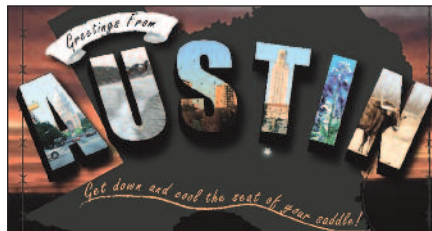




Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry
**Spring Committee Meetings and
Continuing Medical Education Program**

**Hot Topics in
Clinical Practice:
Updates in Psychiatric Care**

**May 16, 2020
Westin Austin at the Domain Hotel
Austin, Texas**





Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry Spring Committee Meetings and Continuing Medical Education Program:



“Hot Topics in Clinical Practice: Updates in Psychiatric Care”

May 16, 2020 • Westin Austin at the Domain Hotel • Austin, Texas

Register early and plan to attend the 2020 committee meetings and Joint Provider Spring CME Program of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry on May 16, 2020 at the Westin Austin at the Domain Hotel, 11301 Domain Drive, Austin, TX. Other organization meetings – TSPP Chapter Leadership Forum, TSCAP Executive Committee and the Federation of Texas Psychiatry Delegate Assembly will be held May 15 and the TSPP Executive Council Meeting, May 17.

MEETING LOCATION / INFORMATION

Located in the heart of The Domain, within one of Austin's premier destinations, the AAA 4-Diamond Award Winning Westin Austin at the Domain Hotel is centrally located among 1.3 million square feet of high-end shopping and local music, fine dining, an upscale movie theater featuring independent and major films, and jogging paths offering a taste of the calming greenery found nearby. Easy steps from the hotel door, or a complimentary Westin golf cart shuttle away, you will find Spa Reveil, an exclusive spa sanctuary dedicated to creating a memorable experience for every guest (Spa Reservations 1-512-339-7000), outstanding shopping choices including Neiman Marcus, Tiffany & Company, Louis Vuitton, Nordstroms, Dillards and numerous dining options such as Flemings, Jaspers, Kona Grill, Cru Wine and many others. Or, plan to remain in the hotel and enjoy fine dining in a relaxed atmosphere celebrating premium meat and seafood, great wine, and fresh produce and relax in the warm retreat of the lobby offering live music on most weekday afternoons.



MEETING HIGHLIGHTS

- TSPP & TAP Joint Provider Spring CME Program (5 Hours of Category I CME Credits)
- TSPP Committee Meetings – Open to ALL Members, including Residents and Fellows in Training
- Networking with Colleagues from Around the State of Texas
- Exhibits that offer Business Practice Tools, Malpractice Insurance and Employment Opportunities
- TSPP Government Affairs Committee & Luncheon Program
- Complimentary Refreshments & Reception
- TSPP Executive Council Meeting & Installation of Officers for 2020-21

HOTEL RESERVATIONS

TSPP has negotiated a small block of rooms with a discounted room rate of \$189 for reservations placed **BEFORE APRIL 23**. To take advantage of this rate, visit the Federation of Texas Psychiatry's website at www.txpsych.org and click on the URL link included in the announcement/information for the TSPP/TAP meeting:

<https://book.passkey.com/e/50059730>

** Booking a room within the TSPP room block is an important way to support TSPP and TAP and helps to keep the overall meeting registration fee and costs as low as possible. Booking outside of the TSPP block, or at another hotel could expose TSPP to monetary charges for attrition. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please help us help you by booking your room at the hotel hosting the meeting and within the TSPP room block.*

PARTICIPATION POLICY

The Texas Society of Psychiatric Physicians' policy is to promote an environment of mutual respect, well-being, and collegiality at its meetings. TSPP values and benefits from the diverse opinions its members hold on the issues with which the Society and the psychiatric profession are confronted.

All individuals at the meeting agree to conduct themselves in a manner appropriate for health care professionals. This includes respect for the intellectual property of others, proper display and use of meeting badges, and the avoidance of aggressive or inappropriate behavior towards others. Individuals participating in TSPP sponsored meetings agree to listen respectfully to all views presented, be courteous to others regardless of whether you agree or disagree with the views presented, and to exhibit the professionalism and collegiality expected of psychiatrists.

If an individual believes that these rules have been violated or acceptable social decorum has otherwise been breached, he or she shall contact TSPP staff to help with the situation. TSPP reserves the right to remove meeting access rights of any individual violating this policy and will not provide a refund. By registering for this meeting, you agree to abide by the Participation Policy as described above.

EXHIBITS

Complimentary refreshments and snacks will be provided in Primrose Foyer of the Westin Austin at the Domain Hotel for registered attendees. Exhibits will be open throughout the day Saturday to provide you with information designed to enhance your practice and improve the optimal delivery of medical care to your patients. In addition there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.



Spring Committee Meetings and Continuing Medical Education Program:

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PROGRAM SCHEDULE

FRIDAY, MAY 15

4:00 pm - 10:00 pm	Temporary Registration DeskBluebonnet Foyer
4:30 pm - 6:00 pm	TSPP 2020-21 Officer OrientationBluebonnet
6:00 pm - 7:30 pm	Chapter Leadership ForumBluebonnet
6:00 pm - 7:30 pm	TSCAP Executive Committee MeetingWine Room
7:30 pm - 9:00 pm	Federation Delegate Assembly MeetingBluebonnet

SATURDAY, MAY 16

7:00 am - 9:00 pm	RegistrationPrimrose Foyer
7:30 am - 8:45 am	Foundation Board of Directors Breakfast MeetingVerbena B
9:00 am - 9:50 am	Continental BreakfastPrimrose Foyer
9:00 am - 10:30 am	Council on Leadership Meetings:	
	EthicsCamellia A
	Distinguished FellowshipCamellia B
	FinancePlumeria A
	Council on Education Meetings:	
	Continuing Medical EducationVerbena A
	Professional Practice ManagementPlumeria B
7:00 am - 9:00 am	Exhibits Set-UpPrimrose Foyer
10:30 am - 10:50 am	Refreshment Break / Visit with Exhibitors and Door Prize DrawingsPrimrose Foyer
10:50 am - 12:20 pm	Council on Service Meetings:	
	Academic PsychiatryCamellia A
	Children and Adolescents PsychiatryCamellia B
	Forensic PsychiatryPlumeria A
	Public Mental Health ServicesPlumeria B
12:20 pm - 12:40 pm	Refreshment Break / Visit with Exhibitors and Door Prize DrawingsPrimrose Foyer
12:40 pm - 1:40 pm	Lunch / Council on Advocacy MeetingPrimrose AB
1:40 pm - 2:30 pm	Texas Academy of Psychiatry Board of Directors MeetingBluebonnet
1:40 pm - 2:30 pm	Resident Fellow Member in Training SectionVerbena
2:30 pm - 8:00 pm	CME SCIENTIFIC PROGRAM: Hot Topics in Clinical Practice: Updates in Psychiatric CarePrimrose CD
2:30 pm - 3:30 pm	“Nutritional Psychiatry – What Psychiatrists Need to Know and What They Should Tell Their Patients” – Marisa S. Toups, MD	
3:30 pm - 4:30 pm	“Medication Assisted Therapy for Opioid Use Disorders” – Adriane Dela Cruz, MD, PhD	
4:30 pm - 4:50 pm	Refreshment Break / Visit with Exhibitors and Door Prize DrawingsPrimrose Foyer
4:50 pm - 5:50 pm	“Somatoform Disorders: Prevalence, Diagnosis and Treatment” – R. Lowell McRoberts, III, MD	
5:50 pm - 6:50 pm	“Management of the Side Effects of Psychotropic Medications” – Stephen R. Saklad, Pharm.D., BCPP	
6:50 pm - 7:00 pm	Refreshment BreakPrimrose Foyer
7:00 pm - 8:00 pm	Dinner and Continuation of CME Program	
	“Diagnosis and Treatment of Borderline Personality Disorder” – John M. Oldham, MD, MS	

SUNDAY, MAY 17

9:00 am - 11:00 am	Executive Council MeetingPrivate Dining Room
	Continental Breakfast and Installation of Officers for 2020-21	

Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry
Spring Committee Meetings and Joint Provider Scientific Program
Saturday, May 16, 2020 (5 Hours Category 1 Credit)

“Hot Topics in Clinical Practice: Updates in Psychiatric Care”

SCIENTIFIC PROGRAM SCHEDULE

2:30 pm - 3:30 pm “Nutritional Psychiatry – What Psychiatrists Need to Know and What They Should Tell Their Patients” – Marisa S. Toups, MD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Identify dietary and nutritional risks in patients’ current history.
- Counsel patients on effective nutritional strategies, including risk benefit considerations, that may affect their psychiatric illness and overall health.
- Make appropriate referrals to qualified nutritionists when indicated.
- Discuss mood disorders and current treatment recommendations.
- Identify latest evidence (or lack thereof) for the use of supplements in dementia, autism spectrum disorders and other disorders where nutrition and supplements are widely written and discussed.

3:30 pm - 4:30 pm “Medication Assisted Therapy for Opioid Use Disorders” – Adriane Dela Cruz, MD, PhD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Cite medication assisted therapy for treatment of opioid use disorder.
- Identify and discuss Medication for Addiction Treatment (MAT)

4:30 pm - 4:50 pm Refreshment Break / Visit with Exhibitors and Door Prize Drawings Primrose Foyer

4:50 pm - 5:50 pm “Somatoform Disorders: Prevalence, Diagnosis and Treatment” – R. Lowell McRoberts, III, MD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Apply sensitivity and identify specificity of somatoform diagnoses.

- Identify and apply co-management of psychiatric and medical symptoms by psychiatry and primary care practitioners.
- Recite and effectively combine pharmacotherapy, psychotherapy, medical monitoring to improve behavioral outcomes.

5:50 pm - 6:50 pm “Management of the Side Effects of Psychotropic Medications” – Stephen R. Saklad, Pharm.D., BCPP

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Recognize and improve their knowledge and competence of explaining potential side effects, reducing the likelihood of side effects and effectively treating psychotropic side effects to their patients whenever possible.
- Identify and improve the knowledge and competence of explaining potential side effects, reducing the likelihood of side effects and effectively treating tardive dyskinesia and the data on current treatments.
- Recite and improve the knowledge and competence of explaining potential side effects, reducing the likelihood of side effects and effectively treating Qtc prolongation as well as many more common ones.

6:50 pm - 7:00 pm Refreshment Break Primrose D

7:00 pm - 8:00 pm Dinner and Continuation of CME Program: “Diagnosis and Treatment of Borderline Personality Disorder” – John M. Oldham, MD, MS

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- State the current criteria for determining decision making capacity.
- Describe the current laws impacting mental health treatment in those with limited capacity to make informed treatment decisions due to mental illness.
- Discuss how shared decision making might be used to improve care for those with severe mental illness.

ABOUT THE SPEAKERS

Adriane Dela Cruz, MD, PhD

Assistant Professor
Department of Psychiatry
UT Southwestern Medical Center
Dallas, Texas

R. Lowell McRoberts, III, MD

CEO Seton Mind Institute
Service Line Leader
Psychosomatic Medicine Services
Seton Family of Hospitals
Program Director
Psychosomatic Medicine Fellowship
Dell Medical School
Austin, Texas

John M. Oldham, MD, MS

Distinguished Emeritus Professor of Psychiatry
Menninger Dept. of Psychiatry and Behavioral Sciences
Baylor College of Medicine
Houston, Texas

Stephen R. Saklad, Pharm.D., BCPP

Director, Psychiatric Pharmacy Program
Pharmacotherapy Education and Research Center
UT Health Science Center
San Antonio, Texas
Clinical Professor
Pharmacotherapy Division
The University of Texas at Austin College of Pharmacy
Adjoint Professor
School of Medicine
Pharmacotherapy Education and Research Center
UT Health Science Center San Antonio
Clinical Pharmacologist
San Antonio State Hospital
Texas Department of State Health Services

Marisa S. Toups, MD

Assistant Professor
Department of Psychiatry
Dell Medical School
Austin, Texas

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CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a lecture format with case examples followed by an interactive audience question and answer period to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

The information and data presented will address the professional practice gaps of the learners and advance the physician's competence and improve their knowledge about the complex contributing factors in this patient population and introduce additional resources and new strategies to improve outcomes so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

TSPP identified educational needs and professional practice gaps from members expressed needs and in medical literature and incorporated it into the CME activity to address the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

Many psychiatrists have insufficient knowledge and competence in counseling their patients about effective nutritional strategies, including risk-benefit considerations, that may affect their psychiatric illness and overall health.

Disorders presenting as physical symptoms but having no known physical cause present clinical burdens for primary care physicians and require mental health treatment for effective management. Diagnostic and treatment methods to address conversion disorder, somatic symptoms disorder, illness, anxiety disorder are needed for improved recognition and clinical outcome.

Side effect of psychiatric medications is an everyday occurrence in the psychiatric practice. It contributes to non-compliance of treatment recommendation, medical misadventure, morbidity, missed opportunities in achieving the treatment goals.

Not enough waived physicians to prescribe Suboxone. Psychiatrists often don't have training or knowledge to help their patients with OUD.

OBJECTIVES

The learning objectives for this activity have been designed to address clinician competence and are listed under each presentation.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of five (5) *AMA PRA Category I Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.



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Spring Meeting & Continuing Medical Education Program
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MAIL... (pay by credit card or check)
 Texas Society of Psychiatric Physicians
 401 West 15th Street, Suite 675, Austin, TX 78701

(The following options require credit card payment)

E-MAIL... TSPPOfc@aol.com
ONLINE... http://www.txpsych.org

FAX... 512.478.5223
PHONE.. 512.478.0605

To remit payment online, complete this form and return to tspopf@aol.com via email and request an email invoice from Quickbooks Online.

REGISTRATION

NAME _____ EMAIL ADDRESS FOR MEETING CONFIRMATION _____

Please check if you are a: APA Distinguished Life Fellow APA Distinguished Fellow APA Fellow APA Life Fellow APA Life Member

ADDRESS / CITY / STATE / ZIP: _____

PHONE/FAX _____

REGISTRATION FEE

BEFORE APRIL 23 **AFTER APRIL 23**

<input type="checkbox"/> SATURDAY LUNCH	\$20.00	\$25.00	_____
<input type="checkbox"/> CME PROGRAM, AND DINNER			
TSP / ACADEMY / TSCAP Member	\$125.00	\$155.00	_____
RESIDENT-FELLOW IN TRAINING / TSP / ACADEMY / TSCAP MEMBER	\$15.00**	\$25.00	_____
NON-MEMBER PHYSICIAN	\$155.00	\$185.00	_____
NON-MEMBER RESIDENT-FELLOW PHYSICIAN, MEDICAL STUDENT	\$25.00	\$45.00	_____
ALLIED HEALTH PROFESSIONAL	\$100.00	\$125.00	_____
Name(s) for name badge: _____			
SPOUSE / GUEST (no CME credit)	\$65.00	\$85.00	_____

Name(s) for name badge: _____

** NO CHARGE, if your Program Training Director registers for the CME Program.

Enter Program Director's name here: _____

MEETING SYLLABUS ORDER

<input type="checkbox"/> Meeting Syllabus in Color	\$125.00	\$155.00	_____
<input type="checkbox"/> Meeting Syllabus in Black & White	\$95.00	\$125.00	_____
<input type="checkbox"/> Online Meeting Syllabus	No Charge	No Charge	_____
<input type="checkbox"/> Vegetarian Plate Requested. No additional fee if requested prior to April 23 otherwise there will be an additional fee of \$15.00			_____

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

Total Registration Fees

METHOD OF PAYMENT:

Check in the Amount of \$ _____ *Make Checks Payable to Texas Society of Psychiatric Physicians*

Please Charge \$ _____ To My: VISA MasterCard American Express

Credit Card # _____ Expiration Date: _____

3 or 4 Digit Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): _____

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by April 23, 2020, less a 25% processing charge. NO REFUNDS will be given after April 23, 2020