



**TEXAS SOCIETY OF  
PSYCHIATRIC PHYSICIANS**

## **54th Annual Convention & Scientific Program**

*Advances in  
Clinical Psychiatry:  
Schizophrenia, Dementia,  
Bipolar Depression, PTSD,  
Borderline Personality  
and Ethics*

**November 12-14, 2010  
Westin La Cantera Resort  
San Antonio, Texas**



**TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS**  
**54<sup>th</sup> Annual Convention and Scientific Program**

**MEETING REGISTRATION**

See Registration Form or visit the website [www.txpsych.org](http://www.txpsych.org) for TSPP/TAP's Special Discounted Meeting Registration Fees for this year's convention. The earlier you register, the greater the savings!

**HOTEL RESERVATIONS**

ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US!! TSPP's 54th Annual Convention and Scientific Program will be held at the Westin La Cantera Hotel, 16641 La Cantera Parkway, San Antonio, Texas. For room reservations at the Westin La Cantera Hotel, call: 1-800-937-8461 **PRIOR TO OCTOBER 12** and ask for the **TSPP DISCOUNTED RATE OF \$165.00 AND WAIVED RESORT FEE.**

**GOLF OUTING**

TSPP Members and Guests interested in playing a 'relaxing' game of golf on Thursday, November 11, at the beautiful Westin La Cantera golf course, please check the box on the registration form and additional information will be sent to you as the plans are finalized.

**SPECIAL INCENTIVE OFFER FOR TSPP MEMBERS-IN-TRAINING AND TRAINING DIRECTORS**

All TSPP Member-in-Training members and their Training Directors are encouraged to attend this year's Annual Convention for an excellent CME program and fellowship with colleagues!

As a Special Incentive this year, TSPP will waive/refund the Members-in-Training member's Scientific Program registration fee IF the member's Training Director registers for the Scientific Program. So Residents, encourage your Training Director to register and then send in your registration form, with the name of your program director noted, and then plan on attending the Scientific Program FREE!

**TSPP MEMBERS IN TRAINING POSTER SESSION**

All TSPP Members in Training members are also encouraged to submit a poster session for display in the TSPP Exhibit Hall during the Annual Convention. If interested in submitting an entry, please email [tsppofc@aol.com](mailto:tsppofc@aol.com).

**WELCOME RECEPTION WITH EXHIBITORS**

All TSPP Annual Convention Registrants are invited to attend the complimentary Welcome Reception on Friday evening and encouraged to participate in the free drawings to be held throughout the weekend for several great prizes to be awarded through the weekend!!

**AWARDS RECEPTION / BANQUET**

Saturday evening's festivities begin with a complimentary wine and cheese reception, followed by an elegant dinner and awards presentation and ceremony. After the awards ceremony, we invite everyone to stay and enjoy an evening of fun and entertainment! **Congratulations to This Year's Honorees:**



**Conway McDonald, MD – Dallas**  
DISTINGUISHED SERVICE AWARD



**Steven R. Pliszka, MD – San Antonio**  
PSYCHIATRIC EXCELLENCE AWARD



**Carol S. North, MD – Dallas**  
SPECIAL SERVICE AWARD

**PROGRAM AT A GLANCE**

**THURSDAY, NOVEMBER 11**

12:00 PM - 5:00 PM **Golf Outing at La Cantera Resort Course**  
 4:00 PM - 8:00 PM **Registration**  
 4:30 PM - 6:00 PM **TSCAP Executive Committee**  
 6:30 PM - 7:30 PM **COUNCIL ON FELLOWSHIP**  
 Chapter Leadership Forum  
 7:30 PM - 9:00 PM **Federation Delegate Assembly**

**FRIDAY, NOVEMBER 12**

7:30 AM - 7:00 PM **Registration**  
 7:30 AM - 8:30 AM **Foundation Board of Directors**  
 8:30 AM - 10:00 AM **COUNCIL ON ORGANIZATION**  
 Ethics Committee  
 Distinguished Fellowship Committee  
 Finance Committee  
 Strategic Planning Committee  
 10:00 AM - 12:00 PM **COUNCIL ON SERVICE**  
 Academic Psychiatry Committee  
 Children & Adolescents Psychiatry Cmte  
 Forensic Psychiatry Committee  
 Public Mental Health Services Cmte  
 Socioeconomics Committee  
 12:00 PM - 1:30 PM **PROGRAM LUNCHEON**  
 1:30 PM - 3:30 PM **Academy Board of Directors**  
 1:30 PM - 3:30 PM **COUNCIL ON EDUCATION**  
 CME Committee  
 MIT Section on Psychiatry  
 Professional Practices Committee  
 Hospital Practices Subcommittee

**FRIDAY, NOVEMBER 12**

3:30 PM - 5:00 PM **COUNCIL ON ADVOCACY**  
 Government Affairs Committee  
 5:00 PM - 6:30 PM **Executive Council Meeting**  
 6:30 PM - 8:30 PM **Welcome Reception w/ Exhibitors**

**SATURDAY, NOVEMBER 13**

7:00 AM - 7:45 AM **Complimentary Continental Breakfast w/Exhibitors**  
**Registration**  
**Exhibits**  
**CME SCIENTIFIC PROGRAM**  
**Refreshment Break w/Exhibitors / Door Prize Drawings**  
**LUNCHEON**  
 TSPP & Texas Foundation Annual Business Meetings  
**REFRESHMENT BREAK**  
**AWARDS BANQUET RECEPTION**  
**AWARDS BANQUET & EVENING OF ENTERTAINMENT**

**SUNDAY, NOVEMBER 14**

7:30 AM - 1:00 PM **REGISTRATION**  
 7:30 AM - 12:30 PM **Refreshment/Continental Breakfast for Meeting Registrants**  
**CME SCIENTIFIC PROGRAM**  
 8:00 AM - 12:30 PM **REFRESHMENT BREAK**  
 10:15 AM - 10:30 AM

## CME SCIENTIFIC PROGRAM

# “Advances in Clinical Psychiatry: Schizophrenia, Dementia, Bipolar Depression, PTSD, Borderline Personality and Ethics”

### SCIENTIFIC PROGRAM SCHEDULE

#### Saturday, November 13

**8:00 AM - 8:15 AM**

**Welcome & Introductions**

**8:15 AM - 10:15 AM**

**The Psychiatrist's Role in the Health of the Pregnant Mother and the Risk for Schizophrenia in her Offspring**

Robert Freedman, MD

*Objectives:* At the conclusion of the program participants will be able to demonstrate improved competence in counseling pregnant women regarding treatment options for psychiatric disorders with risks and benefits.

**10:15 AM - 10:35 AM**

**Refreshment Break with Exhibitors**

**10:35 AM - 12:35 PM**

**Case Conference: Diagnostic Issues of Major Types of Dementia, Clinical Implications; Treatment Planning and Advice for Families**

Kevin F. Gray, MD; Donald R. Royall, MD; Paul E Schulz, MD

*Objectives:* At the conclusion of the program participants will be able to demonstrate competence in the diagnosis and treatment of dementia and related disorders.

**12:35 PM - 12:45 PM**

**Break**

**12:45 PM - 2:15 PM**

**Annual Business Meeting Lunch**

**2:15 PM - 4:15 PM**

**PTSD: A Clinical Diagnosis in Need of Revision**

Carol S. North, MD

*Objectives:* At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of Post Traumatic Stress Disorder in adults and adolescents.

**4:15 PM - 4:35 PM**

**Refreshment Break**

**4:35 PM - 5:35 PM**

**Clinical Implications of Recent Research on Bipolar Depression**

Vivek N. Singh, MD

*Objectives:* At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of bipolar depression.

**5:35 PM - 5:50 PM**

**Closing Remarks**

#### Sunday, November 14

**8:00 AM - 8:15 AM**

**Welcome And Introductions**

**8:15AM - 10:15 AM**

**Personality Disorders: Preserving the Past and Charting the Future**

John M. Oldham, MD, MS

*Objectives:* At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of borderline personality disorder.

**10:15 AM - 10:30 AM**

**Refreshment Break**

**10:30 AM - 12:30 PM**

**Ethics Topic: Informed Consent in Psychiatry, Focus on Medication Management**

Michael R. Arambula, MD, R.Ph

*Objectives:* At the conclusion of the program participants will be able to demonstrate ability to effectively provide informed consent to patients concerning psychiatric treatment options.

**12:30 PM - 12:45 PM**

**Closing Remarks**

### TARGET AUDIENCE / PROGRAM OBJECTIVES

This CME program is designed with didactic lectures, panel discussions and case study presentations in multiple educational sessions. The program is designed to provide its' primary target audience of Adult and Adolescent Psychiatrists, including the Child and Adolescent and Geriatric Psychiatrists that specialize in these areas, as well as other specialties of medicine, with high-quality, evidence-based, clinically-relevant information regarding ethics, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills, thereby improving their diagnostic acumen; their ability to interpret medical information and treatment options to patients and their abilities to use evidence based medicine, so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

### ACCREDITATION

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of eleven (11) *AMA PRA Category I Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation entitled "Informed Consent in Psychiatry, Focus on Medication Management" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

## CME SCIENTIFIC PROGRAM

# “Advances in Clinical Psychiatry: Schizophrenia, Dementia, Bipolar Depression, PTSD, Borderline Personality and Ethics”

### ABOUT THE SPEAKERS

#### **Michael R. Arambula, M.D., Pharm.D.**

Private Practice, General and Forensic Psychiatry,  
Clinical Pharmacology  
San Antonio, Texas

Clinical Associate Professor of Psychiatry and Interim Director  
Forensic Psychiatry Fellowship Program  
Department of Psychiatry  
University of Texas Health Science Center at San Antonio  
San Antonio, Texas

Consultant, Texas Department of Criminal Justice  
Public Service, Texas Medical Board

#### **Robert Freedman, M.D.**

Editor, *American Journal of Psychiatry*

Professor, Department of Psychiatry and Pharmacology  
Director, Schizophrenia Research Center  
Chair, Department of Psychiatry  
University of Colorado Health Sciences Center  
Denver VA Medical Center  
Denver, Colorado

#### **Kevin Gray, M.D.**

Private Practice, Geriatric Psychiatry and Psychiatry  
Dallas, Texas

VA Medical Center Mental Health  
Dallas, Texas

Assistant Professor  
Department of Neurology  
UT Southwestern Medical Center  
Dallas, Texas

#### **Carol S. North, M.D., MPE**

Director of the Program in Trauma and Disaster  
VA North Texas Health Care System  
Dallas, Texas

The Nancy and Ray L. Hunt Chair in Crisis Psychiatry and  
Professor, Departments of Psychiatry and Surgery  
Division of Emergency Medicine  
Section on Homeland Security  
The University of Texas Southwestern Medical Center  
Dallas, Texas

#### **John M. Oldham, M.D.**

Senior Vice President and Chief of Staff  
The Menninger Clinic  
Houston, Texas

Professor and Executive Vice Chair  
Menninger Department of Psychiatry and Behavioral Sciences  
Baylor College of Medicine

President  
American College of Psychiatrists

President-Elect  
American Psychiatric Association

#### **Donald R. Royall, M.D.**

Professor, Department of Psychiatry  
Professor, Department of Family & Community Medicine  
Professor, Department of Clinical Pharmacology  
Professor, Department of Medicine  
Chief, Division of Aging & Geriatrics  
University of Texas Health Science Center  
San Antonio, Texas

Director of Research  
Freedom House Foundation  
San Antonio, Texas

#### **Paul E. Schulz, M.D.**

Associate Professor, Department of Neurology

Director, Dementia and Memory Disorders Program  
The University of Texas Medical School of Houston  
Houston, Texas

#### **Vivek Singh, M.D.**

Assistant Professor of Psychiatry and  
Director of the Psychiatric Consultation Liaison Service  
and Chairman of the Institutional Review Board  
University of Texas Health Science Center  
San Antonio, Texas

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**54<sup>th</sup> Annual Convention and Scientific Program**

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**SPONSORS**

*Special thanks to the following Sponsors and Exhibitors of the TSPP Annual Convention*

**Clarity Child Guidance Center, San Antonio**

(Child & Adolescent Psychiatric Care, Acute, Residential, Partial, Outpatient and MD Group)

**Texas Foundation for Psychiatric Education and Research**

**EXHIBITORS**

**Chickasaw Nation Industries, Inc.**

(Psychiatry Positions Available in Texas)

**Clarity Child Guidance Center, San Antonio**

(Child & Adolescent Psychiatric Care, Acute, Residential, Partial, Outpatient and MD Group)

**Cunningham Group**

(Insurance)

**Janssen**

**Neuronetics**

(NeuroStar TMS Therapy)

**Sanofi-Aventis**

**Sepracor Pharmaceuticals**

**Texas Health Presbyterian Hospital, Dallas**

(General Inpatient Psychiatry)

**UTMB-CMC**

(Recruitment)

**SAVE THE DATE**

**Next Year's Scientific Program & 55th Annual Convention  
November 10-13, 2011**

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS  
**2010 ANNUAL CONVENTION & SCIENTIFIC PROGRAM**

November 12-14, 2010 • Westin La Cantera Resort • San Antonio, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 12 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

NAME \_\_\_\_\_ E-MAIL \_\_\_\_\_

**Please check if you are a:**    **APA Fellow**    **APA Distinguished Fellow**    **APA Life Fellow**    **APA Distinguished Life Fellow**

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

NAME(S) GUEST(S) ATTENDING (for name badges) \_\_\_\_\_

**R E G I S T R A T I O N   F E E S**

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION BEFORE 10/12	AFTER 10/12
<b>GOLF OUTING</b> - Thursday # <input type="checkbox"/> Please Send Me Additional Information.		
<b>LUNCH PROGRAM</b> - Friday # <input type="checkbox"/> Lunch Program	\$20	\$25
<b>MIT / ECP PROGRAM</b> - Friday # <input type="checkbox"/> MIT/ECP Program	No Chg	No Chg
<b>WELCOME RECEPTION</b> - Friday # <input type="checkbox"/> NOT Registered or Scientific Program # <input type="checkbox"/> Registered for Scientific Program	\$40 No Chg	\$50 No Chg
<b>BUSINESS MEETING LUNCH</b> - Saturday # <input type="checkbox"/> TSPP/Academy Member # <input type="checkbox"/> MIT (TSPP/Academy) # <input type="checkbox"/> Guest	\$20 \$15 \$20	\$25 \$20 \$25
<b>AWARDS BANQUET</b> - Saturday # <input type="checkbox"/> Awards Banquet # <input type="checkbox"/> Reserved Table for 10	\$35 \$350	\$55 \$550

NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION BEFORE 10/12	AFTER 10/12
<b>SCIENTIFIC PROGRAM</b> - Saturday and Sunday # <input type="checkbox"/> TSPP/Academy Member # <input type="checkbox"/> MIT (TSPP/Academy) # <input type="checkbox"/> Non-Member Physician # <input type="checkbox"/> Non-Member MIT # <input type="checkbox"/> Allied Health Professional # <input type="checkbox"/> Spouse # <input type="checkbox"/> Advocacy Organization	\$195 \$25 \$235 \$35 \$105 \$95 \$20	\$235 \$35 \$290 \$50 \$130 \$120 \$25

NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION BEFORE 10/12	AFTER 10/12
<b>CME Meeting Syllabus Order</b> # <input type="checkbox"/> CME Meeting Syllabus In Color # <input type="checkbox"/> CME Meeting Syllabus In Black/White	\$70 Free	\$95 Free

NOTE: All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers' presentation. Due to the higher cost of color copying, IF you wish to receive the syllabus in color you may purchase a color copy of the speakers' syllabus by checking the box and including the additional charge. The color copy will be provided to you upon check-in the day of the program.

**Vegetarian Plate Requested. No additional fee if requested prior to 10/12, otherwise there will be an additional fee of \$15.00.**

**TOTAL REGISTRATION FEE**

**\$**



If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

**PAYMENT INFORMATION**

**Check** in the Amount of \$ \_\_\_\_\_ *Make Checks Payable to Texas Society of Psychiatric Physicians*

Please Charge \$ \_\_\_\_\_ To My:    **VISA**    **MasterCard**    **American Express**

Credit Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

3 Digit Code on Back of Card on Right of Signature Panel \_\_\_\_\_

Name of Cardholder (as it appears on card) \_\_\_\_\_

Signature \_\_\_\_\_

Address where you receive your credit card statement (include address, city, state, zip) \_\_\_\_\_

**CANCELLATIONS – Deadline for cancellation is October 12, 2009. In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 12, 2010, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER OCTOBER 12, 2010. Individuals are responsible for their making and canceling, if warranted, their personal hotel room reservations.**

**RETURN TO:**

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS, 401 WEST 15TH STREET, SUITE #675,  
 AUSTIN, TX 78701; PHONE (512) 478-0605 FAX (512) 478-5223