academy of Child and Adolescent Psychiatry
Hilton San Francisco Union Square
San Francisco, CA
www.aacap.org

NOVEMBER
Texas Society of Psychiatric Physicians
Annual Convention and Scientific Program
Site and Dates TBD

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