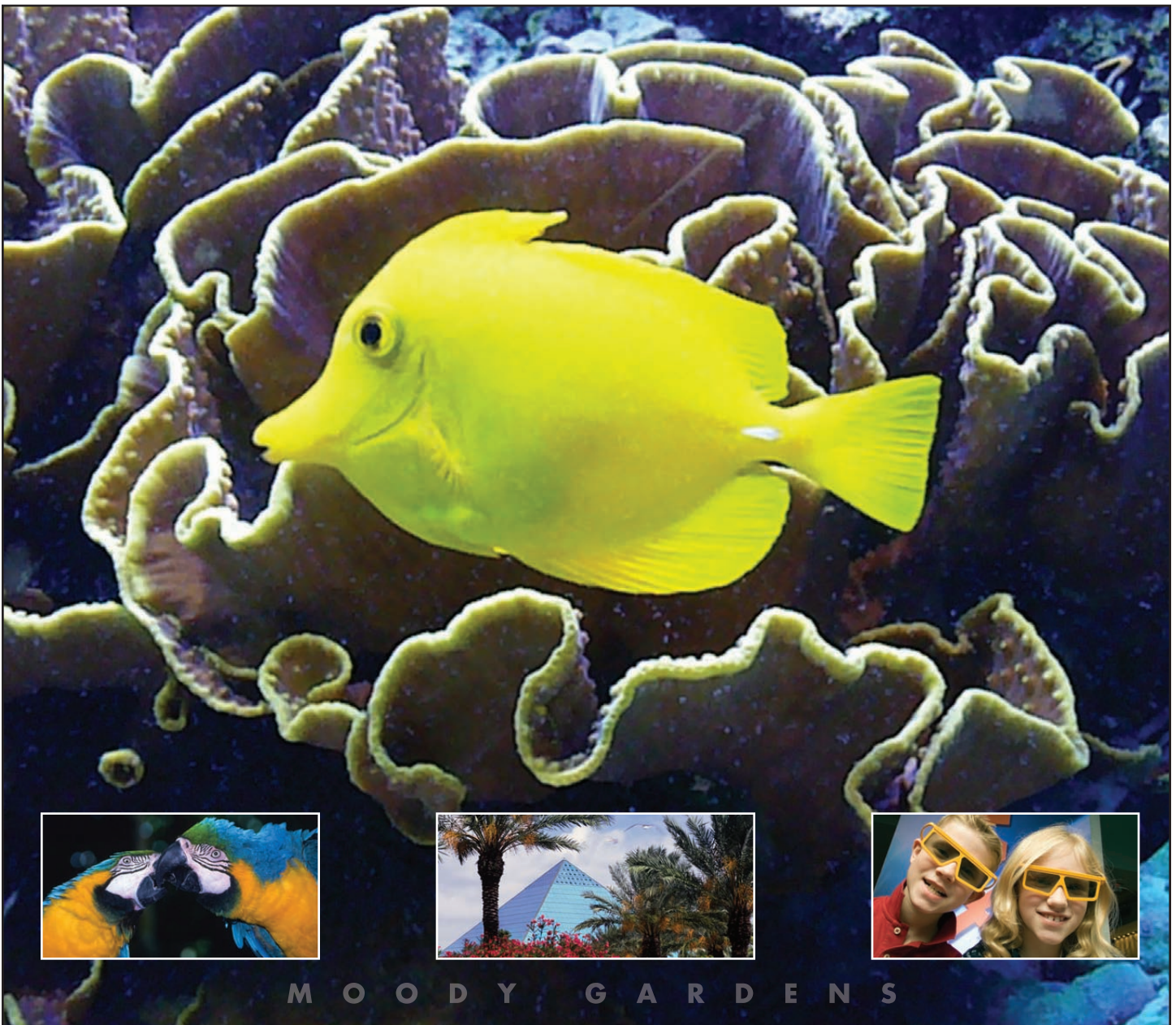




Texas Society of Child and Adolescent Psychiatry
2010 Annual Meeting and Scientific Program

*“Addressing Substance Abuse in Child and Adolescent Psychiatry:
Prevention, Diagnosis and Treatment”*

July 23-25, 2010 • Moody Gardens Hotel • Galveston, Texas



M O O D Y G A R D E N S



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GENERAL INFORMATION

LOCATION / HOTEL RESERVATIONS

All events will take place at the Moody Gardens Hotel, Seven Hope Blvd., Galveston, Texas. 409-741-8484 or 800-582-4673. A special TSCAP discounted single-quad room rate of \$189 is available to TSCAP program registrants before June 27, 2010 or upon sell-out whichever occurs first. **Hotel rooms will sell out quickly so please make your hotel reservation as early as possible by calling 1-888-388-8484.**

Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston's premier meeting destination. Moody Gardens features:

- Full Service Spa and Fitness Center, complete with indoor lap pool
- Rain Forest Pyramid – a ten story pyramid featuring primitive rainforests with plants and exotic fish and animals.
- Discovery Pyramid – Experience mysteries of science with traveling and interactive exhibits.
- Aquarium Pyramid – Oceans of the world are represented in a 1.5 million gallon aquarium teeming with creatures from penguins to stingrays, sharks and more.
- IMAX 3D Theater – Be a part of the action at the IMAX 3D Theater featuring amazing 3D and 2D films on a giant six-story screen.

MEETING REGISTRATION

The earlier you register, the greater the savings on meeting registration AND hotel reservations!! To take advantage of the Special Discounted Registration Fees, please remit your meeting registration PRIOR TO JULY 1. If paying by credit card you may fax your meeting registration form to 512-478-5223. A confirmation of your registration will be sent IF you include your email address.

OPENING WELCOME RECEPTION WITH EXHIBITORS

Check in early and join your friends and colleagues for a special complimentary Welcome Reception for all TSCAP attendees! The welcome reception will be held Friday, July 23, 6:30 - 8:30 pm in the Floral A Ballroom. Visit with the exhibitors in a relaxing atmosphere and become eligible for special door prize drawings to be awarded throughout the meeting!

MEETING SYLLABUS IN COLOR

All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers' presentation (if copy is submitted by speaker). Due to the higher cost of color copying, IF you wish to receive the syllabus in color you may purchase a color copy of the speakers' syllabus by checking the box on the Registration Form and including the additional charge. The color copy will be provided to you upon check-in the day of the program.

EXHIBITORS

Special Thanks to the following Exhibitors who are supporting the TSCAP Annual Meeting!

**Cedar Crest Hospital & RTC, Belton
Meridell Achievement Center, Liberty Hill
Southwest Mental Health Center, San Antonio
Texas NeuroRehab Center, Austin**

EXHIBITS

TSCAP's Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Floral Hall A Room of the Moody Gardens Hotel. Please make plans to visit with the Exhibitors during the following hours:

Welcome Reception – Friday, 6:30 pm - 8:30 pm

Continental Breakfast – Saturday, 7:30 am - 8:10 am

Refreshment Break – Saturday, 10:30 am - 10:50 am

Refreshment Break – Saturday 11:50 am - 12:10 pm

Refreshment Break – Saturday 1:10 pm - 1:30 pm

Exhibitors Tear Down and Depart – Saturday, 3:30 pm - 4:30 pm

ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting will be held Sunday, 8:00 am - 9:00 am in the Floral Hall A1 Room. All members are encouraged to register and attend.

PROGRAM AT A GLANCE

Friday, July 23

1:00 pm - 5:30 pm	Exhibit Set-Up
4:00 pm - 5:30 pm	TSCAP Executive Committee Meeting
6:30 pm - 8:30 pm	Welcome Reception with Exhibitors

Saturday, July 24

7:30 am - 8:10 am	Continental Breakfast w/ Exhibitors
8:15 am - 2:30 pm	Scientific Program
10:30 am - 10:50 am	Refreshment Break
11:50 am - 12:10 pm	Refreshment Break
1:10 pm - 1:30 pm	Refreshment Break & Final Visit with Exhibitors

Sunday, July 25

8:00 am - 9:00 am	TSCAP Annual Business Meeting Breakfast
9:00 am - 12:30 pm	Scientific Program
10:15 am - 10:30 am	Refreshment Break

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, JULY 24 (5 HOURS CATEGORY 1 CREDIT)

8:15 am-8:30 am **Welcome and Opening Remarks**
8:30 am-10:30 am **Best Practices for the Assessment and Treatment of Adolescents with Substance Use Disorders**
Oscar G. Bukstein, M.D., M.P.H.

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Describe the presentation of substance abuse and dependence in children and adolescents.
 - Discuss the age related diagnostic issues for substance use disorders in children and adolescents.
 - Display the ability to discuss screening and prevention practices in their daily clinical work.
 - Apply current psychopharmacologic options for treating children and adolescents with substance use disorders.
 - Apply current psychosocial approaches to addressing substance abuse and dependence in children and adolescents.
 - Display the capacity to develop sophisticated, comprehensive biopsychosocial treatment plans for children and adolescents with substance use disorders.

10:30 am-10:50 am **Refreshment Break in Exhibit Hall**
10:50 am-11:50 am **Treatment of ADHD in Patients with Substance Abuse Problems: Balancing Risks and Benefits**
Steven R. Pliszka, M.D.

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Understand current biological and psychosocial data in children and adolescents with substance use disorders.
 - Discuss the impact of substance use disorders on comorbid psychiatric illnesses (such as ADHD, Mood Disorders, and Anxiety Disorders).
 - Apply current psychopharmacologic options for treating children and adolescents with substance use disorders.

11:50 am-12:10 pm **Refreshment Break in Exhibit Hall**
12:10 pm-1:10 pm **Resident / Faculty Clinical Case Presentation Working with an Adolescent with Substance Abuse: Focus on More Factors**
Peter Ly, M.D. and Dawnelle J. Schatte, M.D.

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Recognize early signs and symptoms of substance in adolescents.
 - Discuss the use of motivational interviewing in the treatment of substance abuse in adolescent.
 - Identify motivational factors leading to adolescent substance abuse.
 - Devise and apply developmentally appropriate treatment interventions for adolescent substance abuse.

1:10 pm-1:30 pm **Refreshment Break in Exhibit Hall**
1:30 pm-2:30 pm **What is the Relationship Between Attachment Disorders and Substance Use Disorders?**
Lois M. Jordan, LCSW, LCDC

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Understand the developmental relational patterns and relevant psychosocial factors associated with substance use disorders.
 - Demonstrate the ability to discuss relational factors associated with new and ongoing substance use disorders and apply the ability to integrate this awareness into clinical practice to optimize the mental health treatment of patients with substance use disorders.

SUNDAY, JULY 25 (3 HOURS CATEGORY 1)

8:00 am-9:00 am **TSCAP Annual Business Meeting Breakfast**
9:00 am-9:15 am **Scientific Program Welcome and Opening Remarks**
9:15 am-10:15 am **Evidence-Based Psychosocial Interventions for Adolescent Substance Abuse**
Joy M. Schmitz, Ph.D.

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Understand and apply evidenced-based treatments (EBT) tailored for adolescents with substance use disorders (SUD).
 - Understand and apply key elements of specific psychosocial treatments shown to be efficacious in treating adolescents with SUD, including behavioral therapy, cognitive-behavioral therapy, contingency management, motivational enhancement therapy, and family-based interventions.
 - Discuss challenges in the dissemination of EBT for adolescent SUD.

10:15 am-10:30 am **Refreshment Break**
10:30 am-12:30 pm **Ethical and Legal Issues in the Treatment of Children and Adolescents with Substance Abuse**
Christopher R. Thomas, M.D.

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Discuss ethical issues in the diagnosis and treatment of substance abuse in children and adolescents.
 - Discuss legal requirements in the diagnosis and treatment of substance abuse in children and adolescents.
 - Display the capacity to develop sophisticated, comprehensive biopsychosocial treatment plans for children and adolescents with substance use disorders.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the Joint Sponsorship of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of eight (8) *AMA PRA Category I Credits*SM. Participants should only claim credit commensurate with the extent of their participation in the activity.

The presentation "Ethical and Legal Issues in the Treatment of Children and Adolescents with Substance Abuse" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/PROGRAM GOALS & OBJECTIVES

This CME program is designed with didactic lectures supplemented with audiovisual presentation and direct discussion, panel discussion and a case study presentation in multiple educational sessions. The program is designed to provide its' primary target audience of Child and Adolescent Psychiatrists, General Psychiatrists and other specialties of medicine in the State of Texas, with clinically-relevant information to advance the physician's competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

PROGRAM SPEAKERS

Oscar G. Bukstein, M.D., M.P.H.
Professor of Psychiatry,
University of Pittsburgh

Medical Director, Adolescent
Substance Abuse, Treatment Program
Western Psychiatric Institute and Clinic

Medical Director, ADHD Specialty Program
Western Psychiatric Institute and Clinic
Pittsburgh, PA

Lois M. Jordan, LCSW, LCDC
Owner and Program Director
Solutions Outpatient Services, Intensive
Evening Outpatient Treatment Program
for Alcohol/Drugs and other Addictive
Disorders

Former Executive Director of the
Chemical Awareness Council

Past Board Member of the Greater Dallas
Council on Alcohol and Drug Abuse
Dallas, TX

Peter Ly, M.D.
Child and Adolescent Psychiatry Fellow
The University of Texas Health Science
Center at Houston Medical School
Department of Psychiatry
and Behavioral Sciences
Houston, TX

Steven R. Pliszka, M.D.
Professor and Vice Chair
Chief, Division of Child and
Adolescent Psychiatry
Department of Psychiatry
The University of Texas Health Science Center
San Antonio, TX

Dawnelle J. Schatte, M.D.
Assistant Professor
Department of Psychiatry
UT Health at Harris County Psychiatric Center
Houston, TX

Joy M. Schmitz, Ph.D.
Professor
Department of Psychiatry and
Behavioral Sciences
University of Texas Medical School at Houston
Houston, TX

Christopher R. Thomas, M.D.
Robert L. Stubblefield Professor
of Child Psychiatry
Director, Child & Adolescent Psychiatry
Residency Training
Department of Psychiatry
& Behavioral Sciences
University of Texas Medical Branch
at Galveston
Galveston, TX



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REGISTRATION

NAME	DEGREE
MAILING ADDRESS	CITY STATE ZIP
TELEPHONE NUMBER	FAX NUMBER
E-MAIL	

SCIENTIFIC PROGRAM REGISTRATION

(includes Scientific Program & Syllabus, Saturday continental breakfast; Saturday & Sunday refreshment breaks)

	<i>Before July 1</i>	<i>After July 1</i>	
TSCAP Member Physician	\$195	\$215	_____
Non-Member Physician	\$250	\$270	_____
Allied Health Professional / Spouse / Guest	\$180	\$200	_____
TSCAP Member Trainee / Medical Student	No Fee	\$30	_____
Non-Member Trainee / Medical Student	\$30	\$50	_____

SOCIAL EVENTS

Friday Welcome Reception

Friday Welcome Reception

Name(s) Attending Reception: _____

Sunday Membership Business Breakfast

TSCAP Member	No Charge	\$20	_____
Non-Members/Guests/Spouse/Child	\$20	\$25	_____

Name(s) Attending Breakfast: _____

MEETING SYLLABUS ORDER

- | | | | |
|---|---------|---------|-------|
| <input type="checkbox"/> Color Printed Copy | \$50.00 | \$75.00 | _____ |
| <input type="checkbox"/> Black & White Copy | FREE | FREE | _____ |

Color copy will be provided on-site at the Registration Desk the day of the meeting for those that have remitted payment in advance. B & W copy will be provided on-site at the program at no Add'l Charge.



If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail tscapofc@aol.com or 512/478-0605.

TOTAL REGISTRATION

PAYMENT INFORMATION

Check in the Amount of \$ _____ *Make Checks Payable to Texas Society of Child and Adolescent Psychiatry*

Please Charge \$ _____ To My: VISA MasterCard American Express

Credit Card # _____ Expiration Date: _____

3 Digit Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

Address where you receive your credit card statement (include address, city, state, zip) _____

CANCELLATIONS – Deadline for cancellation is July 1, 2010. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by July 1, 2010, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER JULY 1, 2010.

RETURN TO: TEXAS SOCIETY OF CHILD AND ADOLESCENT PSYCHIATRY,
 401 WEST 15TH STREET, SUITE #675, AUSTIN, TX 78701; PHONE (512) 478-0605 • FAX (512) 478-5223